

Hands-on Clinical Workshop on Thoracic Regional Anaesthesia

Friday, 16th of May 2025

Basildon Hospital Simulation Suite

Accreditation: 6 CPD credits RCoA

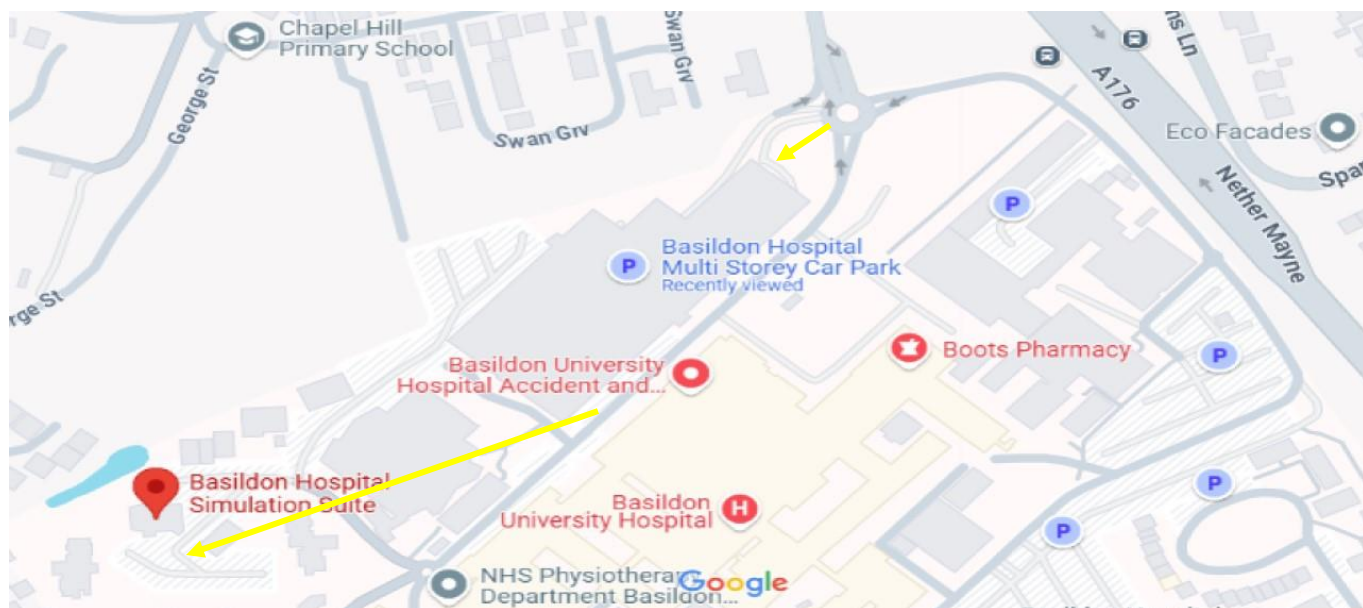
Registration: £150

Contact email: e.gudde@nhs.net

Location: Basildon Hospital Simulation Suite
Nether Mayne, Basildon SS16 5NL

parking: Basildon Hospital Multi Storey Car Park

access: follow yellow lines on the map. 1 – parking, 2 – walk to Sim Suite



Workshop Programme

Practical standardized techniques of regional anaesthesia and pain control will be taught.
Delegates will be rotated round all models and phantom needling station.

Station 1: Cervical plexus blocks, Dorsal scapula and Clavipectoral blocks.

Station 2: Interscalene block, Superior trunk block and Suprascapular block.

Station 3: Erector spinae, paravertebral and intercostal blocks.

Station 4: Pectoral nerves (PECS 1, PECS 2) and serratus plane blocks.

Station 5: Parasternal blocks (Deep & Superficial).

Station 6: Phantom practice and needling.

09:15 Welcome & Introduction.

09:30 - 10:00 **Regional Blocks presentation.**

10:00 - 11:00 **SESSION 1** (hand-on practice)

11:00 - 11:30 **Discussion & Coffee-Break**

11:30 - 12:30 **SESSION 2** (hand-on practice)

12:30 - 13:30 **Lunch**

13:30 - 14:30 **SESSION 3** (hand-on practice)

14:30 - 15:00 **Discussion & Coffee-Break**

15:00 – 16:00 **Free preference scanning**

16:00 – 16:15 **Summary & Close**

		Group A	Group B	Group C	Group D	Group E	Group F
Session 1	10:00 10:30	<i>Station 1</i>	<i>Station 2</i>	<i>Station 3</i>	<i>Station 4</i>	<i>Station 5</i>	<i>Station 6</i>
	10:30 11:00	<i>Station 2</i>	<i>Station 3</i>	<i>Station 4</i>	<i>Station 5</i>	<i>Station 6</i>	<i>Station 1</i>
Session 2	11:30 12:00	<i>Station 3</i>	<i>Station 4</i>	<i>Station 5</i>	<i>Station 6</i>	<i>Station 1</i>	<i>Station 2</i>
	12:00 12:30	<i>Station 4</i>	<i>Station 5</i>	<i>Station 6</i>	<i>Station 1</i>	<i>Station 2</i>	<i>Station 3</i>
Session 3	13:30 14:00	<i>Station 5</i>	<i>Station 6</i>	<i>Station 1</i>	<i>Station 2</i>	<i>Station 3</i>	<i>Station 4</i>
	14:00 14:30	<i>Station 6</i>	<i>Station 1</i>	<i>Station 2</i>	<i>Station 3</i>	<i>Station 4</i>	<i>Station 5</i>
free scanning	15:00 16:00	😊	😊	😊	😊	😊	😊