

3RD WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

NOTTINGHAM

DoubleTree by Hilton Nottingham – Gateway
31st January 2026

6 CPD
Points
Accredited
RCOA

08:30 - 09:00 Registrations

09:00 - 09:15	Welcome Messages & Addressing	Terrace Suite
Session 1	The Evidence Club	Chair: Amr Hassan
09:15– 09:45	Review of Top Papers in Regional Anaesthesia and Acute Pain	Dr. Kailash Bhatia
Session 2	Breast Surgery Club	Chair: Sneha Betkekar
09:45 - 10:10	Regional Anaesthesia for Awake Breast Surgery	Dr Madan Thirugnanam
10:10 – 10:20	Q&A – Discussion	
10:20 - 10:50	Coffee Break	
Session 3	The «Joint» Club Everything You Need To Know for Major Joint Replacement	Chair: Ahmad Rezk
11:50 - 11:20	Regional Anaesthesia for Awake Shoulder Surgery	Dr Arun K Mohanraj
11:20- 11:50	Motor-Sparing Regional Anaesthesia for Total Knee Arthroplasty	Prof Anil Hormis
11:50 - 12:15	Q&A – Discussion	
12:15 - 13:15	Lunch Break	
Session 4	The Power of Three Innovation - Equity - Rescue	Chair: Khaled Ahmed
13:15 - 13:35	What's New in Drug Delivery, Catheters, Pumps, Adjuvants, AI Decision Support	Dr Mohamed Elriedy
13:35 - 13:55	Training in Regional Anaesthesia, Gender Disparity & Access to RA & Analgesia in LMICS	Dr Sneha Betkekar
13:55 - 14:15	Safety Considerations in Peripheral Nerve Blocks	Dr Amr Hassan
14:15 - 14:30	Q&A – Discussion	
Session 5	The "Acute Pain" Club	Chair: Delme Luff
14:30 - 14:50	ESP For Rib Fracture Patients; Debates on the Efficacy and Reliability	Dr Ahmad Rezk & Dr Apurv Sehgal
14:50 - 15:10	Does the UK Have a Problem with Prescribed Opioids?	Professor Roger Knaggs
15:10 - 15:30	Q&A – Discussion	
15:30 - 15:50	Coffee Break	
Session 6	Beyond the Block Regional Anaesthesia Across the Patient Journey	Chair: Dr Ahmed ElFaioumy
15:50 - 16:10	Beyond the OR: RA in Trauma, Emergency, Humanitarian Settings	Dr Matthew O'Meara
16:10 - 16:30	Headaches Revisited: Practical Approach to Post Dural Puncture Headache	Dr Arani Pillai
16:30 - 16:50	Keeping Kids Comfortable – RA in Paediatrics	Dr Thomas Blank
16:50 - 17:20	Q&A – Discussion	
Session 7	Quiz & Competition	17:20- 17:45
17:45- 18:00	End of the 3 rd World Day: Questions –Comments –Discussion	

REGIONAL ANAESTHESIA WORKSHOPS RUNNING IN PARALLEL					Garden Suite
<ul style="list-style-type: none"> • Upper Limb Blocks • Lower Limb Blocks • Abdominal Wall Blocks • Neuraxial, Paravertebral and ESP Blocks 					
Session	1	2	3	4	
Start Time	09:00	10:50	13:15	15:50	
Finish Time	10:30	12:20	14:45	17:20	
Coordinator	Dr LakshmiPathy Purushothaman	Dr Madan Thirugnanam	Professor Anil Hormis	Dr Delme Luff	
Faculty 2	Dr Biswajit Das	Dr Kailash Bhatia	Dr Arun K Mohanraj	Dr Khaled Ahmed	
Faculty 3	Dr Mohamed Elriedy	Dr Delme Luff	Dr LakshmiPathy Purushothaman	Dr Ahmad Rezk	
Faculty 4	Dr Apurv Sehgal	Dr Sneha Betekar	Dr Ahmed ElFaioumy	Dr Apurv Sehgal	
FACULTY					
<p>Professor Anil Hormis Consultant in Anaesthesia, Critical Care & Prehospital Emergency Medicine (PHEM) and Honorary Professor at Sheffield Hallam University, President of the British Society of Orthopaedic Anaesthetists (BSOA).</p> <p>Dr Kailash Bhatia Consultant Anaesthetist & Anaesthetic Research Lead at Manchester University NHS</p> <p>Professor Roger Knaggs Professor of Pain Management, President British Pain, School of Pharmacy, University of Nottingham</p> <p>Dr Biswajit Das Consultant Anaesthetist; Queen's Hospital Burton</p> <p>Dr Madan Thirugnanam Consultant in Anaesthesia & Lead clinician of Pain Medicine at University Hospitals of Derby & Burton NHS Foundation Trust</p> <p>Dr LakshmiPathy Purushothaman Consultant Anaesthetist; Nottingham University Hospitals NHS Trust</p> <p>Dr Matthew O'Meara Consultant Anaesthetist & Pre – Hospital care; University Hospitals of North Midlands NHS Trust</p> <p>Dr Arani Pillai Consultant Obstetric Anaesthetist; Lead Obstetric Anaesthesia at QMC, Nottingham University Hospitals NHS Trust</p> <p>Dr Delme Luff Consultant Anaesthetist; Nottingham University Hospitals NHS Trust</p> <p>Dr Mohamed Elriedy Consultant Anaesthetist; University Hospitals of Derby and Burton, Director of Simulation at the University of Nottingham Medical School.</p> <p>Dr Arun K Mohanraj Consultant Anaesthetist Regional Anaesthesia Specialist/ Senior Lecturer. Wrightington, Wigan and Leigh NHS Foundation Trust</p> <p>Dr Thomas Blank Consultant Paediatric Anaesthesia; Lead Paediatric Anaesthesia Nottingham University Hospitals NHS Trust</p> <p>Dr Apurv Sehgal Consultant Anaesthetist; Nottingham University Hospitals NHS Trust</p>					

ORGANISATION COMMITTEE**Dr Ahmad Rezk**

Consultant Anaesthetist, Kettering General Hospital

Dr Sneha Betkekar

Anaesthetic senior Registrar, Nottingham University Hospitals NHS Trust

Dr Ahmed ElFaioumy

Anaesthetic senior Registrar, Nottingham University Hospitals NHS Trust

Dr Khaled Ahmed

Anaesthetic senior Registrar, Nottingham University Hospitals NHS Trust

MEETING CHAIR/ CITY REPRESENTATIVE / CITY LIAISON PERSON**Dr Amr Hassan**

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

