

## Aims

This course is to provide an introduction and further practice of ultrasound guided regional anaesthesia. A background lecture of the principles of ultrasound follows by group ultrasound demonstrations (max 3 delegates per station) hands on workshops covering all major body regions relative to regional anaesthesia.

Hands on needling workshop and cadaveric afternoon workshops will involving interactive delegate quiz and faculty teaching

## Objectives

Gain understanding of Sonoanatomy for regional anaesthesia

Understand the practice and processes involved in ultrasound guided regional anaesthesia

Understand and practice various needling techniques

Review of cadaveric anatomy of common blocks and relating this to sonoanatomy

## Faculty List

First Name	Surname	Profession	Hospital/Institution
Anthony	Allan	Consultant Anaesthetist	Southmead Hospital, Bristol
Anthony	Carey	Consultant Anaesthetist	Southmead Hospital, Bristol
Alia	Darweish	Consultant Anaesthetist	Southmead Hospital, Bristol
Vassilis	Athanasoglou	Consultant Anaesthetist	Oxford University Hospitals NHS Foundation Trust
Nigel	Bedforth	Consultant Anaesthetist and Associate Professor	Nottingham University Hospitals NHS Trust
Kim	Chishti	Consultant Anaesthetist	Plymouth Hospitals NHS Trust
Andrew	Donovan	Consultant Anaesthetist	Taunton and Somerset NHS Foundation Trust
Duncan	Farquhar-Thompson	Consultant Anaesthetist	Dorset County Hospital NHS Foundation Trust
Ruth	Greer	Consultant Anaesthetist	North Bristol NHS Trust
Toby	Jacobs	Consultant Anaesthetist	North Bristol NHS Trust
Alexander	Looseley	Consultant Anaesthetist	Southmead Hospital, Bristol
Matt	Oldman	Consultant Anaesthetist	Plymouth Hospitals NHS Trust
Chris	Thompson	Consultant Anaesthetist	Southmead Hospital, Bristol

## Programme\*

Day 1 – Thursday 9th April 2026

**08:00** Registration, refreshments and exhibition

BLOCKED – Advanced  
THE BRISTOL RA-UK ULTRASOUND REGIONAL ANAESTHESIA COURSE  
WITH CADAVERIC ANATOMY  
Thursday 9<sup>th</sup> and Friday 10<sup>th</sup> April 2026  
Engineers' House, The Promenade, Clifton Down, Bristol, BS8 3NB



08:30 Lecture – Principles of ultrasound

08:45 WORKSHOP

■ Needle Guidance (supervised targets with varied phantoms, IP & OOP)

09:15 Demonstration – Sonoanatomy brachial plexus

09:45 WORKSHOPS

■ Interscalene/supraclavicular  
■ Axillary

11:15 Refreshments and exhibition

11:35 Demonstration – Sonoanatomy of anterior thigh – Femoral, saphenous, obturator, LCNT

11:55 WORKSHOPS

■ Femoral/saphenous/adductor canal  
■ Lateral cutaneous nerve of thigh  
■ Obturator

12:45 Lunch and exhibition

13:30 CADAVERIC ANATOMY WORKSHOP\*\*

■ Anatomy workshop

17:30 Close of day 1

\*This is a provisional programme and is subject to change.

\*\*Transport from the venue to the cadaveric anatomy workshop will be provided.

The cadaveric anatomy workshop will take place at the following address:

Vesalius Clinical Training Centre | School of Anatomy | 32 Southwell Street | Bristol | BS2 8EJ

Day 2 – Friday 10<sup>th</sup> April 2026

08:00 Registration, refreshments and exhibition

08:30 Demonstration – Sciatic nerve – Parasacral to popliteal fossa, ankle

09:00 WORKSHOPS

■ Sciatic pop fossa and above  
■ Ankle

10:30 Refreshments and exhibition

10:45 Demonstration – Neuraxial, paravertebral, chest and abdominal wall

11:30 WORKSHOPS

■ Neuraxial  
■ Paravertebral  
■ Chest and abdominal wall

13:00 Lunch and exhibition

13:45 Q&A – Ask the experts

14:15 WORKSHOPS

■ Recap scanning

16:00 Close of day 2

WORKSHOP GROUPS

During the workshops, you will be split into groups according to your level of expertise. Please ensure that you make note of the group number.