



9-10 MAY 2025

3RD SPINE MSK ULTRASOUND & INTERVENTIONAL PAIN CONFERENCE

May 9, 2025 : Royal College of Physicians, London, UK

May 10, 2025 : King's College Guys Campus, London, UK

REGENERATION | DENERVATION | NEUROMODULATION
Interactive Lectures, Masterclass, Live Demonstrations
Hands on Scanning & Cadaveric Interventions

WORLD INSTITUTE OF PAIN, WIP
Approved preparatory course
Certified Interventional Pain Sonologist, CIPS Examination



CONTINUOUS PROFESSIONAL DEVELOPMENT
Applied for : European Accreditation Council For CME Credits
The Royal College Of Anaesthetists For CPD Points



World Institute of Pain
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To register, visit <https://www.painandneuromodulationlondon.com>

For additional information, please contact Mr. Ciaran Wazir at ciaranwazir@gmail.com

**Cutting Edge
Presentations**

**US Live Model
demonstrations**

**Live model
Hands on Scanning**

Cadaver Workshops

**WIP Endorsed
Preparatory
Course For
CIPS**

**Early Bird £650.00
LATE REGISTRATION £750.00**

Includes
Masterclass Lectures,
Live model scanning
stations
cadaver workshops

Programme Schedule

Day 1

09 MAY 2025

Location: Dorchester Library, The Royal College of Physicians, London NW1 4LE, UK

08:00 - 08:30

- **Registration**

08:30 - 10:10

- **Session 1**
- **Introduction & Keynote Lectures | Session Chair: Dr Graham Simpson (20 minutes each)**
 - Opening Remarks, Introductions & CIPS Examinations**
 - *Speaker:* Dr Raja Reddy
 - Medical Ozone Therapy in Pain Medicine**
 - *Speaker:* Dr Tolga Ergonenc
 - Regenerative Therapies, Ortho Biologics in Pain Medicine**
 - *Speaker:* Prof Anan Shetty
 - Radiofrequency Denervation for Major Joint Osteoarthritis**
 - *Speaker:* Dr Raja Reddy
 - Peripheral Neuromodulation**
 - *Speaker:* Dr Amar Salti

10:10 - 10:40

- **Coffee/Tea Break & Exhibition**

10:40 - 12:40

- **Session 2**
- **Live Demonstration | Session Chair: Dr Ann Katrin-Fritz (15 minutes each)**
 - Ultrasound Procedures of Cervical Spine**
 - *Speaker:* Dr Christ Declerck
 - Ultrasound Procedures of Shoulder**
 - *Speaker:* Dr Raja Reddy
 - Ultrasound Procedures of Elbow & Wrist**
 - *Speaker:* Dr Ismael Atchia
 - Ultrasound Procedures of Thoracic & Lumbar Sacral Spine**
 - *Speaker:* Dr Victor Silva
 - Ultrasound Procedures of Hip**
 - *Speaker:* Dr Anand Murugesan
 - Ultrasound Procedures of Knee**
 - *Speaker:* Dr Graham Simpson

g. **Ultrasound Procedures of Ankle & Foot**

- *Speaker:* Dr Edward Williams

h. **Ultrasound Procedures of Pelvis**

- *Speaker:* Dr Gustavo Fabregat

12:40 - 13:40

- **Lunch Break & Exhibition**

13:40 – 16:40

USG | Live model workshop

- Delegates will be allocated to Track A and Track B **(40 minutes each)**
- **Track A (RED BRACELET):** Rotates between Station 1A, 2A, 3A & 4A
- **Track B (BLUE BRACELET):** Rotates between Station 1B, 2B, 3B & 4B

Track A (Red Bracelet)	Track B (Blue Bracelet)
Station 1A: Cervical spine Dr Christ Declerck & Dr Ann Katrin-Fritz	Station 1B: Cervical spine Dr Gustavo Fabregat & Dr Hadi Bedran
Station 2A: Shoulder Dr Raja Reddy & Dr Ramy Mottaleb	Station 2B: Shoulder Dr Tolga Ergonenc & Dr Pranab Kumar
Station 3A: Elbow & Wrist Dr Ismael Atchia & Dr Stephen Thompson	Station 3B: Elbow & Wrist Dr Edward Williams & Dr Graham Simpson
Station 4A: Thoracic & Lumbar Sacral Spine Dr Victor Silva & Dr Mahesh Palanisamy	Station 4B: Thoracic & Lumbar Sacral Spine Dr Amar Salti & Dr Anand Murugesan

13:40 - 15:00

- **Session 3**
- **Hands-On Scan by Delegates, Live Model | Session Chair:** Dr Victor Silva
(40 minutes each station) [2 Rounds]

15:00 – 15:30

- **Coffee/Tea Break & Exhibition**

15:30 - 16:40

- **Session 4**
- **Hands-On Scan by Delegates, Live Model | Session Chair:** Dr Tolga Ergonenc
(40 minutes each station) [2 Rounds]

16:40

- **Q & A, Day 1 Closure**

Day 2

10 MAY 2025

Location: Science Gallery, King's College London, Guy's Campus, London SE1 9GU, UK

08:00 – 08:30

- Registration & Cadaver Lab Instructions

08:30 – 09:50

- Session 5
- Interesting therapies in Pain Medicine | Session Chair: Dr Raja Reddy (20 minutes each)
 - a. Ultrasound Guided Trigeminal Peripheral Blocks
 - Speaker: Dr Victor Silva
 - b. Cryoanalgesia in Pain Medicine
 - Speaker: Dr Pranab Kumar
 - c. Ultrasound Guided Micro Endoscopy
 - Speaker: Dr Amar Salti
 - d. High-Intensity Focused Ultrasound and Chronic Pain
 - Speaker: TBC

09:50 – 10:20

- Coffee/Tea Break & Exhibition

10:20 - 16:50

USG Live model & Cadaver needling workshop

Live model	Cadaver
Station 1: Hip, Live model Dr Pranab Kumar & Dr Ramy Mottaleb	Station 5: Cadaver Lateral {C Spine & Shoulder} Dr Tolga Ergonenc & Dr Christ Declerck
Station 2: Knee, Live model Dr Graham Simpson & Dr Ann Katrin-Fritz	Station 6: Cadaver Supine {Upper Limb} Dr Amar Salti & Dr Edward Williams
Station 3: Ankle/Foot, Live model Dr Ismael Atchia & Dr Stephen Thompson	Station 7: Cadaver Supine {Lower Limb} Dr Anand Murugesan & Prof Anan Shetty
Station 4: Pelvis, Live model Dr Gustavo Fabregat & Dr Mahesh Palanisamy	Station 8: Cadaver prone {L Spine & Pelvis} Dr Victor Silva & Mr Imran Rafiq

- All delegates will rotate to both **LIVE MODEL** Stations 1, 2, 3 & 4 and **CADAVER NEEDLING** Stations 5, 6, 7 & 8 **(40 minutes each)**
- **Faculty Swap:**
 - Station 1 to Station 5
 - Station 2 to Station 6
 - Station 3 to Station 7
 - Station 4 to Station 8

10:20 - 12:20

- **Session 6**
 - **Session Chair:** Dr Christ Declerck & Dr Pranab Kumar **(40 minutes each station)**
 - **Activities:**
 - Scanning on live models & Needle interventions on cadavers - **3 rounds**
 - Delegates rotate between Station 1 to Station 8

12:20 - 13:20

- **Lunch Break**

13:20 - 15:20

- **Session 7**
 - **Session Chair:** Dr Ramy Mottaleb & Dr Anand Murugesan **(40 minutes each station)**
 - **Activities:**
 - Scanning on live models & Needle interventions on cadavers - **3 rounds**
 - Delegates rotate between Station 1 to Station 8

15:20 - 15:50

- **Coffee/Tea Break**

15:50 - 16:50

- **Session 4**
 - **Session Chair:** Dr Amar Salti & Dr Mahesh Palanisamy **(40 minutes each station)**
 - **Activities:**
 - Scanning on live models & Needle interventions on cadavers - **2 rounds**
 - Delegates rotate between Station 1 to Station 8

16:50 - 17:00

- **CME Certificates, Feedback & Conference Closure**
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Ultrasound Station	Learning Objectives
CERVICAL SPINE	Cervical C2/C3 facet & third occipital nerve, Cervical facet medial branches biplanar, Cervical selective nerve roots, Inferior oblique muscle, Greater occipital nerve, Longus coli & Cervical sympathetic
SHOULDER	Long head of biceps, Subscapularis, Rotator cu tendons, Subdeltoid subacromial bursa, Acromio clavicular joint, Glenohumeral joint, Suprascapular & Axillary nerves
ELBOW	Lateral epicondyle & common extensor tendon, Radial & posterior interosseus nerves, Medial epicondyle & common flexor tendon, Cubital canal & ulnar nerve
WRIST	Flexor tendons, Scaphoid & flexor carpi radialis, Carpal tunnel & median nerve, Guyan's canal & ulnar nerve, Extensor tendons & Scapholunate ligament
THORACIC & LUMBO-SACRAL SPINE	Thoracic facets, Intercostal nerves, Lumbar facet & medial branches, Superior cluneal nerves, Sacro iliac joint, Sacral foramina & Caudal epidural
HIP	Hip joint & Ilio psoas, ASIS, Sartorius, Tensor fascia lata & Lateral femoral cutaneous nerve, Femoral & Saphenous nerves, Obturator nerve & adductors, Ilio tibial band, Gluteal tendons & bursae
KNEE	Quadriceps & patellar tendons, Suprapatellar recess, Lateral collateral ligament & lateral menisci, Medial collateral ligament & medial menisci, Pes anserinus & Genicular nerves
ANKLE & FOOT	Tibialis posterior, Tarsal tunnel & posterior tibial nerve, TA, EDL & Deep peroneal nerve, Anterior tibiotalar joint, Peroneus muscles & Superficial peroneal nerves, Achilles tendon & Plantar fascia
PELVIS	Gluteal muscles & Superior gluteal nerve, Piriformis & Lumbo-sacral plexus, Ischial spine, Sacral ligaments & Pudendal nerve, Obturator internus & Alcock's canal

Faculties

Dr Amar Salti MD Consultant Anaesthetist & Pain Physician Cleveland Clinics, Abu Dhabi, UAE	Mr Imran Rafiq MS MRCS FRCS Consultant Spinal Surgeon Medway Maritime Hospital, Kent, UK
Dr Ann - Katrin Fritz MD FRCA FFPMRCA FIPP CIPS Consultant: Anaesthesia & Pain Medicine Norfolk & Norwich University Hospitals, UK	Dr Ismael Atchia MD MRCP FRCP Consultant Rheumatologist Northumbria Healthcare NHS Trust, UK
Prof Ananthram Shetty MS MRCS FRCS Consultant Orthopaedic Surgeon Spire Alexandra Hospital, Kent, UK	Dr Mahesh Palanisamy MD FCAI FRCPC FIPP CIPS Staff Specialist in Anaesthesia & Pain Medicine McMaster's Health Centre, Hamilton, Canada
Dr Anand Murugesan MD FIPP CIPS Consultant Anaesthetist & Pain Physician Apollo Hospitals, Chennai, India	Dr Pranab Kumar FRCA FFPMRCA FRCPC FIPP CIPS Staff Specialist in Anaesthesia & Pain Medicine University Health Network, Toronto, Canada
Dr Christ Declerck MD FIPP CIPS Consultant: Pain Medicine Medical Director, bvba, Izegem, Belgium	Dr Raja Reddy MD FRCA FFPMRCA FIPP CIPS Consultant: Anaesthesia & Pain Medicine Medway Maritime Hospital, Kent, UK
Dr Edward William MRCS MRCGP MFSEM General Physician & MSK Sonographer Ascot Medical Centre, Windsor, UK	Dr Ramy Mottaleb MD FRCA FFPMRCA Consultant: Anaesthesia & Pain Medicine Royal National Orthopaedic Hospital, Stanmore, UK
Dr Graham Simpson MD MRCP FRCA FFPMRCA Consultant, Anaesthesia & Pain Medicine Royal Devon & Exeter NHS Trust, UK	Dr Stephen Thompson Consultant: Sports, Exercise & MsK Medicine Kent Institute of Medicine & Surgery, UK
Dr Gustavo Fabregat Cid MD Consultant Pain Physican General University Hospital, Valencia, Spain	Dr Tolga Ergonenc MD Consultant: Anaesthesia & Intensive care Akyazi Hospital, Turkey
Dr Hadi Bedran MD FRCA FFPMRCA Consultant Pain Physician St George's University Hospitals, London, UK	Dr Victor Silva MD FIPP CIPS Consultant Pain Physician Zambrano Hellion Medical Centre, Mexico