

US-guided Thoracic Regional Anaesthesia

Friday, 12th of December 2025

Basildon University Hospital Simulation Suite

Accreditation: 6 CPD credits RCoA

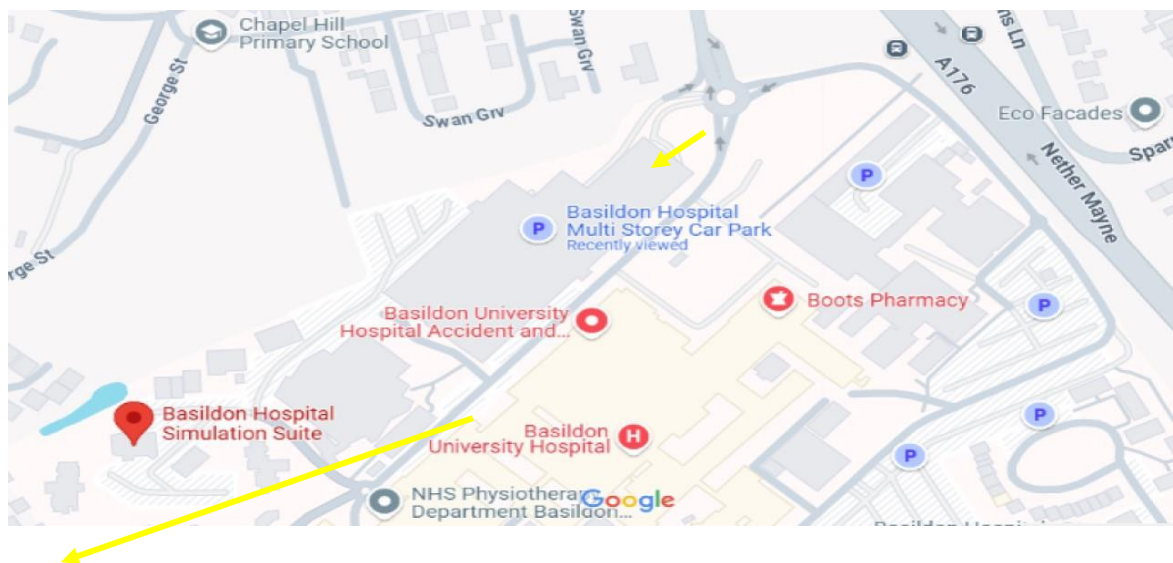
Registration: £150

Contact email: e.gudde@nhs.net

Location: Basildon Hospital Simulation Suite
Nether Mayne, Basildon SS16 5NL

parking: Basildon Hospital Multi Storey Car Park

access: follow yellow lines on the map: 1 – parking, 2 – walk to Sim Suite



Workshop Programme

This course is dedicated to regional anaesthesia applied to urgent and elective thoracic interventions.

Participants will learn standardized techniques of US-guided chest wall RA and pain control.

The program consists of lectures and hands-on session.

Timetable

09:00 - 09:15 **Registration.**

09:15 - 09:30 **Welcome.**

09:30 – 11:15 **SESSION 1**

09:30 - 10:00 Sono-anatomy of cervical plexus, interscalene plexus and superior trunk.
Regional anaesthesia for shoulder interventions.

10:00 - 10:30 Sono-anatomy of dorsal scapula and suprascapular nn., and clavipectoral area.
Regional anaesthesia's role in clavicle and scapula trauma.

10:30 - 11:00 Sono-anatomy and RA techniques of thoracic paravertebral (TPVB), erector
spinae plane (ESPB), mid-point (MTP) and retrolaminar (RL) blocks.

11:00 - 11:15 Panel Discussion.

11:15 - 11:30 Coffee Break

11:30 – 12:45 **SESSION 2**

11:30 – 12:00 Sono-anatomy and RA particularities of pectoral nerves (PECS 1, PECS 2) and
serratus anterior plane (SAPB) blocks. Practical application for surgery or pain
control.

12:00 - 12:30 Sono-anatomy and application of Parasternal blocks (Deep & Superficial).
Benefits of PSB for elective surgery and trauma.

12:30 - 12:45 Panel Discussion.

12:45 - 14:00 Lunch.

14:00 – 16:00 **SESSION 3. ULTRASOUND SCANNING.**

Station 1: Cervical plexus, interscalene, dorsal scapula, superior trunk, suprascapular.

Station 2: Clavipectoral, pectorals (PECS 1, PECS 2), serratus plane anterior (SAPB).

Station 3: Thoracic paravertebral (TPVB), erector spinae plane (ESPB), mid-point
(MTP), retrolaminar (RL).

Station 4: Parasternal blocks (Deep & Superficial).

16:00 – 16:15 **SUMMARY & CLOSE.**