



# **LEICESTER MASTERCLASS ON INTERVENTIONAL PAIN MANAGEMENT & NEUROMODULATION**

**31<sup>ST</sup> JANUARY &  
1<sup>ST</sup> FEBRUARY 2026**  
(2 DAYS CONFERENCE WITH  
WORKSHOP)

**LEICESTER MARRIOTT HOTEL,  
LEICESTER, UK**





**DAY 1**

# LEICESTER MASTERCLASS ON INTERVENTIONAL PAIN MANAGEMENT & NEUROMODULATION

**08:00 – 08:30 Registration & Refreshments**

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**08:30 – 08:45 Introduction**

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**08:45 – 9:15 Headache & Facial Pain Syndrome Management**

*(Ultrasound Guided Headache & Facial Pain Blocks)*

- Supra & infra orbital nerve block
  - Maxillary division of Trigeminal nerve block in Pterygopalatine fossa/ Sphenopalatine block
  - Mental nerve block
  - Occipital nerves
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**08:45 – 9:15 Cervical Spine Procedures (Anatomy & Sono-anatomy)  
(Procedures for Neck pain management)**

- Cervical Facet and Cervical Medial Branches, TON
  - Cervical Nerve roots
  - Cervical Sympathetic chain
  - Greater Occipital Nerve
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**9:45 – 10:15 Tea/ Coffee Break**

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**10:15 – 10:45 Upper Limb MSK pain procedures (Anatomy & Sono-anatomy)**

*(Shoulder, Elbow, Hand & wrist pain blocks)*

- Shoulder- Bicep Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve
  - Elbow- Medial and Lateral Elbow, Ulnar nerve & Cubital Tunnel
  - Wrist-Carpal Tunnel & Median Nerve, Guyon's Canal & MCP joint
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**11:00 – 11:30 Abdomen & Pelvic Procedures (Anatomy & Sono-anatomy)**

*(Abdominal myofascial pain & Pelvic pain management)*

- Ilio-inguinal & ilio hypogastric nerve block
  - Rectus sheath, TAP plane
  - Quadratus lumborum block
  - Genitofemoral nerve block
  - Pudendal nerve block
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**11:30 – 12:00 Lower Limb MSK pain procedures (Anatomy & Sono-anatomy)**

*(Hip, Knee, Ankle & foot interventional pain procedures)*

- Hip joint, Trochanteric complex & lateral femoral cutaneous nerve, hip articular branches RF
- Knee- Knee joint & knee articular branches RF
- Ankle- Tibio-talar joint
- Plantar fascia

# DAY 1

## LEICESTER MASTERCLASS ON INTERVENTIONAL PAIN MANAGEMENT & NEUROMODULATION



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|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 12:00 – 12:15 | Regenerative Medicine & newer joint injectables for Joint Pain Management                                                                                                                                                                                                       |
| 12:15 – 12:30 | Radiofrequency & Cryoneurolysis for Pain Management                                                                                                                                                                                                                             |
| 12:15 – 12:30 | Neuromodulation for Neuropathic Pain– Patient selection– How do I do it?                                                                                                                                                                                                        |
| 12:30 – 12:50 | Neuromodulation for Neuropathic Pain– Patient selection– How do I do it?                                                                                                                                                                                                        |
| 12:50 – 13:10 | Stimulation Vs Ablation for mechanical back pain                                                                                                                                                                                                                                |
| 13:10 – 14:00 | <b>Lunch Break</b>                                                                                                                                                                                                                                                              |
| 14:00 – 15:00 | Ultrasound Live Demonstration of all the blocks<br>(Head, Neck, Upper Limb, Thorax, Abdomen, Pelvis, Lower Limb Lumbar Spine, Sacrum)                                                                                                                                           |
| 15:00 – 15:30 | Cancer Pain Management– Updates                                                                                                                                                                                                                                                 |
| 15:30 – 16:00 | Peripheral Neuromodulation– How do I do it?                                                                                                                                                                                                                                     |
| 16:00 – 16:30 | <b>Tea/Coffee Break</b>                                                                                                                                                                                                                                                         |
| 16:30 – 17:00 | Lumbar spine & Sacral procedures<br>(Low back & buttock pain management) <ul style="list-style-type: none"><li>• Caudal Epidural</li><li>• Sacro-iliac joint &amp; ligaments</li><li>• Piriformis muscle injection</li><li>• Lumbar Facet joint &amp; Medial Branches</li></ul> |
| 17:30 – 17:45 | <b>Feedback &amp; Instructions for Day 2</b>                                                                                                                                                                                                                                    |



# DAY 2

## LEICESTER MASTERCLASS ON INTERVENTIONAL PAIN MANAGEMENT & NEUROMODULATION

**7:45 – 8:00**      **Registration & Refreshments**

**8:00 – 8:30**      **How to prepare for Ultrasound Certification Examinations?**

*Certification in interventional pain ultrasonography (CIPS Exam)*

- Exam structure
- Communication, Knowledge and Skills
- Exam technique
- Clinical Examination Videos

**8:30 – 9:00**      **Block Replay session**

**9:00 – 10:00**      **Station 1**

**10:00 – 10:30**      **Tea/ Coffee Break**

**10:30 – 11:30**      **Station 2**

**11:30 – 12:30**      **Station 3**

**11:30 – 12:30**      **Lunch Break**

**13:15 – 14:15**      **Station 4**

**14:15 – 15:15**      **Station 5**

**15:15 – 15:30**      **Tea/ Coffee Break**

**15:30 – 16:30**      **Station 6**

**16:30 – 17:30**      **Station 7**

**17:30 – 17:45**      **Feedback and Closure**

### Head, Neck, Cervical Spine

Cervical Medial Branch, Cervical Nerve roots, GON, Cervical Sympathetic Chain, Maxillary nerve, supra orbital, infra orbital, mental nerve

### Lumbar Area, Pelvis & Abdomen

Lumbar Facet joint, Medial Branches, Caudal, Sacro-iliac joint, Piriformis, Pudendal Nerve, Ilio-inguinal, Ilio-hypogastric and Genitofemoral, QLB, Rectus sheath, TAP

### Thoracic Region

Thoracic Facet, Costo-Transverse joint, Intercostal Nerve, Paravertebral Space and Erector Spinae Plane (ESP)

### Shoulder

Shoulder joint, AC Joint, Long Head of Biceps, SASD bursa, Supra-scapular Nerve, Axillary nerve, articular branches to shoulder joint RF

### Elbow, forearm & Wrist

Medial and Lateral elbow, Ulnar nerve, Cubital tunnel, Carpal tunnel, MCP joint

### Hip

Hip joint, Greater Trochanter complex, Iliopsoas bursa and tendon, IT Band, Lateral Femoral Cutaneous Nerve, Articular branches of femoral, obturator and accessory obturator nerve RF

### Knee, Ankle & Foot

Knee joint, Genicular nerves RF, Ankle joint, Tarsal tunnel, Plantar Fascia

# MASTERCLASS FACULTY

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