

18th Hands-on Interventional Pain Management Cadaver Workshop
Venue: Postgraduate Education & Conference Centre, City Hospital, Hucknall Rd, Nottingham, NG5 1PB, UK
15-16 October 2026

15-16 October 2026

Thursday 15.10.2026 PRELIMINARY PROGRAMME								
08.30-09.00	Registration							
09.00-09.05	Welcome Dr Dalvina Hanu-Cernat (Workshop Director)							
Lectures & Presentation of Techniques								
09.05-09.25	Anatomy and radiology lumbar spine Lumbar nerve root blocks Dr Dalvina Hanu-Cernat, Birmingham, UK							
09.25-10.25	RFN lumbar facets Dr Sherdil Nath, EuroPainClinics, Sweden							
10.25-10.45	Flow patterns – things you don't really want to see Dr Arun Bhaskar, London, UK							
10.45-11.00	Coffee							
Hands-on Workshops 1-8								
11.00 – 11.40	X-ray guided Radiofrequency Ablation – lumbar Dr S. Nath Dr D. Hanu-Cernat	X-ray guided Nerve Root Blocks - lumbar Dr V. Gorelov Dr N. Arora	X-ray guided Spinal Cord Stimulation or Cervical Epidural Dr G. Baranidharan	X-ray guided Racz/Pelvic Blocks Dr R. Cooper	X-ray guided Sympathetic Blocks/Peripheral Nerve Stimulation Dr P. Buczkowski Dr T. Goroszeniuk	Ultrasound Guided Upper limb scanning and blocks (Live Model) Dr S. Choudhary	Ultrasound Guided Peripheral Nerve Upper Limb and Trunk (Live Model) Prof T. Haag Dr A. James	Ultrasound Guided Lumbar Spine, Sacral & Pelvic (Live Model) Dr S. Balasubramanian Dr M. Dorgham
11.40 – 12.20	X-ray guided Radiofrequency Ablation – lumbar Dr S. Nath Dr D. Hanu-Cernat	X-ray guided Nerve Root Blocks - lumbar Dr V. Gorelov Dr N. Arora	X-ray guided Spinal Cord Stimulation or Cervical Epidural Dr G. Baranidharan	X-ray guided Racz/Pelvic Blocks Dr R. Cooper	X-ray guided Sympathetic Blocks/Peripheral Nerve Stimulation Dr P. Buczkowski Dr T. Goroszeniuk	Ultrasound Guided Upper limb scanning and blocks (Live Model) Dr S. Choudhary	Ultrasound Guided Peripheral Nerve Upper Limb and Trunk (Live Model) Prof T. Haag Dr A. James	Ultrasound Guided Lumbar Spine, Sacral & Pelvic (Live Model) Dr S. Balasubramanian Dr M. Dorgham
12.20 – 13.00	X-ray guided Radiofrequency Ablation – lumbar Dr S. Nath Dr D. Hanu-Cernat	X-ray guided Nerve Root Blocks - lumbar Dr V. Gorelov Dr N. Arora	X-ray guided Spinal Cord Stimulation or Cervical Epidural Dr G. Baranidharan	X-ray guided Racz/Pelvic Blocks Dr R. Cooper	X-ray guided Sympathetic Blocks/Peripheral Nerve Stimulation Dr P. Buczkowski Dr T. Goroszeniuk	Ultrasound Guided Upper limb scanning and blocks (Live Model) Dr S. Choudhary	Ultrasound Guided Peripheral Nerve Upper Limb and Trunk (Live Model) Prof T. Haag Dr A. James	Ultrasound Guided Lumbar Spine, Sacral & Pelvic (Live Model) Dr S. Balasubramanian Dr M. Dorgham
13.00 – 13.45	Lunch							

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Friday, 16.10.26		PRELIMINARY PROGRAMME						
08.30-09.00	Registration							
Opening Lecture								
09.00-09.25	RF cervical facets Dr Sherdil Nath, Umea, Sweden							
Hands-on Workshops 1-8								
09.30-10.10	X-ray guided Radiofrequency Ablation – cervical Dr S. Nath Dr P. Buczkowski	X-ray guided SIJ/Intra-articular & RF (Optional) Dr S. Gupta Dr N. Arora	X-ray Guided Cryotherapy Dr A. Krol	X-ray guided Cervical NRB Trigeminal Dr R. Cooper Dr V. Gorelov	X-ray guided Genicular / Hip Prof T. Haag	USG Lower Limb scanning and blocks Dr M. Joshi	USG Peripheral Nerve Lower Limb & Abdomen Dr A. James	USG Cervical Spine interventions Dr S Balasubramanian
10.10-10.50	X-ray guided Radiofrequency Ablation – cervical Dr S. Nath Dr P. Buczkowski	X-ray guided SIJ/Intra-articular & RF (Optional) Dr S. Gupta Dr N. Arora	X-ray Guided Cryotherapy Dr A. Krol	X-ray guided Cervical NRB Trigeminal Dr R. Cooper Dr V. Gorelov	X-ray guided Genicular / Hip Prof T. Haag	USG Lower Limb scanning and blocks Dr M. Joshi	USG Peripheral Nerve Lower Limb & Abdomen Dr A. James	USG Cervical Spine interventions Dr S Balasubramanian
10.50-11.10	Coffee							
11.10-11.50	X-ray guided Radiofrequency Ablation – cervical Dr S. Nath	X-ray guided SIJ/Intra-articular & RF (Optional) Dr S. Gupta Dr N. Arora	X-ray Guided Cryotherapy Dr A. Krol	X-ray guided Cervical NRB Trigeminal Dr R. Cooper Dr V. Gorelov	X-ray guided Genicular / Hip Prof T. Haag	USG Lower Limb scanning and blocks Dr M.Joshi	USG Peripheral Nerve Lower Limb & Abdomen Dr A. James	USG Cervical Spine interventions Dr S Balasubramanian
11.50-12.30	X-ray guided Radiofrequency Ablation – cervical Dr S. Nath	X-ray guided SIJ/Intra-articular & RF (Optional) Dr S. Gupta Dr N. Arora	X-ray Guided Cryotherapy Dr A. Krol	X-ray guided Cervical NRB Trigeminal Dr R. Cooper Dr V. Gorelov	X-ray guided Genicular / Hip Prof T. Haag	USG Lower Limb scanning and blocks Dr M.Joshi	USG Thoracic and abdominal interventions Dr A. James	USG Cervical Spine interventions Dr S Balasubramanian
12.30-13.10	X-ray guided Radiofrequency Ablation – cervical Dr S. Nath	X-ray guided SIJ/Intra-articular & RF (Optional) Dr S. Gupta Dr N. Arora	X-ray Guided Cryotherapy Dr A Krol	X-ray guided Cervical NRB Trigeminal Dr R. Cooper Dr V. Gorelov	X-ray guided Genicular / Hip Prof T. Haag	USG Lower Limb scanning and blocks Dr M.Joshi	USG Peripheral Nerve Lower Limb & Abdomen (Live Model) Dr A. James	USG Cervical Spine interventions Dr S Balasubramanian

13.10-14.00	Lunch							
14.10-14.50	X-ray guided Radiofrequency Ablation – cervical Dr S. Nath	X-ray guided SIJ/Intra-articular & RF (Optional) Dr S. Gupta Dr N. Arora	X-ray Guided Cryotherapy Dr A Krol	X-ray guided Cervical NRB Trigeminal Dr R. Cooper Dr V. Gorelov	X-ray guided Genicular / Hip Prof T. Haag	USG Lower Limb scanning and blocks Dr M. Joshi	USG Peripheral Nerve Lower Limb & Abdomen (Live Model) Dr A. James	USG Cervical Spine interventions Dr S Balasubramanian
14.50-15.30	X-ray guided Radiofrequency Ablation – cervical Dr S. Nath Dr D. Hanu-Cernat	X-ray guided SIJ/Intra-articular & RF (Optional) Dr S. Gupta Dr N. Arora	X-ray Guided Cryotherapy Dr A Krol	X-ray guided Cervical NRB Trigeminal Dr R. Cooper Dr V. Gorelov	X-ray guided Genicular / Hip Prof T. Haag	USG Lower Limb scanning and blocks Dr M. Joshi	USG Peripheral Nerve Lower Limb & Abdomen (Live Model) Dr A. James	USG Cervical Spine interventions Dr S Balasubramanian
15.30-15.50	Coffee							
15.50-16.30	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr S. Nath	X-ray guided SIJ/Intra-articular & RF (Optional) Dr S. Gupta Dr N. Arora	X-ray Guided Cryotherapy Dr A Krol	X-ray guided Cervical NRB Trigeminal Dr R. Cooper Dr V. Gorelov	X-ray guided Genicular / Hip Prof T. Haag	USG Lower Limb scanning and blocks Dr M.Joshi	USG Peripheral Nerve Lower Limb & Abdomen (Live Model) Dr A. James	USG Cervical Spine interventions Dr S Balasubramanian
16.30-17.00	X-ray Freestyle Cervical RF Dr D. Hanu-Cernat Dr S. Gupta	X-ray Freestyle Lumbar RF Dr N. Arora	X-ray Freestyle SCS/PNS Dr T. Goroszeniuk	X-ray Freestyle Lumbar NRB Dr P. Buczkowski	X-ray Freestyle NRB/ RF / MBB Optional stellate/Trigeminal / SPG Dr R. Cooper Dr V. Gorelov	USG Freestyle: Ask the Expert Dr M.Joshi	USG Freestyle: Ask the Expert Dr A. James	USG Freestyle: Ask the Expert Dr S Balasubramanian
17.00	Close of Workshop							

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WORKSHOP FACULTY

Dr Namita Arora, Consultant in Pain Medicine and Anaesthetics, North West Anglia NHS Foundation Trust, UK

Dr Shyam Balasubramanian, Consultant in Pain Medicine University Hospitals Coventry and Warwickshire Coventry, UK

Dr Ganesh Baranidharan, Consultant in Pain Medicine Leeds Teaching Hospitals Leeds, UK

Dr Arun Bhaskar FIPP, Consultant in Pain Medicine, Imperial College Healthcare NHS Trust Charing Cross Hospital London, UK

Dr Piotr Buczkowski, Consultant in Pain Medicine, Private Practice, UK & Poland

Dr Surabhi Choudhary, Consultant Radiologist University Hospital Queen Elizabeth Birmingham, UK

Dr Ron Cooper FIPP, Consultant in Pain Medicine Coleraine Hospital Northern Ireland, UK

Dr Mohamed Dorgham FIPP, Consultant in Anaesthesia and Pain Medicine University Hospital Queen Elizabeth Birmingham, UK

Dr Teodor Goroszeniuk, Consultant in Pain Medicine & Anaesthesia, Cromwell Hospital, London, UK

Dr Vladimir Gorelov, Consultant in Pain Medicine Spire Elland Hospital West Yorkshire, UK

Dr Sanjeeva Gupta FIPP, Consultant in Pain Medicine Bradford Teaching Hospitals Bradford, UK

Prof Thomas Haag, Consultant in Pain Medicine Wrexham Maelor Hospital North Wales, UK

Dr Dalvina E Hanu-Cernat FIPP, Consultant in Pain Medicine University Hospital Queen Elizabeth Birmingham, UK

Dr Arul James Consultant in Chronic Pain Medicine & Anaesthetics George Eliot Hospital NHS Trust, Nuneaton, Warwickshire, UK

Dr Andrzej Krol, Consultant in Pain Medicine & Clinical Lead, St George's University Hospital, London, UK

Dr Sherdil Nath, Consultant in Pain Medicine, EuroPainClinics, Umea Sweden