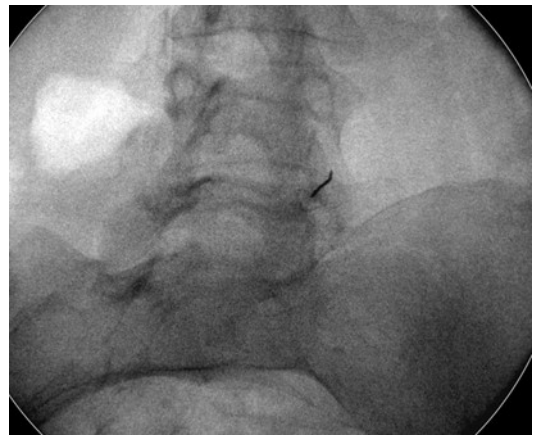
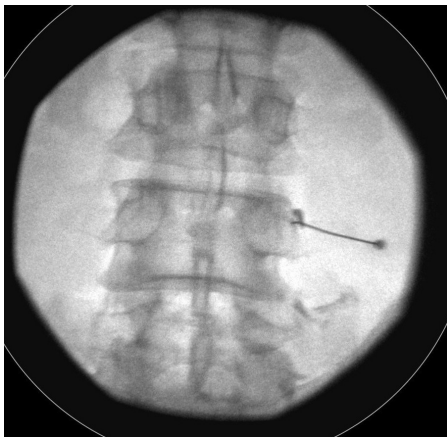




ABERDEEN INTERVENTIONAL PAIN WORKSHOP

Dates:
May 29–30, 2025

Venue:
Suttie Centre
University of Aberdeen
Foresterhill, Aberdeen
United Kingdom



LOW BACK PAIN WORKSHOP

Places Limited.
Places will only be confirmed
upon receipt of Registration form
and Course fee.



ABERDEEN PAIN
WORKSHOP

Pain Clinic
Aberdeen Royal Infirmary
Foresterhill
Aberdeen AB25 2ZN
United Kingdom

Is this right workshop for me?

- * I am a practicing pain physician/surgeon and would like to master the techniques of lumbar radiofrequency denervation
- * I am an advanced pain trainee/surgical fellow currently learning interventional pain techniques
- * I would like to learn sacroiliac joint diagnostic blocks and denervation techniques.
- * I would like to learn cryoanalgesia/cryoablation procedures
- * I am interested in Basivertebral Nerve Ablation Procedure
- * I would like to learn Ultrasound guided injection/RF techniques for low back pain

If your answer is 'yes' to any one of the above statements, you should consider

attending our workshop.

Description

This course is spread over a period of 2 days. It provides lectures, live demonstration, hands-on training with cadavers and question and answer sessions. With small group sessions, the course provides ideal opportunity for participants to improve their techniques as well as improve knowledge about patient selection and subsequent outcomes while treating low back

Organisers

Dr S Kanakarajan

Aberdeen Royal Infirmary

Dr R Nagaraja

Aberdeen Royal Infirmary

Faculty

Dr M. Ambrock

Wolfsburg, Germany

Dr N Evans

Bucks Healthcare NHS Trust

Dr A Krol

St George's Univ. Hospital, London

Dr R Rapcan

EuroPainClinics, Czech Republic

Dr H Mutagi

Queen Elizabeth Hospital,

Birmingham

Dr M Sinha

King's College Hospital, London

Prof S Parson

University of Aberdeen

Aims

By providing participants with information and hands-on skills training, the workshop aims to improve the overall patient care in the treatment of low back pain. By the end, participants should be able to

- * Discuss the relevant anatomy for lumbar facet and SI joints and their nerve supply
- * Identify the radiological anatomy for undertaking procedures
- * Demonstrate the appropriate techniques for the diagnostic blocks
- * Demonstrate the appropriate technique for lumbar facet and sacroiliac joint denervation
- * Understand the use of ultrasound in low back pain interventions

Programme

Thursday, 29 May 2025—Lectures & Live Surgery

Venue: Suttie Centre, Foresterhill, Aberdeen, AB24 3HF

09.45-10.00 – Welcome and Introduction. Dr S. Kanakarajan

10.00-10.30 – Anatomy for Blocks, Lumbar & SI Joint Denervation Prof S. Parson

10.30-12.00 – Lumbar facet joint denervation (Live Surgery) Dr R.Nagaraja/Dr H. Mutagi

12.00-12.15 – Tea/Coffee Break

12:15-12:45 – Evidence and Complications of RF Procedures – Dr S. Kanakarajan

12.45-13.15 – Cryoanalgesia/Cryoablation – Dr M. Ambrock

13.15-14.15 – Lunch

14.15-15.45 – Sacroiliac Joint RF (Live Surgery) – Dr N. Evans

15.45-16.00 – Tea/Coffee Break

16.00-16.30 – Basivertebral Nerve Ablation –Dr M. Sinha

16.30-17.00 – USG Interventions for Low Back Pain: Interaction Lecture – Dr A. Krol

Programme

Friday, 30 May 2025—Hands-on Workshops

Venue:	Wet room, Department of Anatomy, Third Floor, Suttie Centre, Foresterhill, Aberdeen, AB24 3HF
08:45-09:00	Briefing (Participants are divided into 6 groups)
09:00-09:45	Station 1: X-ray Guided Diagnostic Blocks
09:45-10:30:	Station 2: X-ray Guided Lumbar Radiofrequency Denervation
10:30-11:00	Break
11:00-11:45	Station 3: X-ray Guided Sacroiliac Joint Radiofrequency Denervation
11:45-12:30	Station 4: X-ray Guided Basivertebral Nerve Ablation
12:30-13:30	Lunch
13:30-14:15	Station 5: X-ray Guided Cryoanalgesia/Cryoablation
14:15-15:00	Station 6: Ultrasound Guided Interventions for Low Back Pain (Live Model)
15:00-15:30	Break
15:30-17:00	Freestyle Stations 1-6: Ask the Experts
17:00-17:15	Feedback and Close

Travel & Accommodation Information

Aberdeen has excellent travel links. By air, Aberdeen is well connected by British Airways, Easyjet, Logan Airways, KLM and Air France to majority of the airports in UK and mainland Europe. The venue is 6 miles from the airport.

There are 6 major roads to Aberdeen. A90 serves as the main arterial route connecting Dundee, Perth, Edinburgh and Glasgow. Aberdeen is on the main UK rail network and has frequent direct services to major cities

such as Edinburgh Glasgow and London including Caledonian sleeper services.

Information about accommodation is coming up.

About Aberdeen

Aberdeen is Scotland's third populous city and is known as the Granite city. The city and the shire offers:

Museums and art galleries

Various open parks including Duthie and Hazelhead park

30 golf courses within 30 minutes drive of city centre,

Starting point for the World famous Malt Whiskey Trail

First point of call for the castles trail

Part of the beautiful coastal trail

Backdrop for outdoor activities such as Cycling, Hill walks, Cliff top walks, Mountain biking, Kayaking, Abseil-

ing, Surfing, White water rafting, Open canoeing and Rock climbing, provided by various specialist outdoor activity providers.



Aberdeen City and its harbour

Registration Form

Complete and return this form to ciaranwazir@gmail.com with the early bird registration fee of £750.00 (GBP), or for UK trainee doctors £600.00 (GBP)

Awaiting CME/CPD approval from European Accreditation Council for CME & Royal College of Anaesthetists, London, UK

Full Name.....

Specialty

Position.....

Organisation.....

Address for communication

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.....

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Phone:.....

Email.....

Workshop Bank Details: Please pay early bird registration fee to following bank account quoting your surname and Aberdeen as reference:

Wazir Medical Events, NatWest Bank, Hastings Branch, Account Number: 59577983, Sort Code: 60-02-07, IBAN: GB75 NWBK 6002 0759 5779 83, BIC: NWBK GB 2L

Further Contact Details:

Mr Ciaran Wazir
Wazir Medical Events London Ltd
Finch Hill, Langham Road
Robertsbridge, East Sussex
TN32 5DT, UK

E-mail: ciaranwazir@gmail.com
Mobile: +44(0)7764943266

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