



6TH INTERNATIONAL WORKSHOP ON JOINT, MSK & SPINAL INTERVENTIONAL PAIN MANAGEMENT

(Hands on workshop for Ultrasound Guided Joints, MSK,
Spine Injections, Denervations & Regenerative Medicine)

CME Credits:

14

(Approval Sought)

WORKSHOP HIGHLIGHTS :

- > 'Ultrasound Simplified' - Step by Step Hands on Workshop
- > Joint injections & MSK Injections
- > Spinal injections - Caudal Epidural, Sacroiliac Joint, Cervical, Thoracic & Lumbar Facet joint injections
- > Knee, Shoulder & Hip joint Denervations
- > Regenerative Medicine
- > Advanced Spinal Interventions (Racz Catheter Epidurolysis, PLDD, Disc procedures)
- > Needling on high fidelity ultrasound simulator for joints and spinal injections

25th & 26th October 2025

HYATT REGENCY, DUBAI CREEK HEIGHTS, DUBAI

Register on : www.bookcpd.com



DAY 1

14:00 – 15:30 Ultrasound Live Demonstration of all the blocks (Demo only)
(Head, Neck, Upper Limb, Thorax, Abdomen, Pelvis, Lower Limb
Lumbar Spine, Sacrum)

15:30 – 16:00 Advanced Spinal Interventional Pain Management Modalities
* PLDD- percutaneous laser disc decompression,
* Racz Epiduroplasty

16:00 – 16:30 Tea/Coffee Break

16:30 – 17:00 Lumbar spine & Sacral procedures using Ultrasound Guidance
(Low back & buttock pain management)

- * Caudal Epidural
- * Sacro-iliac joint & ligaments
- * Piriformis muscle injection
- * Lumbar Facet joint & Medial Branches

17:00 – 17:30 Feedback & Instructions for Day 2

DAY 2

LIVE MODEL SCANNING HANDS ON WORKSHOP & NEEDLING ON HIGH FIDELITY ULTRASOUND SIMULATORS

07:45-08:00-Registration & Refreshments

8:00-9:00- Block Replay Session- commonly performed ultrasound guided procedures
(Joints & MSK Injections, Peripheral Nerve blocks, Cervical spine, Thoracic, Lumbar Spine
interventions & Joint Denervation using Ultrasound)

09:00-10:00- Station 1

10:00- 10:30- Tea/ Coffee Break

10:30-11:30- Station 2

11:30-12:30- Station 3

12:30-13:15- Lunch Break

13:15-14:15- Station 4

14:15-15:15- Station 5

15:15-15:30- Tea/ Coffee Break

15:30-16:30-Station 6

16:30-17:30-Station 7

17:30-17:45- Feedback and Closure

PROCEDURES COVERED

Upper Limb MSK pain procedures (Shoulder, Elbow, Hand & wrist pain blocks)

- * Shoulder- Bicep Tendon, AC Joint, SASD Bursa, Suprascapular Nerve, Shoulder joint injection
- * Elbow- Medial and Lateral Elbow
- * Wrist-Carpal Tunnel & Trigger finger
- * Shoulder joint RF

Lower Limb MSK pain procedures (Hip, Knee, Ankle & foot interventional pain procedures)

- * Hip- Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve, hip articular branches
- * Knee- Knee joint, Saphenous nerve, knee articular branches
- * Ankle- Tibio-talar joint, Tarsal Tunnel & Plantar fascia
- * Hip & Knee Joint RF

Cervical Spine Procedures (Procedures for Neck pain management)

- * Cervical Facet and Cervical Medial Branches, TON
- * Cervical Nerve roots
- * Greater Occipital Nerve

Thoracic Spine procedures (Procedures for Thoracic spine and Chest wall pain management)

- * Thoracic Facets
- * Costotransverse joint
- * Intercostal Nerve & Erector Spinae Plane (ESP) block

Lumbar spine & Sacral procedures (Low back & buttock pain management)

- * Caudal Epidural
- * Sacro-iliac joint & ligaments
- * Piriformis muscle injection
- * Lumbar Facet joint & Medial Branches

MASTERCLASS FACULTY

Dr Rahul Bhansali

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