



Leicester Interventional Pain Management Cadaver Workshop

**(Knee, Hip and Shoulder Joint injections, Denervation &
Peripheral Nerves RF & Cryoneurolysis)**

18th May 2026

***University of Leicester, Maurice Shock Building,
University Rd, Leicester LE1 7RH, United Kingdom***

Program

8.30-9.00- Welcome, Tea/Coffee

9:00- 9:05- Introduction & lab instructions

**9.05- 9.20- Anatomy pertaining to interventional Pain
Management for- Chronic Knee, Hip and Shoulder Pain-
Old & New Targets**

**9.20- 9.40 How do I do it? Knee Joint Injection &
Denervation**

Knee Joint articular branches block, RF & Cryoneurolysis

9.40-10.00 How do I do it? Hip Joint Injection & Denervation

Hip Joint articular branches block, RF & Cryoneurolysis

10.00- 10.20 How do I do it? Shoulder Joint Injection & Denervation

Shoulder Joint articular branches block, RF & Cryoneurolysis

10.20- 11.00 Tea Break (Exhibit)

Hands on scanning and Cadaveric procedures

11.00-12.00 Station 1- Knee Joint injection, Articular branches Diagnostic Block, RF & Cryoneurolysis

12.00-13.00 Station 2- Hip Joint injection, Articular branches Diagnostic Block, RF & Cryoneurolysis

13.00-14.00 Lunch break

14.00-15.00 Station 3- Shoulder Joint injection, Articular branches Diagnostic block, RF & Cryoneurolysis

15.00-16.00 Station 4- Peripheral Nerves Pulsed RF & Cryoneurolysis

16.00-17.00 Station 5- Live Model Hands on scanning

17.00-17.30- Feedback & Closure

Faculty Members

Dr Rahul Bhansali,

Consultant Pain Medicine & Anaesthesia,
Chesterfield Royal Hospital, UK

Dr Sadiq Bhayani,

Staff Physician & Consultant Pain Medicine,
Cleveland Clinic Abu Dhabi, UAE

Dr Manish Mittal

Consultant in Pain Medicine & Anaesthesia,
George Elliott Hospital, Nuneaton, UK

Dr Sachin Alva

Consultant in Pain Medicine & Anaesthesia,
Lister Hospital, Stevenage

Dr Parveen Dhillon

Consultant in Pain Medicine & Anaesthesia
Cambridge University Hospital Foundation NHS Trust, Cambridge, UK

Dr Tauheed Shaikh

Consultant in Pain Medicine & Anaesthesia
Buckinghamshire Healthcare NHS Trust, UK

Dr Piera Santullo

Consultant Rehabilitation Medicine & Pain Medicine,
Derby & Burton Hospitals NHS Foundation Trust, UK

Dr Jawaad Saleem Malik

Consultant in Pain Medicine & Anaesthesia
Ashford & St Peter's Hospital NHS Foundation Trust, Chertsey, UK