

# Nottingham Regional Block and Point of Care Ultrasound Course for The Emergency Department

**Double Tree by Hilton Nottingham-Gateway Nottingham**

**NG8 6AZ**

24th September 2025

**6 CPD**  
Approved  
by RCOA

## PROGRAMME

**08:00** Registrations, refreshments, exhibitions

**08:30** Introduction and welcome

**08:45** Point of Care Ultrasound

**Workshops**

- Advanced cardiac echo in ED (LV/RV function)
- RUSH protocol for shock
- Advanced lung combined with DVT
- Hepatobiliary/renal ± appendix/pancreas

**10:15** Refreshments, exhibitions

**10:30** Point of Care Ultrasound

**Workshops**

- Advanced cardiac echo in ED (LV/RV function)
- RUSH protocol for shock
- Advanced lung combined with DVT
- Hepatobiliary/renal ± appendix/pancreas

**11:30** Needling practice

**Workshops**

**12:15** Lunch, exhibitions

**13:00** Upper Limb Blocks

**Workshops**

- Axillary
- Median, Ulnar and radial nerve blocks

**14:00** Lower Limb Blocks

**Workshops**

- Femoral nerve block
- Fascia Iliaca block
- Popliteal Fossa

**15:00** Refreshments, exhibitions

**15:15** Chest wall blocks

**Workshops**

- Erector Spinae Plane (ESP) block
- Serratus Anterior block

**16:15** Free Scanning  
Q&A

**Workshops**

**16:45** Close

### FACULTY

**Dr Paul Townsley**

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

**Dr Hannah Wilkin-Crowe**

ST7 Dual Emergency Medicine/ICM, University of Leicester

FUSIC heart Mentor, FUSIC Lung and Vascular Supervisor and Cactus Trainer

**Dr Vishal Thanawala**

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Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

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Consultant Emergency Medicine and Ultrasound Lead for ED, Sherwood Forest Hospitals, NHS Trust

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**Organising committee**

**Dr Nigel Bedforth**

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