

### 3<sup>rd</sup> LONDON SPINE MSK ULTRASOUND INTERVENTION PAIN CONFERENCE

Symposium & Cadaveric Workshop

The Royal College of Physicians & Kings College Guys Campus, London

9<sup>th</sup> & 10<sup>th</sup> May 2025



World Institute of Pain<sup>®</sup>  
**FIPP | CIPS**  
BOARD OF EXAMINATION



REGENERATION | DENERVATION | NEUROMODULATION

Interactive Lectures, Masterclass, Live Demonstrations

Hands on Scanning & Cadaveric Interventions

WORLD INSTITUTE OF PAIN, WIP

Approved preparatory course

Certified Interventional Pain Sonologist, CIPS Examination



CONTINUOUS PROFESSIONAL DEVELOPMENT

European Accreditation Council For 13 CME Credits

The Royal College Of Anaesthetists For 10 CPD Points



#### CONFERENCE CHAIR

Dr Raja Reddy MD FRCA FFPMRCA FIPP CIPS

Consultant & Clinical Lead: Pain Medicine

Faculty Tutor: Pain Medicine Training

Medway National Health Service, Kent, UK

Faculty & Member, Educational Committee : World Institute of Pain WIP

Examiner: FIPP & CIPS Examinations

Senior Lecturer: Kent & Canterbury Christchurch University

#### SCIENTIFIC CHAIR

Dr Pranab Kumar MD FRCA FFPMRCA FIPP CIPS

Consultant, Anaesthesia & Pain Medicine

University of Toronto, Canada

Faculty, World Institute of Pain WIP

#### CONFERENCE MANAGER

Mr Ciaran Wazir

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Registration: <https://www.painandneuromodulationlondon.com/>

**08:00 - 08:30** Registration

**08:30 - 10:30** Session 1

Keynote lectures (20 minutes each)

Evolution of Ultrasound in pain medicine | we have come a long way  
Regenerative therapies | Clinical use has greatly outpaced the evidence  
Radiofrequency denervation of major joint osteoarthritis | More nerves & more questions  
Cryo analgesia | Technical considerations & safety in clinical practice  
Peripheral Neuromodulation | Current practice & future developments  
Ultrasound guided endoscopic pain interventions | The way forward?

**10:30 - 11:00** Coffee Break & Exhibition

**11:00 - 13:00** Session 2

Live demonstration (15 minutes each)

Ultrasound Procedures of Cervical Spine:  
Ultrasound Procedures of Shoulder:  
Ultrasound Procedures of Elbow & Wrist  
Ultrasound Procedures of Thoracic & Lumbar Sacral Spine:  
Ultrasound Procedures of Hip:  
Ultrasound Procedures of Knee:  
Ultrasound procedures of Ankle & Foot:  
Ultrasound Procedures of Pelvis:

**13:00 - 14:00** Lunch Break & Exhibition

**14:00 - 15:30** Session 3

Hands On Scanning by Delegates, Live model (45 minutes each station)

**15:30 - 16:00** Coffee/Tea Break & Exhibition

**16:00 - 17:30** Session 4

Hands On Scanning by Delegate, Live model (45 minutes each station)

Delegates will be allocated to Track A and Track B

Track A will rotate between Station 1, Station 2, Station 3 & Station 4

Track B will rotate between Station 5, Station 6, Station 7 & Station 8

TRACK A	TRACK B
Station 1: Cervical spine	Station 5: Cervical spine
Station 2: Shoulder	Station 6: Shoulder
Station 3: Elbow & Wrist	Station 7: Elbow & Wrist
Station 4: Thoracic & Lumbar Sacral Spine	Station 8: Thoracic & Lumbar Sacral Spine

**17:30** Q & A, Day 1 closure

Scientific Schedule, Saturday 10<sup>th</sup> May 2025, Kings College Guys Campus

**08:30 – 09:00** Registration & Instructions

**09:00 – 11:00** Session 1

Scanning on live models & Needle interventions on cadavers (40 minutes each station) 3 rounds

Delegates will rotate between station 1 to station 8

**11:00 – 11:30** Coffee Break & Exhibition

**11:30 - 12:40** Session 2

Scanning on live models & Needle interventions on cadavers (40 minutes each station) 2 rounds

Delegates will rotate between station 1 to station 8

**12:40 - 13:30** Lunch Break & Exhibition

**13:30 - 15:30** Session 3

Scanning on live models & Needle interventions on cadavers (40 minutes each station) 3 rounds

Delegates will rotate between station 1 to station 8

Station 1: Hip, Live model	Station 5: Cadaver supine
Station 2: Knee, Live model	Station 6: Cadaver supine
Station 3: Ankle/Foot, Live model	Station 7: Cadaver prone
Station 4: Pelvis, Live model	Station 8: Cadaver prone

**15:30 - 16:00** Q & A, Feedback & Conference closure

## FACULTIES

### Dr Amar Salti MD

Consultant Anaesthetist & Pain Physician  
Cleveland Clinics, Abu Dhabi

### Dr Ismael Atchia MD MRCP FRCP

Consultant Rheumatologist  
Northumbria Healthcare NHS Trust, UK

### Dr Andrzej Krol MD FRCA FFPMRCA EDPM

Consultant: Anaesthesia & Pain Medicine  
St George's University Hospitals, London

### Dr Hadi Bedran MD FRCA FFPMRCA

Consultant Pain Physician  
St George's University Hospitals, London

### Dr Ann - Katrin Fritz FRCA FFPMRCA FIPP CIPS

Consultant: Anaesthesia & Pain Medicine  
Norfolk & Norwich University Hospitals, UK

### Mr Imran Rafiq MS MRCS FRCS

Consultant Spinal Surgeon  
Medway Maritime Hospital, Kent, UK

### Prof Ananthram Shetty MS MRCS FRCS

Consultant Orthopaedic Surgeon  
Spire Alexandra Hospital, Kent

### Dr Pranab Kumar FFPMRCA FRCPC FIPP CIPS

Consultant: Anaesthesia & Pain Medicine  
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### Dr Anand Murugesan MD FIPP CIPS

Consultant Anaesthetist & Pain Physician  
Apollo Hospitals, Chennai, India

### Dr Ramy Mottaleb FRCA FFPMRCA

Consultant: Anaesthesia & Pain Medicine  
Kingston Hospital, Surrey, UK

### Dr Christ Declerck MD FIPP CIPS

Consultant: Pain Medicine  
Medical Director, bvba, Izegem, Belgium

### Dr Stephen Thompson

Consultant: Sports, Exercise & MsK Medicine  
Kent Institute of Medicine & Surgery, UK

### Dr Edward William MRCS MRCGP MFSEM

General Physician & MSK Sonographer  
Ascot Medical Centre, Windsor, UK

### Dr Tolga Ergonenc MD

Consultant: Anaesthesia & Pain Medicine  
Sakarya Education & research Hospital, Turkey

### Dr Gustavo Fabregat Cid MD

Consultant Pain Physician  
General University Hospital, Valencia, Spain

### Dr Victor Silva MD FIPP CIPS

Consultant Pain Physician  
Zambrano Hellion Medical Centre, Mexico

REGION	LEARNING OBJECTIVES
<b>CERVICAL SPINE</b>	Inferior oblique muscle, Greater occipital nerve, Cervical C2/C3 facet & third occipital nerve, Cervical facet medial branches biplanar, Cervical selective nerve roots, Longus coli & Cervical sympathetic
<b>SHOULDER</b>	Long head of biceps, Subscapularis, Rotator cuff tendons, Subdeltoid subacromial bursa, Acromio clavicular joint, Glenohumeral joint, Suprascapular & Axillary nerves
<b>ELBOW</b>	Lateral epicondyle & common extensor tendon, Radial & posterior interosseus nerves, Medial epicondyle & common flexor tendon, Cubital canal & ulnar nerve
<b>WRIST</b>	Flexor tendons, Scaphoid & flexor carpi radialis, Carpal tunnel & median nerve, Guyan's canal & ulnar nerve, Extensor tendons & Scapholunate ligament
<b>THORACIC &amp; LUMBAR SACRAL SPINE</b>	Thoracic facets, Intercostal nerves, Lumbar facet & medial branches, Superior cluneal nerves, Sacro iliac joint, Sacral foramina & Caudal epidural
<b>HIP</b>	Hip joint & Ilio psoas, ASIS, Sartorius, Tensor fascia lata & Lateral femoral cutaneous nerve, Femoral & Saphenous nerves, Obturator nerve & adductors, Ilio tibial band, Gluteal tendons & bursae
<b>KNEE</b>	Quadriceps & patellar tendons, Suprapatellar recess, Lateral collateral ligament & lateral menisci, Medial collateral ligament & medial menisci, Pes anserinus & Genicular nerves
<b>ANKLE &amp; FOOT</b>	Tibialis posterior, Tarsal tunnel & posterior tibial nerve, TA, EDL & Deep peroneal nerve, Anterior tibiotalar joint, Peroneus muscles & Superficial peroneal nerves, Achilles tendon & Plantar fascia
<b>PELVIS</b>	Gluteal muscles & Superior gluteal nerve, Piriformis & Lumbo sacral plexus, Ischial spine, Sacral ligaments & Pudendal nerve, Obturator internus & Alcock's canal