



DUBAI



Joint & Spine Interventional Pain Management Workshop 2025

Day 1

8.00-8.30- Registration

8.30-9.00- Welcome & Introduction

9.00-9.20 Basics of Radio-frequency- How does it work?

Needles & RF Generators

Speaker: Dr. Amit Verma (UAE)

9.20-9.40 Basics of Cryotherapy- How does it work?

Probes & Cryo-machine

Speaker: Dr. Igor Filipovski (Denmark)

9.40-10.10 How do I do it? Cervical & Thoracic Spine interventions (Fluoroscopy)

(Facet MBB, Facet Joint injection, Nerve Root Block, RF/ Cryo of Facet joints)

Speaker: Dr Nomen Azeem (USA)

10.10-10.40 How do I do it? Cervical & Thoracic Spine Interventions (Ultrasound)

(Facet MBB, Facet Joint injection, Nerve Root Block, RF/ Cryo of Facet joints)

Speaker: Dr Sadiq Bhayani (UAE)

10.40-11.00- Tea/Coffee break

11.00-11.30 How do I do it? Lumbar Spine & Sacral Interventions (Fluoroscopy)

(Lumbar Facet joint, MBB, SIJ, Caudal, RF & Cryo Facet joint & Sacroiliac Joint)

Speaker: Dr Nomen Azeem (USA)

11.30- 11.50 How do I do it? Lumbar Spine & Sacral Interventions (Ultrasound)

(Caudal, SIJ, Lumbar Facet Joint injection & Medial branch block)

Speaker: Dr Sadiq Bhayani (UAE)

11.50-12.10 Joint & MSK Injections- How do I do it?

(Knee, Shoulder, Hip & Bursae)

Speaker: Dr Sadiq Bhayani (UAE)

12.10- 12.30 Prolotherapy for Spine & Major joint pain management

Speaker: Dr Tony NG (Australia)

12.30- 12.50 Applied Anatomy pertaining to Major Joints Denervation

Knee, Hip and Shoulder- Old & New Targets

Speaker: Dr Sadiq Bhayani (UAE)

12.50- 13.10 How do I do it? Knee Joint articular branches block, RF & Cryotherapy

Speaker: Dr Igor Filipovski (Denmark)/ Dr Prit Anand Singh (Singapore)

13.10- 13.30 How do I do it? Hip Joint articular branches block, RF & Cryotherapy

Speaker: Dr. Sadiq Bhayani (UAE)

13.30- 14.30- Lunch break

14.30- 15.00 Live Demo of Ultrasound Guided Spinal Injections

(Cervical facet, Cervical Nerve roots, Thoracic facet, Sacroiliac joint, Caudal Epidural, Lumbar Facet)

15.00- 15.30 Live Demo of Ultrasound Guided Joint & MSK Injections

(Shoulder joint, AC Joint, Bicep tendon, Suprascapular nerve & Articular branches- Shoulder joint, Subacromial bursa, Knee joint, Genicular nerves, Hip joint, Greater trochanter bursa, Articular branches- Hip joint)

15.30-15.50 How do I do it? Shoulder Joint articular branches block, RF & Cryotherapy

Speaker: Dr Simao Serrano (Portugal)/ Dr Igor Filipovski (Denmark)

15.50-16.10- Tea/ Coffee Break

16.10 - 16.30 Cryotherapy & Pulsed RF for Peripheral Nerves

Speaker: Dr Rodney Gabriel (USA)/ Dr Sadiq Bhayani (UAE)

16.30- 17.00 How do I do it? Regenerative Medicine for MSK pain management

(PRP, Bone Marrow Aspirate Concentrate & Liposomes)

Speaker: Dr George Chang Chien (USA)

17.00- 17.30- Cryoablation for Spasticity Management

Speaker: Dr Jose Pereira (Luxembourg)

17.30- Q & A/ Closure

Day 2

Hands on scanning and procedures on high fidelity ultrasound simulators

8.00-8.30- Registration & Coffee

8.30- 9.30- Station 1

9.30-10.15- Station 2

10.15-10.45- Break/ Exhibits

10.45-11.30- Station 3

11.30-12.15- Station 4

12.15- 13.00- Station 5

13.00-14.00- Lunch Break

14.00-14.45- Station 6

14.45-15.30- Station 7

15.30-16.00- Break/ Exhibits

16.00-16.45- Station 8

16.45-17.30- Station 9

17.30- Feedback & Closure

Station 1

Knee Joint injection, Genicular nerve block- Diagnostic Block & Assessment
Live model scanning

Station 2

Knee Articular branches RF/ Cryotherapy- Needling on Simulators

Station 3

Hip Joint injection, GT Bursae, Articular branches- Diagnostic Block & Assessment
Live model scanning

Station 4

Hip Articular branches RF/ Cryotherapy- Needling on Simulators

Station 5

Shoulder Joint injection, ACJ, Bicep tendon, SASD, Suprascapular nerve block, Articular branches -Diagnostic Block & Assessment
Live model scanning

Station 6

Shoulder Articular branches RF & Cryotherapy- Needling on Simulators

Station 7 Cervical, Thoracic, Lumbar & Sacral Spine Injections

Live model scanning

Station 8- Cryotherapy for Spasticity & peripheral nerves

Live model scanning

Station 9- PRP for Joints & MSK pathologies

(Preparation & Injection technique for major joints)