

BAPIO Annual Conference 2025

Radisson Hotel & Conference Centre, London Heathrow
28 – 30 November 2025

“Facing the Future”

Friday 28th November 2025

09:00 – 09:30	Registration and Refreshments
09:30 – 09:40	Welcome: Dr Abhay Chopada (Conference OC Chair) / Dr Beryl De Souza (Conference OC Secretary)
09:40 – 10:00	Celebrating 15yrs of MDS UK: Dr Joydeep Grover (Medical Director, MDS), Dr Satheesh Mathew (Vice President, BAPIO)
10:00 – 11:45	Session One: Regulating Healthcare Professionals <i>Chair: Dr. Joydeep Grover, Suresh Babu Periyasamy</i> <u>Session objectives:</u> Examine the evolution of professional regulation in the UK, Critically evaluate the inclusion of Medical Associate Professionals (MAPs) within GMC regulation, Explore the impact of regulatory reform across professions, Understand the international dimensions of regulation, Identify principles for future regulation
10:10 – 10:25	Guest Lecture: <i>Historical overview of regulation and its challenges</i> – Prof Marie-Andree Jacob (University of Leeds School of Law)
10:25 – 10:40	Keynote address: <i>The Leng Review - the why, the what and the what now?</i> – Prof Sheona McLeod (Director of Education & Training NHS England)
10:40 – 10:55	<i>Regulation for Physician Assistants</i> – Alice Fitzpatrick (College of Medical Associate Professionals)
10:55 – 11:10	<i>What are the imminent changes in regulation for doctors and PAs</i> – Prof Pushpinder Mangat (Medical Director & Head of Education and Standards, GMC) / Tista Chakraborty-Gannon (Head of Outreach Operations, GMC)
11:10 – 11:25	<i>Reforming regulation for Nurses and Advanced Nurse Practitioners</i> – Paul Reeves, Senior Nurse Advisor, NHS Improvement
11:25 – 11:45	Panel Discussion - Sophie Newbold (St George’s University Hospital), Prof Sam Shah (Medico-Legal Advisor, Medical Defence Shield), Prof Abhijhat Seth (Chairman National Medical Commission, India)
11:45 – 12:00	Tea Break
12:00 – 13:00	Session Two: Challenges & Opportunities for Immigrant Health Professionals <i>Session chairs - Dr Indranil Chakravorty (Co-Chair, BAPIO Institute for Health Research), Dr Neha Sharma</i> <u>Session Objectives:</u> Illuminate the lived experiences of international health professionals in the NHS, Recognise the historical contribution of immigrant health professionals to UK healthcare and society, Critically examine systemic barriers and opportunities, Explore the role of inclusion and belonging in sustaining workforce morale, efficiency, and retention, Identify lessons from international heritage and global perspectives

	Confirmed speakers: Dr Mala Rao (Senior Clinical Fellow at the Department of Primary Care and Public Health, Imperial College London) Prof Marie-Andree Jacob (University of Leeds School of Law) Prof Dinesh Bhugra (Past President, Royal College of Psychiatrists) Dr. Sujaritha Janarthanam (IMG)
13:00 – 13:40	Lunch
13:40 – 15:00	Session Three: Modernising Healthcare Education <i>Session chairs – Dr. Dipankar Mukherjee, Dr Anisha Roy</i> <u>Session objectives:</u> Explore the drivers of change in healthcare education, Debate the skills and values needed by the future healthcare workforce, Evaluate innovations in education, Balance effectiveness with cost and sustainability, Draw on global perspectives
13:40 – 14:00 14:00 – 15:00	Keynote address: Empowering the Next Generation of Healthcare Professionals – Prof Sir Chris Whitty, Chief Medical Officer, England Panel Discussion: Making Undergraduate education fit for the future Prof Sanjiv Ahluwalia (Head of the School of Medicine, Anglia Ruskin University) Dr Sonia Kumar (Executive Dean of Medicine, St Mary's University) Prof Pushpinder Mangat (Medical Director & Head of Education and Standards, GMC) Dr Subodh Dave (Dean, Royal College of Psychiatrists) Prof Bipin Batra (Past Chair National Board of Exams, India) Dr Vinay Singh (Director, Vibrance Wellness Vista)
15:00 – 15:45	Session Four: Interactive Workshops
15:00 – 15:45	Room 1: Maximising Career Opportunities for LED & SAS Doctors – Leads: Dr. Biju Simon and Dr. Anshoo Dhelaria <u>Objectives:</u> Understanding the career pathways available for LED and SAS doctors, Identify barriers to progression and strategies to overcome them, Share practical resources (e.g., CESR, mentoring, portfolio development) Room 2: Leadership Masterclass for Women – Lead: BAPIO Women's Forum <u>Objectives:</u> Explore the unique challenges faced by women in leadership, Learn from established female leaders' journeys, Develop practical leadership strategies and networks of support. Room 3: Advanced Careers for Allied healthcare professionals and Nurses – Leads: Vignesh Murali (British Indian AHP Association), Rima D'Souza (BINA) <u>Objectives:</u> Showcase advanced career pathways for AHPs and nurses, Explore innovation (digital health, advanced practice, leadership roles), Identify training and support mechanisms for career growth Room 4: How to get into Core and Higher Training – Moderator: Dr. Godwin Simon <u>Objectives:</u> Demystify the application process for core and higher specialty training, Share tips on portfolio building, interview skills, and selection criteria, Provide personalised feedback and mentoring.
15:45 – 16:00	Tea Break
16:00 – 17:30	Session Five: Research & Innovation Session (supported by Royal College of Physicians of Edinburgh and Royal College of Paediatrics & Child Health)
16:00 – 17:00	Oral Presentations
17:00 – 17:30	Lightning Poster Presentations

Saturday 29th November 2025
Theme: “NHS - Fit For Future”

09:00 – 09:30	Registration and Refreshments
09:30 – 09:40	Welcome Session - Dr Abhay Chopada
09:40 – 09:50	Presidential address - Dr Ramesh Mehta, BAPIO President
09:50 – 10:00	Lighting the lamp
10:00 – 12:00	Session One: Healthcare Policy & Global Vision <i>Session Chairs - Prof Geeta Menon, BAPIO Chair & Prof JS Bamrah, Ex-BAPIO Chair</i> <u>Session Objectives:</u> Understand the NHS 2030 vision, Explore the NHS 10 year health and workforce plan, Examine impacts on primary, secondary, and integrated care systems, Discuss the role of professional bodies, neighbourhood teams, and integrated care boards, Draw lessons from global health systems
10:00 – 10:20	Keynote address: <i>The way forward for the NHS</i> – Rt. Hon Wes Streeting, Secretary of State for Health and Social Care (TBC)
10:20 – 10:40	Keynote address: <i>Implementing NHS Vision for 2030</i> – Sir Steve Powis, Former National Medical Director, NHS England
10:40 – 11:00	Keynote Address: <i>NHS 10yr Health and Workforce Plan</i> – Dr. Clare Fuller, National Medical Director, NHS England
11:00 – 12:00	Panel: <i>10yr plan Implications for primary and secondary care</i> – Chairs: Dr. Tanvir Alam, Prof Geeta Nargund
11:00 – 11:10	<i>Pressures & Opportunities for GPs</i> - Dr. Chand Nagpaul (Former Chair, BMA Council)
11:10 – 11:20	<i>Hospital redesign & workforce</i> - Dr. Mamta Shetty-Vaidya (CMO, Kings College Hospital NHS Foundation Trust)
11:20 – 11:30	<i>Integrated care & system level</i> priorities- Dr. Paul Gilluley (CMO, North East London ICB)
11:30 – 11:40	<i>Professional colleges’ role in reform</i> - Dr. Mumtaz Patel (President, Royal College of Physicians of London)
11:40 – 12:00	<i>Panel discussion (Neighbourhood Teams)</i> - Sir Andrew Morris (Deputy Chair, NHS England), Dr. Purva Makani (CMO, Hull University Teaching Hospitals NHS Trust), Marimoultou Coumarassamy (Chair, British Indian Nurses Association)
12:00 – 12:50	Lunch & Poster Viewing
12:50 – 13:00	Laughing Yoga - Dr Yogesh Nathdwarwala
13:00 – 14:30	Session Two: Healthcare Innovation <i>Session Chairs – Dr Sangeeta Agnihotri, Dr. Pankaj Chandak</i> <u>Session Objectives:</u> Explore cutting-edge innovations in healthcare, Examine international perspectives on innovation strategy and adoption,

	Discuss responsible and ethical use of AI, Understand advances in genomics and gene therapy, Evaluate the role of AI in medical education
13:00 – 13:20	AI & Robotics - Strategy and International Perspectives – Prof Prokar Dasgupta (Chair in Robotic Surgery & Urological Innovation, Kings College London)
13:20 – 13:40	Responsible AI in healthcare – Prof. Gopal Ramchurn (CEO, Responsible AI(UK))
13:40 – 14:00	Genomics & Gene Therapy in Thalassaemia – Dr Nandini Sadasivam (Consultant Haematologist)
14:00 – 14:20	AI in medical education – Prof Ajay Shah (Executive Dean, Faculty of Life Sciences & Medicine, Kings College London)
14:30 – 15:30	Workshops
	<p>Room 1: Healthcare innovation – Leads: Dr. Abhay Chopada, Dr Sai Pillarisetti</p> <p><u>Objectives</u>: Explore how innovation translates into practical change in clinical pathways, Share examples of successful adoption of healthcare technologies, Identify barriers to scaling innovation in the NHS and beyond</p> <p>Room 2: National Clinical Excellence Awards – Lead: Dr. Rahul Chodari</p> <p><u>Objectives</u>: Explain how the new NCEA scheme works, Share tips for successful applications, Discuss the role of NCEAs in recognising leadership, research, and innovation.</p> <p>Room 3: Managing Work Stress & Mental Health – Lead: Dr. Nandini Chakraborty, Dr. Abrar Hussein</p> <p><u>Objectives</u>: Explore causes of workplace stress and burnout in healthcare, Share practical strategies for resilience, wellbeing, and peer support, Encourage open dialogue on mental health challenges in medicine.</p> <p>Room 4: Legal support for IMGs – Lead: Dr. Satheesh Mathew, Dr. Joydeep Grover</p> <p><u>Objectives</u>: Provide IMGs with an overview of legal rights and responsibilities in the NHS, Highlight common legal issues faced, Share practical advice on how IMGs can access legal and pastoral support.</p>
15:30 – 16:00	Tea Break and Poster viewing
16:00 – 17:00	<p>Session Three: Unemployment - The Dilemma for IMGs in the NHS</p> <p><i>Session Chairs – Dr Subarna Chakravorty, Dr Siya Sharma</i></p> <p><u>Session objectives</u>: Debate the proposition that the UK healthcare system is critically dependent on IMGs, Examine systemic causes of unemployment and underemployment among IMGs, Understand regulatory and workforce planning challenges, Explore comparative international perspectives, Identify actionable strategies to support IMGs</p>
16:00 – 16:30	<p>Debate - This House believes that ‘This country cannot survive without International Medical Graduates’</p> <p>For: Dr Hemadri Makni</p> <p>Against: Dr Asif Qasim</p>
16:30 – 17:30	Panel
16:30 – 16:40	GMC & PLAB - Tista Chakraborty-Gannon (Head of Outreach Operations, GMC)

16:40 – 16:50	BMA perspective- Dr. Amit Kochhar (Representative Body Chair, BMA)
16:50 – 17:00	International perspective - Dr. Louella Vaughan (Consultant Physician, Royal London Hospital)
17:00 – 17:30	Panel discussion: Dr. Chaand Nagpaul (Ex Chair, BMA Council), Dr. Navina Evans (Chief WTE Officer, NHS England), Dr. Anushka Shukla (FY1)
17:30	Vote of Thanks
18:30 – 19:00	Drinks and Networking Reception
19.00 – 22.00	BAPIO Awards & Gala Dinner

Sunday 30th November 2025

Theme: “Facing the Future”

08:00 – 09:00	Sunrise Yoga
09:00 – 09:30	Registration and Refreshments
09:30 – 10:15	Session One - Prevention & Wellbeing <i>Session Chairs: Dr Saraswati Hosdurga (Chair, BAPIO Health & Wellbeing Forum), Dr Piu Bannerjee</i> <u>Session Objectives:</u> To highlight evidence-based approaches to prevention and wellbeing, To explore strategies for supporting clinicians, patients, and students in managing stress, lifestyle, and cultural adaptation, To connect mindfulness, exercise, and targeted wellbeing interventions to broader health policy and practice.
09:30 – 09:45	Mindfulness for doctors – Dr Emma Went (Forensic Psychiatrist and Psychotherapist)
09:45 – 10:00	Promoting Exercise and Health Forecasting – Dr William Bird (Founder, Intelligent Health)
10:00 – 10:15	Wellbeing of Indian students in UK universities – Dr Sridevi Sira Mahalingappa (Consultant Liaison Psychiatrist)
10:15 – 11:15	Session Two: Challenges and Opportunities for Patient Safety in the NHS <i>Session Chairs: Dr Raj Mattu (Chair, BAPIO Patient & Staff Safety Forum), Dr Uma Gordon</i> <u>Objectives:</u> Examine the role of regulatory inspections in driving safety improvements in healthcare, Highlight organisational approaches that align staff wellbeing with patient safety outcomes, Explore how race equality and patient/carers perspectives intersect with safety culture and human rights in the NHS
10:15 – 10:30	Patient Safety is vital function of Inspections – Prof Bola Owolabi (Chief Inspector of Primary and Community Services, CQC)
10:30 – 10:45	Organisational Interventions for Safety & staff Wellbeing – Roberta Fida
10:45 – 11:15	Panel discussion (Panellists TBC) Prof Habib Naqvi (Chief Executive, NHS Race and Health Observatory) Karen Mognahan
11:15 – 11:30	Tea Break and Poster viewing

11:30 – 12:45	Session Three: BAPIO Paediatric Forum <i>Chair: Dr Srini Bandi & Dr Nupur Chauhan</i> <u>Objectives:</u> Examine the implications of the NHS Long-Term Plan for paediatric and child health services, Critically debate the opportunities and risks of rapid AI adoption for child development, Explore career pathways beyond traditional clinical work, including industry and structured induction initiatives, Foster dialogue between clinicians, academics, and policymakers on the future of children's healthcare.
11:30 – 11:45	Keynote Address: <i>Impact of 10 year plan on children's services</i> – Sir Terence Stephenson (Chair, NHS Providers, Nuffield Professor of Health, Great Ormond Street Institute)
11:45 – 12:15	Debate: <i>Rapid adoption of AI / dependence on smart phones is not harmful to children's development</i> For: Dr. Sanjiv Nichani OBE Against: TBC
12:15 – 12:30	<i>Alternate Careers in the pharma industry</i> – Dr Sujatha Gopalkothandapani
12:30 – 12:45	<i>Ikshana - Paediatric Induction Programme</i> – Dr Jessica Hlawndo
12:45 – 13:15	Workshops
	Room 1: BAPIO Young Doctors Forum Room 2: BAPIO GP Forum - AI in Primary care – Dr Selvaseelan Selvarajah
13:15 – 13:30	Closing Ceremony
	A Vision for a Connected Global Health Community: BAPIO Foundation – Dr. Ramesh Mehta & Prof Geeta Menon Summary and Vision for BAPIO 2026 – Dr Abhay Chopada
13:30	Lunch