

RIYADH

MASTERCLASS ON ULTRASOUND GUIDED JOINT, MSK INJECTIONS, DENERVATION REGENERATIVE MEDICINE & SPASTICITY MANAGEMENT

(Hands on workshop for Ultrasound Guided Joints, MSK,
Denervations & Regenerative Medicine)

WORKSHOP HIGHLIGHTS

- > 'Ultrasound Simplified' - Step by Step Hands on Workshop
- > Joint injections & MSK Injections
- > Knee, Shoulder & Hip joint Denervations
- > Regenerative Medicine
- > Upper and lower limb spasticity management using Botox and Cryoneurolysis
- > Needling on high fidelity ultrasound simulator for joints and spinal injections

21st & 22nd November 2025

AMAD HOSPITAL, PRINCE SAUD IBN ABDULLAH
IBN JALAWI STREET, RIYADH 11461, SAUDI ARABIA.

Register on : www.bookcpd.com



DAY 1

08:00 – 08:30 Registration & Refreshments

08:30 – 09:00 Introduction

09:00 – 09:30 Upper Limb MSK pain procedures

(Shoulder, Elbow, Hand & wrist pain management blocks)

- * Shoulder – Bicep Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve

- * Elbow – Medial and Lateral Elbow

- * Wrist & hand – Carpal Tunnel & Trigger finger

09:30 – 10:00 Lower Limb MSK pain procedures

(Hip, Knee, Ankle & foot interventional pain procedures)

- * Hip – Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve

- * Knee – Knee joint injection

- * Ankle – Tibio-talar joint, Tarsal Tunnel

- * Plantar fascia

10:00 – 10:30 Tea/ Coffee Break

10:30 – 11:00 Radiofrequency & Cryoneurolysis for Pain Management

11:00 – 11:30 Regenerative Medicine in Pain Management

11:30 – 12:30 Prayers & Lunch Break

12:30 – 12:50 How to manage Chronic Shoulder Joint Pain?

Role of Shoulder Joint Denervation

(Radio frequency/ Cryoneurolysis)

12:50 – 13:10 How to manage Chronic Knee Joint Pain?

Role of Knee Joint Denervation

(Radio frequency/ Cryoneurolysis)

13:10 – 13:30 How to manage Chronic Hip Joint Pain?

Role of Hip Joint Denervation/ Interventions

(Radio frequency/ Cryoneurolysis)

DAY 1

13:30 – 14:00– How do I do it? Platelet Rich Plasma (PRP) & Adipose Derived Stem Cells for MSK pain management.

14:00– 16:00 Ultrasound Live Demonstration of all the blocks (Demo only)

16:00– 16:30 Upper Limb Spasticity Management (Botox & Cryoneurolysis)

16:30 – 17:00 Lower Limb Spasticity Management (Botox & Cryoneurolysis)

17:00– 18:00 Ultrasound Live Demonstration of Upper & Lower Limb Spasticity

18:00– 18:15 Feedback & Instructions for Day 2

DAY 2

Live Model Scanning Hands on Workshop & Needling on High fidelity Ultrasound Simulators

07:45-08:00-Registration & Refreshments

8:00-9:00- Block Replay Session- commonly performed ultrasound guided procedures (Joints & MSK Injections, Peripheral Nerve blocks, Joint Denervation & Spasticity Management using Ultrasound)

09:00-10:00- Station 1

10:00- 10:30- Tea/ Coffee Break

10:30-11:30- Station 2

11:30-12:30- Station 3

12:30-13:15- Lunch Break

13:15-14:15- Station 4

14:15-15:15- Station 5

15:15-15:30- Tea/ Coffee Break

15:30-16:30-Station 6

16:30-17:30-Station 7

17:30-17:45- Feedback and Closure

PROCEDURES COVERED

Upper Limb MSK pain procedures
(Shoulder, Elbow, Hand & wrist pain blocks)

- * Shoulder- Bicep Tendon, AC Joint, SASD Bursa, Suprascapular Nerve, Shoulder joint injection
- * Elbow- Medial and Lateral Elbow
- * Wrist-Carpal Tunnel & Trigger finger
- * Shoulder joint RF

Lower Limb MSK pain procedures
(Hip, Knee, Ankle & foot interventional pain procedures)

- * Hip- Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve, hip articular branches
- * Knee- Knee joint, Saphenous nerve, knee articular branches
- * Ankle- Tibio-talar joint, Tarsal Tunnel & Plantar fascia
- * Hip & Knee Joint RF

Upper Limb Spasticity Target for Botulinum Toxin & Cryoneurolysis

Lower Limb Limb Spasticity Target for Botulinum Toxin & Cryoneurolysis