

SEL Anaesthetists'



Mentoring Course 2026



6th Feb, 6th Mar, 23rd Apr

3 days, face to face

Based on Egan's Skilled Helper model.

Small group size.

Supported rehearsal and feedback.

From the faculty who designed the AoA course.

Why do this course?

Mentoring skills can be used both in formal mentoring and also in a range of leadership and clinical situations with staff, colleagues and patients.

This course aims to develop participants' abilities to enable others rather than to prescribe solutions.

Developing these skills can be both challenging and rewarding for those whose professional culture is that of expert helping.

Following the course, we invite you to mentor on the London Anaesthetics Mentoring Scheme and will hold regular CPD meetings.

£500

Previous attendees say...

"This helped me not only to develop as a mentor and support others, but to approach my own life and career choices with a helpful new structure."

"I feel more equipped in handling difficult conversations such as respectfully challenging others' ideas and providing difficult feedback."

"Mentoring others helps me to better understand the choices I make in my own life."

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