

DUBAI PAIN EXPO & CONFERENCE

**Updates in Comprehensive &
Interventional Pain Management**

(Spine, MSK injections, Radiofrequency, Cryoneurolysis,
Peripheral Neuromodulation & Spinal Cord Stimulation)

11th & 12th April 2026
**Conference and Hands on
Workshop**

- Major Joint Pain
- Spinal Pain
- Neuropathic Pain
- Regenerative Medicine
- Neuromodulation

Venue: Hyatt Regency Dubai Creek Heights Dubai

Register: www.bookcpd.com



Program Day 1

8.00-8.45 Registration & Coffee

8.45-9.00 Introduction

Block 1- Core Topics in Spinal Interventional Pain Management

Moderator: Dr Shravan Tirunagari (UAE)

9:00-9:20 Lumbar Facets & Sacroiliac Joint Applied Anatomy updates- What's New?

Speaker Dr John Tran (Canada)

9:20-9:50 Management of Lumbar Facetogenic pain & Sacroiliac Joint Pain -How do I do it?

(Diagnostic block and Joint Denervation- Radiofrequency & Cryoneurolysis)

Speaker Dr Eldon Loh (Canada)

09:50-10:10 Regenerative Medicine (Orthobiologics) in MSK Pain Management- What works & How do I do it?

Speaker: Dr Sharmila Tulpule (UAE)

10.10-10.15- Q & A

10.15- 10.45- Coffee Break & Exhibits

BLOCK 2 Major Joint Pain Management- Denervation & Peripheral Neuromodulation

Moderator: Dr Sadiq Bhayani (UAE)

10.45- 11.05- Radiofrequency & Cryoneurolysis How does it work?

Speaker: Dr Sharavan Tirunagari (UAE) & Dr Sadiq Bhayani (UAE)

11:05 - 11:25 Knee, Hip & Shoulder Joint Innervations- Applied Anatomy Updates- What's New?

Speaker: Dr John Tran (Canada)

11.25- 11.50: Denervation of Knee, Hip & Shoulder Joint- How do I do it?

(Stepwise approach to Radiofrequency & Cryoneurolysis Denervation of Major Joints)

Speaker: Dr Sadiq Bhayani (UAE)

11.50-12.10: Peripheral Nerve Stimulation- Targets for Upper Limb nerves & Joints
Speaker: Dr Mathew Pingree (USA)

12.10-12.30: Peripheral Nerve Stimulation- Targets for Lower Limb nerves & Joints
Speaker: Dr Mark Hurdle (USA)

12.30- 12.15 Q & A

12:15-13.00- Lunch Break & Exhibits

Block 3 MSK & Spinal Injections- How do I do it?

13.00-13.30 A run-through of Ultrasound Guided Spinal, Joints & MSK Injections
Speaker: Prof. Mark Hurdle (USA) & Prof Matthew Pingree (USA)

13.30-15.00 Live Demonstration of Ultrasound Guided Spinal, Joints & MSK Injections & Targets for Peripheral Nerve Stimulation
Speakers: Dr Sadiq Bhayani (UAE), Prof. Mark Hurdle (USA) & Prof Matthew Pingree (USA)

BLOCK 4 Neuropathic Pain Management & Neuromodulation

Moderator: Dr Ravi Kare (UAE)

15.00-15.20- Updates in Neuropathic Pain Management- What's New- Case based approach?
Speaker: Dr Jaya Batra (UAE)

15.20-15.40 Neuromodulation for Neuropathic Pain Management- How do I do it?
Speaker: Dr Eric Francois (UAE)

15.40-15.45 Q & A

16.00- 16.30 Coffee Break & Exhibits

Block 5 Headache, Facial Pain & Spasticity Management

Moderator: Dr Jaya Batra (UAE)

16.30-16.50- Headache & Facial Pain- assessment & management- How do I do it?

Speaker: Dr Prit Anand Singh (UAE)

16.50-17:30 Spasticity- assessment & management- Multidisciplinary & Interventional approach

Speaker- Dr Prince Thakkar (UAE) & Dr Simao Serrano (Portugal)

17.25-17.30 Q & A

17.30- Closure & Instructions for Day 2

Program Day 2

07:45-08:00 Registration & Refreshments

8:00-9:00- Block Replay Session & How to prepare for Ultrasound Certification Examinations?

Certification in interventional pain ultrasonography (CIPS Exam)

09:00-10:00 Station 1 (Upper Limb MSK Injections & PNS)

10:00- 10:30- Tea/ Coffee Break

10:30-11:30 Station 2 (Lower Limb MSK Injections & PNS)

11:30-12:30- Station 3 (Cervical, Thoracic & Lumbosacral Spinal Injections)

12:30-13:15- Lunch Break

13:15-14:15- Station 4 (Spasticity-Botulinium Toxin & Selective Motor Branch Blocks)

14:15-15:15- Station 5 (Knee Joint Denervation- Diagnostic block, Radiofrequency & Cyreneurolysis)

15:15-15:30- Tea/ Coffee Break

15:30-16:30-Station 6 (Hip Joint Denervation-Diagnostic block, Radiofrequency & Cyreneurolysis)

16:30-17:30 Station 7 (Block of Your Choice)

17:30-17:45- Feedback and Closure