Faculty

 Professor Rampal is a Consultant Anaesthetist with a special interest in Perioperative optimisation. She is the lead for Perioperative Prehabilitation and Cardiopulmonary Exercise Testing. She publishes regular research and review articles in the field of Prehabilitation. She is passionate about accessibility and cultural competency of Prehabilitation services, and the role digital tools can play in facilitating this. She is the founder of QuestPrehab, an AI enabled Digital Prehabilitation service and serves on the Advisory Board of several health technology companies.

Dr Mubeen Khan is an anaesthetic consultant and lead for Regional Anaesthesia. Having completed fellowships in regional, obstetrics and hepatobiliary; he is quite keen on research and workshops. He has authored books for Preparatory FRCA and regularly participates in various conferences in the field of Airway, Regional and Obstetrics.

Professor Scarlett McNally is a Consultant Orthopaedic Surgeon in Eastbourne (since 2002), Deputy Director of the Centre for Perioperative Care, Honorary Clinical Professor at Brighton and Sussex Medical School and president of the Medical Women’s Federation (2023-May 2025). Previously an elected Council member of the Royal College of Surgeons of England (2011-2021). She has an MA in Clinical Education and an MBA in health service management. She is a BMJ columnist and is lead author of the Academy’s Exercise the miracle cure. She is a frequent speaker and regular writer - on careers, diversity, bullying, sustainability, perioperative care, pathways, myeloma, exercise, active travel, leadership and how to fix the NHS.

SLACT Programme 2025

Introduction, Dr Fraser Kenny and Dr Nick Moody

Prehabilitation, Professor Tara Rampal

Keynote speaker – Professor Scarlett McNally

An approach to anaesthetising a patient living with obesity, Dr Dan Abell

Scanning back to move forwards, Dr Mubeen Khan

Lunch

Practical airway/regional workshops, Dr James Bland, Dr Mubeen Khan et al

A practical approach to anaesthetising children with learning difficulties, Dr Akhil Gupta