

Nottingham Ultrasound Guided Regional Anaesthesia Course

Trent Conference Centre

Nottingham NG7 2PX

24th September 2025

6 CPD
Points
RCOA
Applied

PROGRAMME

08:00 Registrations, refreshments, exhibitions

08:30 Introduction and welcome

09:00 Upper Limb Blocks

Workshops

- Above the Clavicle
- Below the Clavicle

10:30 Refreshments, exhibitions

10:45 Lower Limb Blocks

Workshops

- Femoral/Adductor Canal
- Popliteal/IPACK
- Ankle

12:15 Lunch, exhibitions

13:00

Workshops

- Neuraxial
- Paravertebral
- Abdominal wall
- Erector Spinae Plane (ESP) / Chest Wall Blocks

15:00 Refreshments, exhibitions

15:15 Questions and Answers session

15:45 Free Scanning and Needling

Workshops

17:00 Close

FACULTY

Dr Paul Townsley

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

Dr Vishal Thanawala

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

Dr Jaina Parmar

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

Dr David Hewson

Consultant Anaesthetist; Associate Professor; Nottingham University Hospitals NHS Trust

Dr James French

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

Dr Lakshmiathy Purushothaman

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

Dr Rebecca Sutton

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

Dr Delme Luff

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

Dr Apurv Sehgal

Regional Anaesthesia Fellow; Nottingham University Hospitals NHS Trust

Organising committee

Dr Nigel Bedforth

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