

3RD WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE NOTTINGHAM

DoubleTree by Hilton Nottingham – Gateway

31st January 2026

6 CPD
Points
Applied for
RCOA

PROGRAMME

08:30 - 09:00 Registrations

09:00 - 09:15	Welcome Messages & Addressings
Session 1	The Evidence Club
09:15– 09:30	Top Papers in RA
09:30– 09:45	Top Papers in Pain Medicine
09:45 –10:00	Q&A – Discussion
Session 2	Breast Surgery Club
10:10 - 10:20	Awake Breast Surgery
10:20 – 10:30	Q&A – Discussion
10:30 - 11:00	Coffee Break
Session 3	The «Joint» Club Everything You Need to Know for major joint replacement
11:00 - 11:30	Regional anaesthesia for Shoulder Replacement Surgery
11:30 - 12:00	Motor-Sparing Regional Anaesthesia for Total Knee Arthroplasty
12:00 - 12:15	Q&A – Discussion
12:15 - 13:15	Lunch Break
Session 4	The Power of Three Innovation - Equity - Rescue
13:15 - 13:35	What's New in Drug Delivery, Catheters, Pumps, Adjuvants, AI Decision Support
13:35 - 13:55	Training in Regional Anaesthesia, Gender Disparity & Access to RA & Analgesia in LMICS
13:55 - 14:15	When RA Fails: Troubleshooting Blocks, Escalation to Systemic Analgesia/Opioids
14:15 - 14:30	Q&A – Discussion
Session 5	The "Acute & Chronic Pain Medicine" Club
14:30 - 14:50	ESP For Rib Fracture Patients. Challenges and Efficacy
14:50 - 15:10	Transitional Pain Services: Preventing Chronic Post-Surgical Pain
15:10 - 15:30	Q&A – Discussion
15:30 - 15:50	Coffee Break
Session 6	Beyond the Block Regional Anaesthesia across the patient journey
15:50 - 16:10	Beyond the OR: RA in trauma, emergency, humanitarian settings
16:10 - 16:30	What's New in Obstetrics?
16:30 - 16:50	Keeping Kids Comfortable – RA in Paediatrics
16:50 - 17:10	Q&A – Discussion
Session 7	Quiz & Competition
17:10- 17:30	
17:30 - 18:00	End of the 3 rd World Day: Questions –Comments –Discussion