



DUBAI

6TH INTERNATIONAL WORKSHOP ON JOINT, MSK & SPINAL INTERVENTIONAL PAIN MANAGEMENT

(Hands on workshop for Ultrasound Guided Joint, MSK,
Spine Injections, Denervation & Regenerative Medicine)

CME Credits:

14

(Approval Sought)

WORKSHOP HIGHLIGHTS :

- > 'Ultrasound Simplified' - Step by Step Hands on Workshop
- > Joint injections, & MSK Injections
- > Spinal injections - Caudal Epidural, Sacroiliac Joint, Cervical, Thoracic & Lumbar Facet joint injections
- > Knee, Shoulder & Hip joint Denervations
- > Regenerative Medicine
- > Advanced Spinal Interventions (Racz Catheter Epidurolysis, PLDD, Disc procedures)
- > Needling on high fidelity ultrasound simulator for joints and spinal injections

25th & 26th October 2025

TARABICHI HEALTHCARE EDUCATION CENTRE, DUBAI

Register on : www.bookcpd.com



DAY 1

08:00 – 08:30 Registration & Refreshments

08:30 – 09:00 Introduction

09:00 – 9:30 Upper Limb MSK pain procedures

(Shoulder, Elbow, Hand & wrist pain management blocks)

- * Shoulder- Bicep Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve
- * Elbow- Medial and Lateral Elbow
- * Wrist & hand -Carpal Tunnel & Trigger finger

09:30-10:00 Lower Limb MSK pain procedures

(Hip, Knee, Ankle & foot interventional pain procedures)

- * Hip- Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve
- * Knee- Knee joint injection
- * Ankle- Tibio-talar joint, Tarsal Tunnel
- * Plantar fascia

10:00 – 10:30 Tea/ Coffee Break

10:30 – 11:00 Cervical Spine Procedures using Ultrasound Guidance

(Procedures for Neck pain management)

- * Cervical Facet and Cervical Medial Branches, TON
- * Cervical Nerve roots
- * Cervical Sympathetic chain

11:00 – 11:15 Thoracic Spine procedures using Ultrasound Guidance

(Procedures for Thoracic spine and Chest wall pain management)

- * Thoracic Facets, Costotransverse joint
- * Thoracic Paravertebral
- * Intercostal Nerve & Erector spinae plane block

11.15- 11.30 Radiofrequency & Cryoneurolysis for Pain Management

11:30 – 11:50 How to manage Chronic Shoulder Joint Pain?

Role of Shoulder Joint Denervation (Radio frequency/ Cryoneurolysis)

11:50 – 12:10 How to manage Acute post operative & Chronic Knee Joint Pain?

Role of Knee Joint Denervation (Radio frequency/ Cryoneurolysis)

12:10 – 12:30 How to manage Chronic Hip Joint Pain?

Role of Hip Joint Denervation/ Interventions (Radio frequency/ Cryoneurolysis)

12:30 – 13:00 Regenerative Medicine in Pain Management

13:00 – 14:00. Lunch Break

DAY 1

14:00 – 15:30 Ultrasound Live Demonstration of all the blocks (Demo only)
(Head, Neck, Upper Limb, Thorax, Abdomen, Pelvis, Lower Limb
Lumbar Spine, Sacrum)

15:30 – 16:00 Advanced Spinal Interventional Pain Management Modalities
* PLDD- percutaneous laser disc decompression,
* Racz Epiduroplasty

16:00 – 16:30 Tea/Coffee Break

16:30 – 17:00 Lumbar spine & Sacral procedures using Ultrasound Guidance
(Low back & buttock pain management)

- * Caudal Epidural
- * Sacro-iliac joint & ligaments
- * Piriformis muscle injection
- * Lumbar Facet joint & Medial Branches

17:00– 17:30– Advanced Spinal Interventions– Racz catheter epidurolysis, PLDD

17:30 – 17:45 Feedback & Instructions for Day 2

DAY 2

LIVE MODEL SCANNING HANDS ON WORKSHOP & NEEDLING ON HIGH FIDELITY ULTRASOUND SIMULATORS

07:45-08:00-Registration & Refreshments

8:00-9:00- Block Replay Session- commonly performed ultrasound guided procedures
(Joints & MSK Injections, Peripheral Nerve blocks, Cervical spine, Thoracic, Lumbar Spine
interventions & Joint Denervation using Ultrasound)

09:00-10:00- Station 1

10:00- 10:30- Tea/ Coffee Break

10:30-11:30- Station 2

11:30-12:30- Station 3

12:30-13:15- Lunch Break

13:15-14:15- Station 4

14:15-15:15- Station 5

15:15-15:30- Tea/ Coffee Break

15:30-16:30-Station 6

16:30-17:30-Station 7

17:30-17:45- Feedback and Closure

PROCEDURES COVERED

Upper Limb MSK pain procedures (Shoulder, Elbow, Hand & wrist pain blocks)

- * Shoulder- Bicep Tendon, AC Joint, SASD Bursa, Suprascapular Nerve, Shoulder joint injection
- * Elbow- Medial and Lateral Elbow
- * Wrist-Carpal Tunnel & Trigger finger
- * Shoulder joint RF

Lower Limb MSK pain procedures (Hip, Knee, Ankle & foot interventional pain procedures)

- * Hip- Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve, hip articular branches
- * Knee- Knee joint, Saphenous nerve, knee articular branches
- * Ankle- Tibio-talar joint, Tarsal Tunnel & Plantar fascia
- * Hip & Knee Joint RF

Cervical Spine Procedures (Procedures for Neck pain management)

- * Cervical Facet and Cervical Medial Branches, TON
- * Cervical Nerve roots
- * Greater Occipital Nerve

Thoracic Spine procedures (Procedures for Thoracic spine and Chest wall pain management)

- * Thoracic Facets
- * Costotransverse joint
- * Intercostal Nerve & Erector Spinae Plane (ESP) block

Lumbar spine & Sacral procedures (Low back & buttock pain management)

- * Caudal Epidural
- * Sacro-iliac joint & ligaments
- * Piriformis muscle injection
- * Lumbar Facet joint & Medial Branches

MASTERCLASS FACULTY

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