

Nottingham Regional Block and Point of Care Ultrasound Course for The Emergency Department

Double Tree by Hilton Nottingham-Gateway Nottingham

NG8 6AZ

24th September 2026

6 CPD
Approved
by RCOA

PROGRAMME

08:00 Registrations, refreshments, exhibitions

08:15 Introduction and welcome

08:30 Point of Care Ultrasound

Workshops

- Advanced cardiac echo in ED (LV/RV function)
- RUSH protocol for shock
- Hepatobiliary/Renal/Abdomen
- DVT and Musculoskeletal

10:00 Refreshments, exhibitions

10:15 Point of Care Ultrasound

Workshops

- Advanced cardiac echo in ED (LV/RV function)
- RUSH protocol for shock
- Hepatobiliary/Renal/Abdomen
- DVT and Musculoskeletal

11:45 Needling practice

Workshops

12:15 Lunch, exhibitions

13:00 Upper Limb Blocks

Workshops

- Axillary
- Median, Ulnar and radial nerve blocks

14:00 Lower Limb Blocks

Workshops

- Femoral nerve block
- Fascia Iliaca block
- Popliteal Fossa

15:00 Refreshments, exhibitions

15:15 Chest wall blocks

Workshops

- Erector Spinae Plane (ESP) block
- Serratus Anterior block

16:15 Free Scanning
Q&A

Workshops

16:45 Close

FACULTY

Dr Paul Townsley

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

Dr Hannah Wilkin-Crowe

ST7 Dual Emergency Medicine/ICM, Royal Derby Hospital

FUSIC heart Mentor, FUSIC Lung and Vascular Supervisor and Cactus Trainer

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Consultant in Critical Care & Emergency Medicine, Princess Alexandra Hospital NHS Trust

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Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

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Consultant Emergency Medicine and Ultrasound Lead for ED, Sherwood Forest Hospitals, NHS Trust

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Organising committee**Dr Nigel Bedfordth**

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