

17th Hands-on Interventional Pain Management Workshop

Venue: Education & Conference Centre, City Hospital, Nottingham, NG5 1PB, UK

2-3 October 2025

Thursday 02.10.2025		PRELIMINARY PROGRAMME						
08.30-09.00	Registration							
09.00-09.05	Welcome Dr Dalvina Hanu-Cernat (Workshop Director)							
Lectures & Presentation of Techniques								
09.05-09.25	Anatomy and radiology lumbar spine RFN lumbar facets Dr D. Hanu-Cernat							
09.25-09.40	RFN cervical facets Dr G. Baranidharan							
09.40-09.55	Nerve root blocks (lumbar and cervical) Dr S. Nath							
09.55-10.15	Neuromodulation Dr A. Lalkhen							
10.15-10.30	Coffee							
Hands-on Workshops 1-8 (5 X-ray cadaver workshops, 3 Ultrasound live model workshops)								
10.30 – 11.10	X-ray guided Radiofrequency Ablation – lumbar Dr S. Nath	X-ray guided Nerve Root Blocks - lumbar Dr D. Hanu- Cernat	X-ray guided Spinal Cord Stimulation Dr G. Baranidharan Dr T. Goroszeniuk	X-ray guided Cervical – Medial Branch Block + Radiofrequency Ablation (Optional Stellate/Trigeminal/SPG Dr R. Cooper Dr V. Gorelov	X-ray guided Genicular and HIP RF Prof T. Haag	Ultrasound Guided Lower limb scanning and blocks Dr S. Choudhary	Ultrasound Guided Lumbar spine, sacral and pelvic interventions Dr S. Balasubramanian	Ultrasound Guided Cervical spine interventions
11.10 – 11.50	X-ray guided Radiofrequency Ablation – lumbar Dr S. Nath	X-ray guided Nerve Root Blocks - lumbar Dr D. Hanu- Cernat	X-ray guided Spinal Cord Stimulation Dr G. Baranidharan Dr T. Goroszeniuk	X-ray guided Cervical – Medial Branch Block + Radiofrequency Ablation (Optional Stellate/Trigeminal/SPG Dr R. Cooper, Dr V. Gorelov	X-ray guided Genicular and HIP RF Prof T. Haag	Ultrasound Guided Lower limb scanning and blocks Dr S. Choudhary	Ultrasound Guided Lumbar spine, sacral and pelvic interventions Dr S. Balasubramanian	Ultrasound Guided Cervical spine interventions
11.50 – 12.30	X-ray guided Radiofrequency Ablation – lumbar Dr S. Nath	X-ray guided Nerve Root Blocks - lumbar D D. Hanu- Cernat	X-ray guided Spinal Cord Stimulation Dr G. Baranidharan Dr T. Goroszeniuk	X-ray guided Cervical – Medial Branch Block + Radiofrequency Ablation (Optional Stellate/Trigeminal/SPG Dr R. Cooper, Dr V. Gorelov.	X-ray guided Genicular and HIP RF Prof T. Haag	Ultrasound Guided Lower limb scanning and blocks Dr S. Choudhary	Ultrasound Guided Lumbar spine, sacral and pelvic interventions Dr S. Balasubramanian	Ultrasound Guided Cervical spine interventions

Venue: Education & Conference Centre, City Hospital, Nottingham, NG5 1PB, UK
2-3 October 2025

[illegible]

17th Hands-on Interventional Pain Management Workshop

Venue: Education & Conference Centre, City Hospital, Nottingham, NG5 1PB, UK

2-3 October 2025

Friday, 03.10. 25		PRELIMINARY PROGRAMME						
08.15-08.30	Registration							
Opening Lecture								
08.30-09.00	Safety & Best Practice: Interventional Pain Management Dr Sherdil Nath, Sweden							
Hands-on Workshops 1-8 (5 X-ray cadaver workshops, 3 ultrasound live model workshops)								
09.00-09.40	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr S. Nath	X-ray guided SIJ/Pudendal/ Racz/Disc (Optional) Dr S. Kapur	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray guided Peripheral Nerve Stimulation - Thoracic/ Sympathetic , Dr T. Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional) Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr A Rayen	USG Peripheral nerves interventions Dr S Balasubramanian
09.40-10.20	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr S. Nath	X-ray guided SIJ/Pudendal/ Racz/Disc (Optional) Dr S. Kapur	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray guided Peripheral Nerve Stimulation - Thoracic/ Sympathetic Dr T. Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional) Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr A Rayen	USG Peripheral nerves interventions Dr S Balasubramanian
10.20-11.00	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr S. Nath	X-ray guided SIJ/Pudendal/ Racz/Disc (Optional) Dr S. Kapur	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray guided Peripheral Nerve Stimulation - Thoracic/ Sympathetic Dr T. Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional) Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr A Rayen	USG Peripheral nerves interventions Dr S Balasubramanian
11.00-11.15	Coffee							
11.15-11.55	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr S. Nath	X-ray guided SIJ/Pudendal/ Racz/Disc (Optional) Dr S. Kapur	X-ray Guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray Guided Peripheral Nerve Stimulation - Thoracic/ Sympathetic T. Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional)Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr A Rayen	USG Peripheral nerves interventions Dr S Balasubramanian

Venue: Education & Conference Centre, City Hospital, Nottingham, NG5 1PB, UK
2-3 October 2025

11.55-12.35	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr S. Nath	X-ray guided SIJ/Pudendal/Racz/Disc (Optional) Dr S. Kapur	X-ray Guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray Guided Peripheral Nerve Stimulation - Thoracic/Sympathetic i T. Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr A Rayen	USG Peripheral nerves interventions Dr S Balasubramanian
12.35-13.15	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr S. Nath	X-ray guided SIJ/Pudendal/Racz/Disc (Optional) Dr S. Kapur	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray Guided Peripheral Nerve Stimulation - Thoracic/Sympathetic T.Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr A Rayen	USG Peripheral nerves interventions Dr S Balasubramanian
13.15 -14.00	Lunch							
14.00-14.40	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr S. Nath	X-ray guided SIJ/Pudendal/Racz/Disc (Optional) Dr S. Kapur	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray Guided Peripheral Nerve Stimulation - Thoracic/Sympathetic T.Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional)Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr A Rayen	USG Peripheral nerves interventions Dr S Balasubramanian
14.40-15.20	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr S. Nath	X-ray guided SIJ/Pudendal/Racz/Disc (Optional) Dr S. Kapur	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray guided Peripheral Nerve Stimulation - Thoracic/Sympathetic T.Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional) Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr A Rayen	USG Peripheral nerves interventions Dr S Balasubramanian
15.20-15.40	Coffee							
15.40 – 16.30	Freestyle X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr S. Nath	Freestyle X-ray guided Lumbar RF Dr V. Gorelov	Freestyle X-ray guided SCS / PNS Dr A. Lalkhen T.Goroszeniuk	Freestyle X-ray guided Lumbar – Nerve Root Block/Other	Freestyle X-ray guided Cervical Nerve Root Block/ Radiofrequency/ MBB (Optional) Stellate/Trigeminal/SPG Dr R. Cooper	Freestyle USG Dr S. Choudhary	Freestyle USG	Freestyle USG Dr S. Balasubramanian
16.30-17.00	Feedback & Closure							

17th Hands-on Interventional Pain Management Workshop

Venue: Education & Conference Centre, City Hospital, Nottingham, NG5 1PB, UK

2-3 October 2025

WORKSHOP FACULTY

Dr Shyam Balasubramanian
Consultant in Pain Medicine
University Hospitals Coventry and Warwickshire
Coventry, UK

Dr Ganesh Baranidharan
Consultant in Pain Medicine
Leeds Teaching Hospitals
Leeds, UK

Dr Surabhi Choudhary
Consultant Radiologist
University Hospital Queen Elizabeth Birmingham
Birmingham, UK

Dr Ron Cooper FIPP
Consultant in Pain Medicine
Coleraine Hospital
Northern Ireland, UK

Dr Mohamed Dorgham FIPP
Consultant in Anaesthesia and Pain Medicine
University Hospital Queen Elizabeth Birmingham
Birmingham, UK

Dr Teodor Goroszeniuk
Consultant in Anaesthesia and Pain Medicine
Cromwell Hospital, London, UK

17th Hands-on Interventional Pain Management Cadaver Workshop
Venue: Education & Conference Centre, City Hospital, Nottingham, NG5 1PB, UK
2-3 October 2025

Dr Vladimir Gorelov
Consultant in Pain Medicine
Spire Elland Hospital
West Yorkshire, UK

Prof Thomas Haag
Consultant in Pain Medicine
Wrexham Maelor Hospital
North Wales, UK

Dr Piotr Buczkowski
Consultant in Pain Medicine
Private Practice, UK & Poland

Dr Dalvina E Hanu-Cernat FIPP
Consultant in Pain Medicine
University Hospital Queen Elizabeth Birmingham
Birmingham, UK

Dr Sandeep Kapur
Consultant in Anaesthesia and Pain Medicine
University Hospital Queen Elizabeth Birmingham
Birmingham, UK

Professor Abdul Lalkhen
Consultant in Pain Medicine
Manchester Centre for Clinical Neurosciences
Salford Hospital, Manchester, UK

Dr Simon Tordoff
Consultant Pain Medicine
Private Practice
Leicester, UK

17th Hands-on Interventional Pain Management Cadaver Workshop
Venue: Education & Conference Centre, City Hospital, Nottingham, NG5 1PB, UK
2-3 October 2025

Dr Arasu Rayen
Consultant in Anaesthesia and Pain Medicine
City Hospital Birmingham
Birmingham, UK

Dr Sherdil Nath
Consultant in Pain Medicine
Private Practice
Orebro, Sweden

Dr Arul James
Consultant in Chronic Pain Medicine &
Anaesthetics
George Eliot Hospital NHS Trust
Nuneaton
Warwickshire, UK

Dr Sanjeeva Gupta FIPP
Consultant in Pain Medicine
Bradford Teaching Hospitals NHS
Foundation Trust,
Bradford, UK