



6TH INTERNATIONAL WORKSHOP ON JOINT, MSK & SPINAL INTERVENTIONAL PAIN MANAGEMENT

(Hands on workshop for Ultrasound Guided Joint, MSK,
Spine Injections, Denervation & Regenerative Medicine)



25th & 26th October 2025

Day 1

08:00 - 08:30 Registration & Refreshments

08:30 - 09:00 Introduction

**09:00 - 9:30 Upper Limb MSK pain procedures- Dr Sadiq Bhayani
(Shoulder, Elbow, Hand & wrist pain management blocks)**

- Shoulder- Bicep Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve
- Elbow- Medial and Lateral Elbow
- Wrist & hand -Carpal Tunnel & Trigger finger

**09:30-10:00 Lower Limb MSK pain procedures- Dr Rahul Bhansali
(Hip, Knee, Ankle & foot interventional pain procedures)**

- Hip- Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve
- Knee- Knee joint injection
- Ankle- Tibio-talar joint, Tarsal Tunnel
- Plantar fascia

10:00 - 10:30 Tea/ Coffee Break

**10:30 - 11:00 Cervical Spine Procedures using Ultrasound Guidance
(Procedures for Neck pain management)- Dr Giuliano Lo Bianco**

- Cervical Facet and Cervical Medial Branches, TON
- Cervical Nerve roots
- Cervical Sympathetic chain

**11:00 - 11:15 Thoracic Spine procedures using Ultrasound Guidance-
Dr Shravan Thirunagari
(Procedures for Thoracic spine and Chest wall pain management)**

- Thoracic Facets, Costotransverse joint
- Thoracic Paravertebral
- Intercostal Nerve & Erector spinae plane block

**11.15- 11.30- Radiofrequency & Cryoneurolysis for Pain Management
Dr Sadiq Bhayani**

**11:30 - 11:50 How to manage Chronic Shoulder Joint Pain?
Dr Wiquar Ahmed**

**Role of Shoulder Joint Denervation
(Radio frequency/ Cryoneurolysis)**

**11:50 - 12:10 How to manage Acute post operative & Chronic Knee Joint Pain?
Dr Mohammed Elfekky
Role of Knee Joint Denervation
(Radio frequency/ Cryoneurolysis)**

**12:10 - 12:30 How to manage Chronic Hip Joint Pain?
Dr Ravi Kare
Role of Hip Joint Denervation/ Interventions
(Radio frequency/ Cryoneurolysis)**

**12:30 - 13:00 Regenerative Medicine in Pain Management
Dr Sharmila Tulpule,**

13:00 - 14:00. Lunch Break

**14:00 - 15:30 Ultrasound Live Demonstration of all the blocks (Demo only)
(Head, Neck, Upper Limb, Thorax, Abdomen, Pelvis, Lower Limb
Lumbar Spine, Sacrum) Dr Sadiq Bhayani**

**15:30 – 16:00 Advanced Spinal Interventional Pain Management Modalities
Dr Giuliano Lo Bianco**

- PLDD- percutaneous laser disc decompression,
- Racz Epiduroplasty

16:00 - 16:30 Tea/Coffee Break

**16:30 - 17:00 Lumbar spine & Sacral procedures using Ultrasound Guidance
(Low back & buttock pain management)**

Dr Tushar Munnoli

- Caudal Epidural
- Sacro-iliac joint & ligaments
- Piriformis muscle injection
- Lumbar Facet joint & Medial Branches

**17:00- 17:30- How to prepare for Ultrasound Certification
Examination? Dr Nindadini Shreshtha**

Certification in interventional pain ultrasonography (CIPS Exam)

- Exam structure
- Communication, Knowledge and Skills
- Exam technique
- Clinical Examination Videos

17:30 - 17:45 Feedback & Instructions for Day 1

Day 2- Live Model Scanning Hands on Workshop & Needling on High fidelity Ultrasound Simulators

07:45-08:00-Registration & Refreshments

8:00-9:00- Block Replay Session- commonly performed ultrasound guided procedures (Joints & MSK Injections, Peripheral Nerve blocks, Cervical spine, Thoracic, Lumbar Spine interventions & Joint Denervation using Ultrasound)

09:00-10:00- Station 1

10:00- 10:30- Tea/ Coffee Break

10:30-11:30- Station 2

11:30-12:30- Station 3

12:30-13:15- Lunch Break

13:15-14:15- Station 4

14:15-15:15- Station 5

15:15-15:30- Tea/ Coffee Break

15:30-16:30-Station 6

16:30-17:30-Station 7

17:30-17:45- Feedback and Closure

Procedures Covered

Upper Limb MSK pain procedures

(Shoulder, Elbow, Hand & wrist pain blocks)

- Shoulder- Bicep Tendon, AC Joint, SASD Bursa, Suprascapular Nerve, Shoulder joint injection
- Elbow- Medial and Lateral Elbow
- Wrist-Carpal Tunnel & Trigger finger
- Shoulder joint RF

Lower Limb MSK pain procedures

(Hip, Knee, Ankle & foot interventional pain procedures)

- Hip- Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve, hip articular branches
- Knee- Knee joint, Saphenous nerve, knee articular branches
- Ankle- Tibio-talar joint, Tarsal Tunnel & Plantar fascia
- Hip & Knee Joint RF

Cervical Spine Procedures

(Procedures for Neck pain management)

- Cervical Facet and Cervical Medial Branches, TON
- Cervical Nerve roots
- Greater Occipital Nerve

Thoracic Spine procedures

(Procedures for Thoracic spine and Chest wall pain management)

- Thoracic Facets
- Costotransverse joint
- Intercostal Nerve & Erector Spinae Plane (ESP) block

Lumbar spine & Sacral procedures

(Low back & buttock pain management)

- Caudal Epidural
- Sacro-iliac joint & ligaments
- Piriformis muscle injection
- Lumbar Facet joint & Medial Branches

Masterclass Faculty

Dr Rahul Bhansali

Consultant in Pain Medicine & Anaesthesia
Chesterfield Royal Hospital, Chesterfield, **United Kingdom (CIPS)**

Dr Giuliano Lo Bianco

Consultant in Pain Medicine & Anaesthesia
Chairman Italian Section World Institute of Pain
Fondazione Istituto G Giglio Cefalu, **Italy**

Dr Prit Anand Singh

Consultant in Pain Medicine & Anaesthesia
Changi General Hospital, **Singapore**

Dr Nindadini Shreshtha

Consultant in Pain Medicine & Anaesthesia
Tribhuvan University Teaching Hospital, Kathmandu, **Nepal**

Dr Mohamed Elfekky

Consultant Orthopaedic Surgeon, Tarabichi Health, Dubai, **UAE**

Dr Sharmila Tulpule,

Consultant Orthopaedic Surgeon & Interventional Orthobilogist
Saudi German Hospital, Dubai, **UAE**

Dr Mosbah Salem El Khodary

Consultant Orthopaedic Surgeon, Al Ain, **UAE**

Dr Haytham Elkhatib

Orthopaedic Surgeon, Dubai, **UAE**

Dr Shravan Tirunagari

Consultant in Pain Medicine & Anaesthesia,
Mediclinic, Dubai, **UAE**

Dr Wiquar Ahmed

Consultant in Pain Management
Bengaluru, **India (CIPS)**

Dr Sadiq Bhayani,

Consultant Staff Physician in Pain Management

Abu Dhabi, **UAE (CIPS)**

Dr Tushar Munnoli

Consultant in Pain Management

Bengaluru, **India (CIPS)**

Dr Naren Raj

Consultant in Pain Medicine & Anaesthesia

Tawam Hospital, Al Ain, **UAE**

Dr Ravi Kare

Consultant in Pain Medicine & Anaesthesia

Healthpoint Hospital, Abu Dhabi, **UAE**

Dr Jatin Dedhia,

Consultant Pain Medicine & Anaesthesia

Mubadala Health, Dubai, **UAE**

Dr Syed Abu Sayeed, Specialist Anaesthesia & Pain Management,

Al-Ain, **UAE (CIPS)**