



DUBAI

Dubai Pain Summit & Masterclass on Interventional Pain Management (Conference & Workshop)



23 - 24 JANUARY 2027



Hyatt Regency Dubai Creek Heights
Dubai, UAE

Programme Day 1 Saturday, 23 January 2027

Time	Programme
08:00 - 08:30	Registration & Refreshments
08:30 - 09:00	Introduction
09:00 - 09:30	Upper Limb MSK pain procedures (Shoulder, Elbow, Hand & wrist pain management blocks) <ul style="list-style-type: none"> Shoulder - Bicep Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve Elbow - Medial and Lateral Elbow, Ulnar nerve & Cubital Tunnel Wrist - Carpal Tunnel & Median Nerve, Guyon's Canal
09:30 - 10:00	Lower Limb MSK pain procedures (Hip, Knee, Ankle & foot interventional pain procedures) <ul style="list-style-type: none"> Hip - Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve, hip articular branches Knee - Knee joint injection, Genicular nerve block Ankle - Tibo-talar joint, Tarsal Tunnel Plantar fascia
10:00 - 10:30	Tea / Coffee Break
10:30 - 11:00	Cervical Spine Procedures using Ultrasound Guidance (Procedures for Neck pain management) <ul style="list-style-type: none"> Cervical Facet and Cervical Medial Branches Cervical Nerve roots Cervical Sympathetic chain
11:00 - 11:15	Thoracic Spine procedures using Ultrasound Guidance (Procedures for Thoracic spine and Chest wall pain management) <ul style="list-style-type: none"> Thoracic Facets, Costotransverse joint Thoracic Paravertebral
11:15 - 11:30	Radiofrequency & Cryoneurolysis for Pain Management - How does it work?
11:30 - 11:50	How to manage Chronic Shoulder Joint Pain? <ul style="list-style-type: none"> Role of Shoulder Joint Denervation (Radiofrequency/ Cryoneurolysis)
11:50 - 12:10	How to manage Chronic Knee Joint Pain? <ul style="list-style-type: none"> Role of Knee Joint Denervation (Radiofrequency/ Cryoneurolysis)
12:10 - 12:30	How to manage Chronic Hip Joint Pain? <ul style="list-style-type: none"> Role of Hip Joint Denervation / Interventions (Radiofrequency/ Cryoneurolysis)
12:30 - 13:30	Regenerative Medicine - a Orthobiologics for MSK Pain Management - How do I do it?
12:00 - 14:00	Lunch Break
14:00 - 15:30	Ultrasound Live Demonstration of all the blocks (Demonstration only) <ul style="list-style-type: none"> Head, Neck, Upper Limb, Thorax, Abdomen, Pelvis, Lower Limb, Lumbar Spine, Sacrum
15:30 - 16:00	Radiofrequency & Cryoneurolysis in Pain Management
16:00 - 16:30	Tea / Coffee Break
16:30 - 17:00	Lumbar spine & Sacral procedures using Ultrasound Guidance (Low back & buttock pain management) <ul style="list-style-type: none"> Sacro-iliac joint & ligaments Piriformis muscle injections Lumbar Facet joint & Medial Branches
17:00 - 17:30	Updates in Neuropathic Pain Management - What's New - Case based approach?
17:30 - 17:45	Feedback & Instructions for Day 2

Programme Day 2 Sunday, 24 January 2027

Live Model Scanning Hands-on Workshop & Needling on
High Fidelity Ultrasound Simulators

Time	Programme
07:45 - 08:00	Registration & Refreshments
08:00 - 09:00	Block Replay Session - commonly performed ultrasound guided procedures <ul style="list-style-type: none"> Joints & MSK Injections Peripheral Nerve blocks Cervical spine Thoracic spine Lumbar Spine interventions Joint Denervation using Ultrasound
09:00 - 10:00	Station 1
10:00 - 10:30	Tea / Coffee Break
10:30 - 11:30	Station 2
11:30 - 12:30	Station 3
12:30 - 13:15	Lunch Break
13:15 - 14:15	Station 4
14:15 - 15:15	Station 5
15:15 - 15:30	Tea / Coffee Break
15:30 - 16:30	Station 6
16:30 - 17:30	Station 7
17:30 - 17:45	Feedback and Closure

