

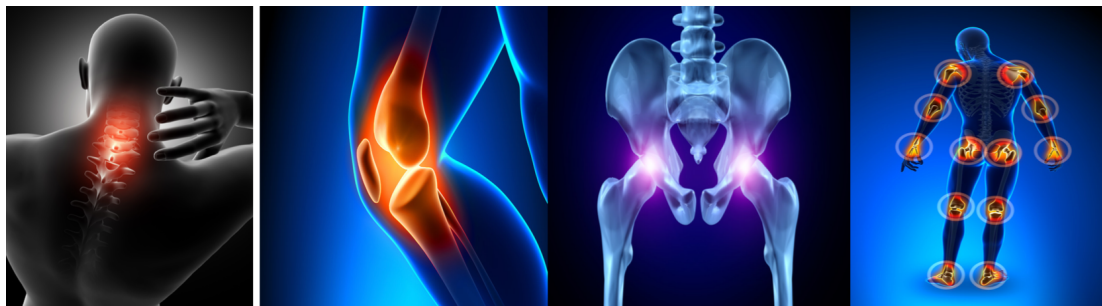


Image Guided Joints, MSK & Spine injections & Denervation Workshop

7th & 8th November 2023

**Leicester Marriott Hotel, Grove Park, Smith Way, Leicester
LE19 1SW, United Kingdom**

Program

Day 1

8:30-9:00- Registration and Coffee

9:00-9:15- Introduction – *Dr Bhansali / Dr Bhayani*

**9:15-10:00- Upper Limb MSK Interventions
(Joints/ Bursae & Nerves - *Dr Sadiq Bhayani, UAE***

Acromio-clavicular joint injection
Shoulder joint injection
Bicep peritendinous sheath injection
Sub-acromial Sub-deltoid bursa injection
Medial and Lateral epicondyle interventions
Supra scapular nerve block
Axillary nerve block
Carpal tunnel
Guyon's canal
Upper limb nerve entrapments

10:00-10:45- Upper limb interventions - Live model Demo

10:45-11:15 - Tea/ Coffee Break

11:15 -11:35 Causes of Chronic Shoulder Pain & Post Operative Shoulder Pain

Mr Aziz Haque, UK

**11:35- 11.55- How to manage Chronic Shoulder Joint Pain?
Role of Shoulder Joint Denervation/ Interventions
(Radio frequency/ Cryotherapy)**

Dr Sadiq Bhayani, UAE

11:55 – 12:15- Radiofrequency treatment Basics & its applications for Joint Pain Management

Dr Rahul Bhansali, UK

12:15- 12:35- Cryotherapy Basics & its application for Joint Pain Management

Dr Sadiq Bhayani, UAE

12:35-13:30 Lunch break

13:30-14:15 Lower Limb MSK Procedures

(Joints/ Bursae & Nerves) *Dr Rahul Bhansali, UK*

Knee joint injection

Knee joint genicular nerve block

Saphenous nerve block pulsed RF/ Cryotherapy

Lateral femoral cutaneous nerve of thigh (LFCN)/ RF/ Cryotherapy

Hip joint injection

Greater trochanter complex

Hip joint articular branches of femoral and obturator nerve block

Iliopsoas bursa injection

Ankle joint & 1st MTP Joint

Plantar fascia

14:15-15:00 Lower Limb MSK Procedures- Live demo

15:00 - 15:20 Causes of Chronic Knee Pain & Post operative Knee pain

Mr Randeep Aujla, UK

**15:20- 15:40 How to manage Chronic Knee Joint Pain?
Role of Knee Joint Denervation/ Interventions
(Radio frequency/ Cryotherapy)**

Dr Rahul Bhansali, UK

16:00-16:20- Tea/Coffee Break

16:20 – 16:40 Causes of Chronic Hip Pain & Post operative Hip pain

Mr Daniel Howard, UK

**16:40 – 17:00 How to manage Chronic Hip Joint Pain?
Role of Hip Joint Denervation/ Interventions
(Radio frequency/ Cryotherapy)**

Dr Sadiq Bhayani, UAE

**17:00-17:30- Recap of All joint injections
Feedback/ Instructions for Day 2 & Close**

Day 2

Hands on Scanning on Live Models & Needling on Ultrasound Simulators

8:00-8:30- Registration and Coffee

8:30-8:45- Introduction *Dr Bhayani, UAE*

**8:45 - 9:30- Cervical & Lumbar Spine Facet Joint
Interventions/ Denervation Procedures**
Dr Rahul Bhansali, UK

9:30- 10:00- Tea/Coffee Break

10:00- 11:00 Scanning Station 1 (Shoulder Joint)

11:00- 12:00 Scanning Station 2 (Knee Joint & Ankle)

12:00- 13:00 Scanning Station 3 (Hip Joint)

13:00- 14:00- Lunch Break

14:00- 15:00 Scanning Station 4 (Shoulder Joint Denervation)

15:00- 16:00 Scanning Station 5 (Knee Joint Denervation)

16:00- 16:15- Tea/Coffee Break

16:15- 17:15 Scanning Station 6 (Hip Joint Denervation)

17:15-17:30- Feedback & Close

Procedures Covered

1. Acromio-clavicular joint injection- Ultrasound guided
2. Shoulder joint injection- Ultrasound guided
3. Rotator cuff interval- anterior approach to shoulder joint injection
4. Bicep peritendinous sheath injection- Ultrasound guided
5. Supra scapular nerve block and RF/ Cryotherapy- Ultrasound guided
6. Axillary nerve block and RF/ Cryotherapy- Ultrasound guided
7. Carpal tunnel release - Ultrasound guided
8. Cubital tunnel release- Ultrasound guided
9. Lateral femoral cutaneous nerve of thigh (LFCN) and RF/ Cryotherapy- Ultrasound guided
10. Knee joint injection- Ultrasound guided
11. Knee joint genicular nerve block and RF- Ultrasound guided
12. Saphenous nerve block and RF- Ultrasound guided
13. Hip joint injection- Ultrasound guided
14. Greater trochanter Bursa- Ultrasound guided
15. Hip joint articular branches of femoral and obturator nerve block
16. Hip joint RF/ Cryotherapy- Ultrasound guided
17. Iliopsoas bursa injection- Ultrasound guided
18. Ankle joint injection- Ultrasound guided
19. 1st MTP Joint
20. Plantar Fascia injection- Ultrasound guided
21. Tarsal Tunnel/ Tibial nerve block- Ultrasound Guided
22. Shoulder Joint RF
23. Knee Joint RF
24. Hip Joint RF

Faculty

Dr Rahul Bhansali, Consultant Pain Medicine & Anaesthesia
Chesterfield Royal Hospital, Chesterfield, UK

Dr Sadiq Bhayani, Consultant Pain Medicine
Cleveland Clinic Abu Dhabi, United Arab Emirates

Mr Aziz Haque, Consultant Orthopaedic Shoulder Surgeon
University Hospitals Leicester NHS Trust, Leicester, UK

Mr Randeep Aujla, Consultant Orthopaedic Knee Surgeon
University Hospitals Leicester NHS Trust, Leicester, UK

Mr Bobby M Siddiqui, Consultant Orthopaedic Foot & Ankle Surgeon
Sheffield Teaching Hospitals NHS Foundation Trust, Sheffield, UK

Mr Daniel Howard, Consultant Orthopaedic Hip Surgeon
University Hospitals Leicester NHS Trust, Leicester, UK

Dr Yuvraj Kukreja, Consultant Pain Medicine & Anaesthesia
University Hospitals Leicester NHS Trust, Leicester, UK

Dr Manish Mittal, Consultant Pain Medicine & Anaesthesia
Royal Wolverhampton NHS Trust, Wolverhampton, UK

Dr Piera Santullo, Consultant Rehabilitation
University Hospitals of Derby & Burton NHS Foundation Trust, UK

Dr Sachin Alva, Consultant Pain Medicine & Anaesthesia
East & North Hertfordshire NHS Trust, UK

Dr Kunal Targe, Consultant Pain Medicine & Anaesthesia
East & North Hertfordshire NHS Trust, UK

Dr Jawaad Malik, Consultant Pain Medicine & Anaesthesia
Ashford & St. Peter's Hospital NHS Foundation Trust, UK

Dr Richard Pertwee, Consultant Pain Medicine & Anaesthesia
Nottingham University Hospitals NHS Trust, UK