



State of the Art Safety Standards in RA
THE EUROPEAN SOCIETY OF REGIONAL
ANAESTHESIA & PAIN THERAPY

ASRA
PAIN MEDICINE



AFRICAN
Society of
Regional
Anaesthesia



Joining Hands for
a Pain Free Future Worldwide

3rd World Day of Regional Anaesthesia & Pain Medicine

Saturday, 31 January 2026

- One Day
- One Common Scientific Program
- In over +100 Cities across all Continents
- Applied for 6 CPD points with RCoA



<https://bookcpd.com/course/esra-world-day-Frimley2026>

WORLD DAY

ESRA members £25
RA-UK members £35
Non-members £50



VENUE: POST GRADUATE CENTRE, FRIMLEY PARK HOSPITAL

Your Local Face-to-Face Meeting

There must be one city around you!

PAJUNK
Trust Tradition. Experience Innovation.



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland
Email: office@esraeurope.org

