



9-10 MAY 2025

3RD SPINE MSK ULTRASOUND & INTERVENTIONAL PAIN CONFERENCE

May 9, 2025 : Royal College of Physicians, London, UK

May 10, 2025 : King's College Guys Campus, London, UK

REGENERATION | DENERVATION | NEUROMODULATION
Interactive Lectures, Masterclass, Live Demonstrations
Hands on Scanning & Cadaveric Interventions

WORLD INSTITUTE OF PAIN, WIP
Approved preparatory course
Certified Interventional Pain Sonologist, CIPS Examination



CONTINUOUS PROFESSIONAL DEVELOPMENT
Applied for : European Accreditation Council For CME Credits
The Royal College Of Anaesthetists For CPD Points



World Institute of Pain
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BOARD OF EXAMINATION



To register, visit <https://www.painandneuromodulationlondon.com>
For additional information, please contact Mr. Ciaran Wazir at ciaranwazir@gmail.com

**Cutting Edge
Presentations**

**US Live Model
demonstrations**

**Live model
Hands on Scanning**

Cadaver Workshops

**WIP Endorsed
Preparatory
Course For
CIPS**

**Early Bird £650.00
LATE REGISTRATION £750.00**

Includes
Masterclass Lectures,
Live model scanning
stations
cadaver workshops

Programme Schedule

Day 1

09 MAY 2025

Location: Dorchester Library, The Royal College of Physicians, London NW1 4LE, UK

08:00 - 08:30

- **Registration**

08:30 - 10:10

- **Session 1**
- **Introduction & Keynote Lectures | Session Chair: Dr Graham Simpson (20 minutes each)**
 - Opening Remarks, Introductions & CIPS Examinations**
 - *Speaker:* Dr Raja Reddy
 - Medical Ozone Therapy in Pain Medicine**
 - *Speaker:* Dr Tolga Ergonenc
 - Regenerative Therapies, Ortho Biologics in Pain Medicine**
 - *Speaker:* Prof Anan Shetty
 - Radiofrequency Denervation for Major Joint Osteoarthritis**
 - *Speaker:* Dr Raja Reddy
 - Peripheral Neuromodulation**
 - *Speaker:* Dr Amar Salti

10:10 - 10:40

- **Coffee/Tea Break & Exhibition**

10:40 - 12:40

- **Session 2**
- **Live Demonstration | Session Chair: Dr Ann Katrin-Fritz (15 minutes each)**
 - Ultrasound Procedures of Cervical Spine**
 - *Speaker:* Dr Christ Declerck
 - Ultrasound Procedures of Shoulder**
 - *Speaker:* Dr Raja Reddy
 - Ultrasound Procedures of Elbow & Wrist**
 - *Speaker:* Dr Ismael Atchia
 - Ultrasound Procedures of Thoracic & Lumbar Sacral Spine**
 - *Speaker:* Dr Victor Silva
 - Ultrasound Procedures of Hip**
 - *Speaker:* Dr Anand Murugesan
 - Ultrasound Procedures of Knee**
 - *Speaker:* Dr Graham Simpson

g. **Ultrasound Procedures of Ankle & Foot**

- *Speaker:* Dr Edward Williams

h. **Ultrasound Procedures of Pelvis**

- *Speaker:* Dr Gustavo Fabregat

12:40 - 13:40

- **Lunch Break & Exhibition**

13:40 – 16:40

USG | Live model workshop

- Delegates will be allocated to Track A and Track B **(40 minutes each)**
- **Track A (RED BRACELET):** Rotates between Station 1A, 2A, 3A & 4A
- **Track B (BLUE BRACELET):** Rotates between Station 1B, 2B, 3B & 4B

Track A (Red Bracelet)	Track B (Blue Bracelet)
Station 1A: Cervical spine Dr Christ Declerck & Dr Ann Katrin-Fritz	Station 1B: Cervical spine Dr Gustavo Fabregat & Dr Hadi Bedran
Station 2A: Shoulder Dr Raja Reddy & Dr Ramy Mottaleb	Station 2B: Shoulder Dr Tolga Ergonenc & Dr Pranab Kumar
Station 3A: Elbow & Wrist Dr Ismael Atchia & Dr Stephen Thompson	Station 3B: Elbow & Wrist Dr Edward Williams & Dr Graham Simpson
Station 4A: Thoracic & Lumbar Sacral Spine Dr Victor Silva & Dr Mahesh Palanisamy	Station 4B: Thoracic & Lumbar Sacral Spine Dr Amar Salti & Dr Anand Murugesan

13:40 - 15:00

- **Session 3**
- **Hands-On Scan by Delegates, Live Model | Session Chair:** Dr Victor Silva
(40 minutes each station) [2 Rounds]

15:00 – 15:30

- **Coffee/Tea Break & Exhibition**

15:30 - 16:40

- **Session 4**
- **Hands-On Scan by Delegates, Live Model | Session Chair:** Dr Tolga Ergonenc
(40 minutes each station) [2 Rounds]

16:40

- **Q & A, Day 1 Closure**

Day 2

10 MAY 2025

Location: Science Gallery, King's College London, Guy's Campus, London SE1 9GU, UK

08:00 – 08:30

- Registration & Cadaver Lab Instructions

08:30 – 09:50

- Session 5
- Interesting therapies in Pain Medicine | Session Chair: Dr Raja Reddy (20 minutes each)
 - a. Ultrasound Guided Trigeminal Peripheral Blocks
 - Speaker: Dr Victor Silva
 - b. Cryoanalgesia in Pain Medicine
 - Speaker: Dr Mahesh Palanisamy
 - c. Ultrasound Guided Micro Endoscopy
 - Speaker: Dr Amar Salti
 - d. High-Intensity Focused Ultrasound and Chronic Pain
 - Speaker: Dr Gustavo Fabregat

09:50 – 10:20

- Coffee/Tea Break & Exhibition

10:20 - 16:50

USG Live model & Cadaver needling workshop

Live model	Cadaver
Station 1: Hip, Live model Dr Pranab Kumar & Dr Ramy Mottaleb	Station 5: Cadaver Lateral {C Spine & Shoulder} Dr Tolga Ergonenc & Dr Christ Declerck
Station 2: Knee, Live model Dr Graham Simpson & Dr Ann Katrin-Fritz	Station 6: Cadaver Supine {Upper Limb} Dr Amar Salti & Dr Edward Williams
Station 3: Ankle/Foot, Live model Dr Ismael Atchia & Dr Stephen Thompson	Station 7: Cadaver Supine {Lower Limb} Dr Anand Murugesan & Prof Anan Shetty
Station 4: Pelvis, Live model Dr Gustavo Fabregat & Dr Mahesh Palanisamy	Station 8: Cadaver prone {L Spine & Pelvis} Dr Victor Silva & Mr Imran Rafiq

- All delegates will rotate to both **LIVE MODEL** Stations 1, 2, 3 & 4 and **CADAVER NEEDLING** Stations 5, 6, 7 & 8 **(40 minutes each)**
- **Faculty Swap:**
 - Station 1 to Station 5
 - Station 2 to Station 6
 - Station 3 to Station 7
 - Station 4 to Station 8

10:20 - 12:20

- **Session 6**
 - **Session Chair:** Dr Christ Declerck & Dr Pranab Kumar **(40 minutes each station)**
 - **Activities:**
 - Scanning on live models & Needle interventions on cadavers - **3 rounds**
 - Delegates rotate between Station 1 to Station 8

12:20 - 13:20

- **Lunch Break**

13:20 - 15:20

- **Session 7**
 - **Session Chair:** Dr Ramy Mottaleb & Dr Anand Murugesan **(40 minutes each station)**
 - **Activities:**
 - Scanning on live models & Needle interventions on cadavers - **3 rounds**
 - Delegates rotate between Station 1 to Station 8

15:20 - 15:50

- **Coffee/Tea Break**

15:50 - 16:50

- **Session 4**
 - **Session Chair:** Dr Amar Salti & Dr Mahesh Palanisamy **(40 minutes each station)**
 - **Activities:**
 - Scanning on live models & Needle interventions on cadavers - **2 rounds**
 - Delegates rotate between Station 1 to Station 8

16:50 - 17:00

- **CME Certificates, Feedback & Conference Closure**
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Ultrasound Station	Learning Objectives
CERVICAL SPINE	Cervical C2/C3 facet & third occipital nerve, Cervical facet medial branches biplanar, Cervical selective nerve roots, Inferior oblique muscle, Greater occipital nerve, Longus coli & Cervical sympathetic
SHOULDER	Long head of biceps, Subscapularis, Rotator cu tendons, Subdeltoid subacromial bursa, Acromio clavicular joint, Glenohumeral joint, Suprascapular & Axillary nerves
ELBOW	Lateral epicondyle & common extensor tendon, Radial & posterior interosseus nerves, Medial epicondyle & common flexor tendon, Cubital canal & ulnar nerve
WRIST	Flexor tendons, Scaphoid & flexor carpi radialis, Carpal tunnel & median nerve, Guyan's canal & ulnar nerve, Extensor tendons & Scapholunate ligament
THORACIC & LUMBO-SACRAL SPINE	Thoracic facets, Intercostal nerves, Lumbar facet & medial branches, Superior cluneal nerves, Sacro iliac joint, Sacral foramina & Caudal epidural
HIP	Hip joint & Ilio psoas, ASIS, Sartorius, Tensor fascia lata & Lateral femoral cutaneous nerve, Femoral & Saphenous nerves, Obturator nerve & adductors, Ilio tibial band, Gluteal tendons & bursae
KNEE	Quadriceps & patellar tendons, Suprapatellar recess, Lateral collateral ligament & lateral menisci, Medial collateral ligament & medial menisci, Pes anserinus & Genicular nerves
ANKLE & FOOT	Tibialis posterior, Tarsal tunnel & posterior tibial nerve, TA, EDL & Deep peroneal nerve, Anterior tibiotalar joint, Peroneus muscles & Superficial peroneal nerves, Achilles tendon & Plantar fascia
PELVIS	Gluteal muscles & Superior gluteal nerve, Piriformis & Lumbo-sacral plexus, Ischial spine, Sacral ligaments & Pudendal nerve, Obturator internus & Alcock's canal

Faculty

<p>Dr Amar Salti MD Consultant Anaesthetist & Pain Physician Cleveland Clinics, Abu Dhabi, UAE</p>	<p>Mr Imran Rafiq MS MRCS FRCS Consultant Spinal Surgeon Medway Maritime Hospital, Kent, UK</p>
<p>Dr Ann-Katrin Fritz MD FRCA FFPMRCA FIPP CIPS Consultant: Anaesthesia & Pain Medicine Norfolk & Norwich University Hospitals, UK</p>	<p>Dr Ismael Atchia MD MRCP FRCP Consultant Rheumatologist Northumbria Healthcare NHS Trust, UK</p>
<p>Prof Ananthram Shetty MS MRCS FRCS Consultant Orthopaedic Surgeon Spire Alexandra Hospital, Kent, UK</p>	<p>Dr Mahesh Palanisamy MD FCAI FRCPC FIPP CIPS Staff Specialist in Anaesthesia & Pain Medicine McMaster's Health Centre, Hamilton, Canada</p>
<p>Dr Anand Murugesan MD FIPP CIPS Consultant Anaesthetist & Pain Physician Apollo Hospitals, Chennai, India</p>	<p>Dr Pranab Kumar FRCA FFPMRCA FRCPC FIPP CIPS Staff Specialist in Anaesthesia & Pain Medicine University Health Network, Toronto, Canada</p>
<p>Dr Christ Declerck MD FIPP CIPS Consultant: Pain Medicine Medical Director, bvba, Izegem, Belgium</p>	<p>Dr Raja Reddy MD FRCA FFPMRCA FIPP CIPS Consultant: Anaesthesia & Pain Medicine Medway Maritime Hospital, Kent, UK</p>
<p>Dr Edward William MRCS MRCGP MFSEM General Physician & MSK Sonographer Ascot Medical Centre, Windsor, UK</p>	<p>Dr Ramy Mottaleb MD FRCA FFPMRCA Consultant: Anaesthesia & Pain Medicine Royal National Orthopaedic Hospital, Stanmore, UK</p>
<p>Dr Graham Simpson MD MRCP FRCA FFPMRCA Consultant, Anaesthesia & Pain Medicine Royal Devon & Exeter NHS Trust, UK</p>	<p>Dr Stephen Thompson Consultant: Sports, Exercise & MsK Medicine Kent Institute of Medicine & Surgery, UK</p>
<p>Dr Gustavo Fabregat Cid MD PhD FIPP ESRA-DPM Consultant Pain Physican General University Hospital, Valencia, Spain</p>	<p>Dr Tolga Ergonenc MD Consultant: Anaesthesia & Intensive care Akyazi Hospital, Turkey</p>
<p>Dr Hadi Bedran MD FRCA FFPMRCA Consultant Pain Physician St George's University Hospitals, London, UK</p>	<p>Dr Victor Silva MD FIPP CIPS Consultant Pain Physician Zambrano Hellion Medical Centre, Mexico</p>