

PLAN A BLOCKS & Little BEYOND

HANDS ON ULTRASOUND GUIDED REGIONAL ANAESTHESIA COURSE

22 March 2025, Saturday

GETEC, George Eliot Hospital, Nuneaton CV107DJ

Approved by RCoA for 6 CPD points

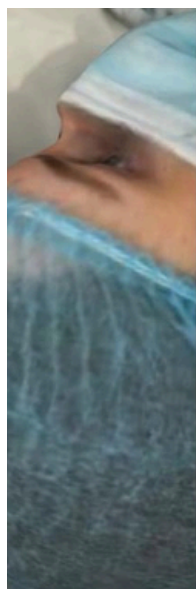
Small hands-on groups, Expert faculty, Live scan on volunteers

Fees: £200 including lunch and refreshments

Free 1 year access to **ARiRA** (£96)

<https://www.arira.co.uk/>

ARiRA offers 3D anatomy, augmented reality, cadaver anatomy, sonoanatomy, Glide-view©, Ultra-slide probe control©, Sono-simulator & more for learning ultrasound anatomy and probe movements from home!



Augmented Reality



Point your camera at the QR code.
Tap the banner that appears on
your screen.



Course Directors

Dr Dasgupta, FRCA, EDRA
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Consultant Chronic Pain Medicine & Anaesthetics

Course Organisers

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Course Programme

22 MAR 2025

08:30 AM - 05:00 PM

Station 1: Blocks above clavicle - Interscalene, Supraclavicular
Station 2: Blocks below clavicle: Axillary
Station 3: Erector spinae block
Station 4: Femoral, Fascial iliaca, LFCN
Station 5: Adductor canal, Popliteal sciatic
Station 6: Rectus sheath, TAP



Revalidation
FOR ANAESTHETISTS

08:30 AM	Registration					
09:00 AM	Introduction, Basics of ultrasound & needling					
09:45 AM	Group A 1	Group B 2	Group C 3	Group D 4	Group E 5	Group F 6
10:30 AM	Coffee Break					
11:00 AM	Group A 2	Group B 3	Group C 4	Group D 5	Group E 6	Group F 1
11:45 PM	Group A 3	Group B 4	Group C 5	Group D 6	Group E 1	Group F 2
12:30 PM	Group A 4	Group B 5	Group C 6	Group D 1	Group E 2	Group F 3
01:15 PM	Lunch Break					
02:00 PM	Group A 5	Group B 6	Group C 1	Group D 2	Group E 3	Group F 4
02:45 PM	Coffee Break					
03:15 PM	Blocks beyond Plan A - Demonstrations					
	Distal UL, SIFI, PENG, Ankle, Spine, A&E skills (blocks for rib fractures, vascular access, needling)					
04:30 PM	Feedback & closing remarks					

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🌐 <https://bookcpd.com/course/plan-A-blocks-and-little-beyond>

