Dubai Pain Summit & Masterclass on Interventional Pain Management

Conference & Workshop | 23–24 January 2027 | Hyatt Regency Dubai Creek Heights, Dubai, UAE

Programme Day 1 — 23 January 2027

Time	Programme
08:00 - 08:30	Registration & Refreshments
08:30 - 09:00	Introduction
09:00 - 09:30	Upper Limb MSK pain procedures (Shoulder, Elbow, Hand & wrist pain management blocks) **Dr. Sadiq Bhayani (Faculty)** • Shoulder - Bicep Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve • Elbow - Medial and Lateral Elbow, Ulnar nerve & Cubital Tunnel • Wrist - Carpal Tunnel & Median Nerve, Guyon's Canal
09:30 - 10:00	Lower Limb MSK pain procedures (Hip, Knee, Ankle & foot interventional pain procedures) **Dr. Rahul Bhansali (Faculty)** • Hip - Hip joint, Trochanteric Complex, Ilio-tibial band & lateral femoral cutaneous nerve, hip articular branches • Knee - Knee joint injection, Genicular nerve block • Ankle - Tibio-talar joint, Tarsal Tunnel • Plantar fascia
10:00 - 10:30	Tea / Coffee Break
10:30 - 11:00	Cervical Spine Procedures using Ultrasound Guidance (Procedures for Neck pain management) **Dr. Sadiq Bhayani (Faculty)** • Cervical Facet and Cervical Medial Branches • Cervical Nerve roots • Cervical Sympathetic chain
11:00 - 11:15	Thoracic Spine procedures using Ultrasound Guidance (Procedures for Thoracic spine and Chest wall pain management) **Dr. Rahul Bhansali (Faculty)** • Thoracic Facets, Costotransverse joint • Thoracic Paravertebral
11:15 - 11:30	Radiofrequency & Cryoneurolysis for Pain Management - How does it work? **Dr. Rahul Bhansali (Faculty)**
11:10 - 11:50	How to manage Chronic Shoulder Joint Pain? **Dr. Rahul Bhansali (Faculty)** • Role of Shoulder Joint Denervation (Radiofrequency / Cryoneurolysis)
11:30 - 12:30	How to manage Chronic Knee Joint Pain? • Role of Knee Joint Denervation (Radiofrequency / Cryoneurolysis)
11:50 - 12:10	How to manage Chronic Hip Joint Pain? **Dr. Sadiq Bhayani (Faculty)** • Role of Hip Joint Denervation / Interventions (Radiofrequency / Cryoneurolysis)
12:30 - 13:00	Regenerative Medicine - Orthobiologics for MSK Pain Management - How do I do it? **Dr. Sadiq Bhayani (Faculty)**
13:00 - 14:00	Lunch Break
14:00 - 15:30	Ultrasound Live Demonstration of all the blocks (Demonstration only) • Head, Neck, Upper Limb, Thorax, Abdomen, Pelvis, Lower Limb, Lumbar Spine, Sacrum **Dr. Rahul Bhansali (Faculty)**
15:30 - 15:45	Spasticity Management: Current Concepts, Clinical Assessment & Treatment Strategies **Dr. Sadiq Bhayani (Faculty)**

15:45 - 16:00	Interventional Management of Spasticity: Nerve Blocks, Botulinum toxin and Cryoneurolysis **Dr. Sadiq Bhayani (Faculty)**
16:00 - 16:30	Tea / Coffee Break
16:30 - 17:00	Lumbar spine & Sacral procedures using Ultrasound Guidance (Low back & buttock pain management) **Rahul Bhansali (Faculty)** • Caudal Epidural • Sacro-iliac joint & ligaments • Piriformis muscle injection • Lumbar Facet joint & Medial Branches
17:00 - 17:30	Updates in Neuropathic Pain Management - What's New - Case based approach? **Dr. Sadiq Bhayani (Faculty)**
17:30 - 17:45	Feedback & Instructions for Day 2

Programme Day 2 — 24 January 2027

Live Model Scanning Hands-on Workshop & Needling on High Fidelity Ultrasound Simulators

Time	Programme
07:45 - 08:00	Registration & Refreshments
08:00 - 09:00	Block Replay Session - commonly performed ultrasound guided procedures **Dr. Rahul Bhansali & Dr. Sadiq Bhayani** • Joints & MSK injections • Peripheral Nerve blocks • Cervical spine • Thoracic spine • Lumbar Spine interventions • Joint Denervation using Ultrasound
09:00 - 10:00	Station 1 - Shoulder, Elbow & Wrist **Dr. Rahul Bhansali & Dr. Sadiq Bhayani**
10:00 - 10:30	Tea / Coffee Break
10:30 - 11:30	Station 2 - Knee & Ankle **Dr. Rahul Bhansali & Dr. Sadiq Bhayani**
11:30 - 12:30	Station 3 - Hip
12:30 - 13:15	Lunch Break
13:15 - 14:15	Station 4 - Cervial Spine **Dr. Rahul Bhansali & Dr. Sadiq Bhayani**
14:15 - 15:15	Station 5 - Lumbar Spine & pelvis **Dr. Rahul Bhansali & Dr. Sadiq Bhayani**
15:15 - 15:30	Tea / Coffee Break
15:30 - 16:30	Station 6 - Knee Genicular Block RF **Dr. Rahul Bhansali & Dr. Sadiq Bhayani**
16:30 - 17:00	Station 7 - Shoulder SSNB & RF **Dr. Rahul Bhansali & Dr. Sadiq Bhayani**
17:00 - 17:30	Station 8 - All Joints Recap Station **Dr. Rahul Bhansali & Dr. Sadiq Bhayani**
17:30 - 17:45	Feedback and Closure

Station 1 – Shoulder, Elbow & Wrist: Hands-on ultrasound scanning, anatomical landmark identification, needle guidance and joint and peripheral nerve injection techniques.

Station 2 – Knee & Ankle: Practical ultrasound-guided scanning, joint injections, genicular nerve identification and peripheral nerve blocks.

Station 3 – Hip: Hands-on ultrasound identification of hip anatomy, intra-articular injections, bursal injections and hip articular nerve blocks.

Station 4 – Cervical Spine: Practical ultrasound scanning of cervical spine anatomy, facet joints, medial branch nerves and guided injection techniques.

Station 5 – Lumbar Spine & Pelvis: Hands-on ultrasound identification of lumbar and pelvic anatomy, facet and sacroiliac joint injections, and peripheral nerve blocks.

Station 6 – Knee Genicular Block & RF: Practical identification of genicular nerve targets, ultrasound-guided nerve blocks, RF cannula positioning and radiofrequency denervation techniques.

Station 7 – Shoulder SSNB & RF: Hands-on suprascapular nerve identification, ultrasound-guided nerve block, RF cannula placement and pulsed radiofrequency techniques.

Station 8 – All Joints Recap: Faculty-guided revision of key ultrasound-guided joint injections, needle positioning, procedural techniques and practical troubleshooting.