

17th Hands-on Interventional Pain Management Cadaver Workshop
Venue: Education & Conference Centre, City Hospital, Nottingham, NG5 1PB, UK
2-3 October 2025

Thursday 02.10.2025		PRELIMINARY PROGRAMME						
08.30-09.00	Registration							
09.00-09.05	Welcome Dr Dalvina Hanu-Cernat (Workshop Director)							
Lectures & Presentation of Techniques								
09.05-09.25	Anatomy and radiology lumbar spine RFN lumbar facets Dr D. Hanu-Cernat							
09.25-09.40	RFN cervical facets Dr G. Baranidharan							
09.40-09.55	Nerve root blocks (lumbar and cervical) Dr A. Bhaskar							
09.55-10.15	Neuromodulation Dr A. Lalkhen							
10.15-10.30	Coffee							
Hands-on Workshops 1-8								
10.30 – 11.10	X-ray guided Radiofrequency Ablation – lumbar Dr D. Hanu-Cernat Dr A. Lalkhen	X-ray guided Nerve Root Blocks - lumbar Dr A. Hammond Dr A. Bhaskar	X-ray guided Spinal Cord Stimulation Dr G. Baranidharan Dr T. Goroszeniuk	X-ray guided Cervical – Medial Branch Block + Radiofrequency Ablation (Optional Stellate/Trigeminal/SPG) Dr R. Cooper Dr V. Gorelov Dr H. Mutagi	X-ray guided Genicular and HIP RF Prof T. Haag	Ultrasound Guided Lower limb scanning and blocks Dr S. Choudhary	Ultrasound Guided Lumbar spine, sacral and pelvicinterventions Dr S. Balasubramanian	Ultrasound Guided Cervical spine interventions Dr R. Reddy
11.10 – 11.50	X-ray guided Radiofrequency Ablation – lumbar Dr D. Hanu-Cernat Dr A. Lalkhen	X-ray guided Nerve Root Blocks - lumbar Dr A. Hammond Dr A.Bhaskar	X-ray guided Spinal Cord Stimulation Dr G. Baranidharan Dr T. Goroszeniuk	X-ray guided Cervical – Medial Branch Block + Radiofrequency Ablation (Optional Stellate/Trigeminal/SPG) Dr R. Cooper, Dr V. Gorelov,Dr H. Mutagi	X-ray guided Genicular and HIP RF Prof T. Haag	Ultrasound Guided Lower limb scanning and blocks Dr S. Choudhary	Ultrasound Guided Lumbar spine, sacral and pelvic interventions Dr S. Balasubramanian	Ultrasound Guided Cervical spine interventions Dr R. Reddy
11.50 – 12.30	X-ray guided Radiofrequency Ablation – lumbar Dr D. Hanu-Cernat Dr A. Lalkhen	X-ray guided Nerve Root Blocks - lumbar Dr A. Hammond Dr A.Bhaskar	X-ray guided Spinal Cord Stimulation Dr G. Baranidharan Dr T. Goroszeniuk	X-ray guided Cervical – Medial Branch Block + Radiofrequency Ablation (Optional Stellate/Trigeminal/SPG) Dr R. Cooper, Dr V. Gorelov, Dr H. Mutagi	X-ray guided Genicular and HIP RF Prof T. Haag	Ultrasound Guided Lower limb scanning and blocks Dr S. Choudhary	Ultrasound Guided Lumbar spine, sacral and pelvic interventions Dr S. Balasubramanian	Ultrasound Guided Cervical spine interventions Dr R. Reddy

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Friday, 03.10. 25		PRELIMINARY PROGRAMME						
08.15-08.45	Registration							
Opening Lecture								
08.45-09.00	Sacroiliac joint interventions Dr A. Hammond							
Hands-on Workshops 1-8								
09.00-09.40	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr T. Hammond	X-ray guided SIJ/Pudendal/ Racz/Disc (Optional) Dr S. Kapur Dr A. Bhaskar	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray guided Peripheral Nerve Stimulation - Thoracic/ Sympathetic Dr H. Mutagi, Dr T. Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional) Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr Raja Reddy Dr A Rayen	USG Peripheral nerve RF / PRF interventions Dr S Balasubramanian
09.40-10.20	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr T. Hammond	X-ray guided SIJ/Pudendal/ Racz/Disc (Optional) Dr S. Kapur Dr A. Bhaskar	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray guided Peripheral Nerve Stimulation - Thoracic/ Sympathetic Dr H. Mutagi Dr T. Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional) Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr Raja Reddy Dr A Rayen	USG Peripheral nerve RF / PRF interventions Dr S Balasubramanian
10.20-11.00	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr T. Hammond	X-ray guided SIJ/Pudendal/ Racz/Disc (Optional) Dr S. Kapur Dr A. Bhaskar	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray guided Peripheral Nerve Stimulation - Thoracic/ Sympathetic Dr H. Mutagi Dr T. Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional) Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr Raja Reddy Dr A Rayen	USG Peripheral nerve RF / PRF interventions Dr S Balasubramanian
11.00-11.15	Coffee							
11.15-11.55	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr T. Hammond	X-ray guided SIJ/Pudendal/ Racz/Disc (Optional) Dr S. Kapur Dr A. Bhaskar	X-ray Guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray Guided Peripheral Nerve Stimulation - Thoracic/ Sympathetic Dr H. Mutagi T. Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional) Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr Raja Reddy Dr A Rayen	USG Peripheral nerve RF / PRF interventions Dr S Balasubramanian

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12.35-13.15	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr T. Hammond	X-ray guided SIJ/Pudendal/Racz/Disc (Optional) Dr S. Kapur Dr A. Bhaskar	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray Guided Peripheral Nerve Stimulation - Thoracic/Sympathetic Dr H. Mutagi T.Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional) Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr Raja Reddy Dr A Rayen	USG Peripheral nerve RF / PRF interventions Dr S Balasubramanian
13.15 -14.00	Lunch							
14.00-14.40	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr T. Hammond	X-ray guided SIJ/Pudendal/Racz/Disc (Optional) Dr S. Kapur Dr A. Bhaskar	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray Guided Peripheral Nerve Stimulation - Thoracic/Sympathetic Dr H. Mutagi T.Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional) Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr Raja Reddy Dr A Rayen	USG Peripheral nerve RF / PRF interventions Dr S Balasubramanian
14.40-15.20	X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr T. Hammond	X-ray guided SIJ/Pudendal/Racz/Disc (Optional) Dr S. Kapur Dr A. Bhaskar	X-ray guided Spinal Cord Stimulation – Cervical Dr A. Lalkhen	X-ray guided Peripheral Nerve Stimulation - Thoracic/Sympathetic Dr H. Mutagi T.Goroszeniuk	X-ray guided Genicular / Hip/ Cervical NRB (optional) Interventions Dr R. Cooper Dr V. Gorelov	USG Upper limb scanning and blocks Dr Surabhi Choudhary	USG Thoracic and abdominal interventions Dr Raja Reddy Dr A Rayen	USG Peripheral nerve RF / PRF interventions Dr S Balasubramanian
15.20-15.40	Coffee							
15.40 – 16.30	Freestyle X-ray guided Radiofrequency Ablation – cervical Dr D. Hanu-Cernat Dr T. Hammond	Freestyle X-ray guided Lumbar RF Dr V. Gorelov	Freestyle X-ray guided SCS / PNS Dr A. Lalkhen T.Goroszeniuk	Freestyle X-ray guided Lumbar – Nerve Root Block/Other Dr H. Mutagi	Freestyle X-ray guided Cervical Nerve Root Block/ Radiofrequency/ MBB (Optional) Stellate/Trigeminal/SPG Dr R. Cooper	Freestyle USG Dr S. Choudhary	Freestyle USG Dr R. Reddy	Freestyle USG Dr S. Balasubramanian
16.30-17.00	Feedback & Closure							

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WORKSHOP FACULTY

Dr Shyam Balasubramanian
Consultant in Pain Medicine
University Hospitals Coventry and Warwickshire
Coventry, UK

Dr Ganesh Baranidharan
Consultant in Pain Medicine
Leeds Teaching Hospitals
Leeds, UK

Dr Arun Bhaskar FIPP
Consultant in Pain Medicine
Charing Cross Hospital, London, UK

Dr Surabhi Choudhary
Consultant Radiologist
University Hospital Queen Elizabeth Birmingham
Birmingham, UK

Dr Ron Cooper FIPP
Consultant in Pain Medicine
Coleraine Hospital
Northern Ireland, UK

Dr Mohamed Dorgham FIPP
Consultant in Anaesthesia and Pain Medicine
University Hospital Queen Elizabeth Birmingham
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Dr Teodor Goroszeniuk
Consultant in Anaesthesia and Pain Medicine
Cromwell Hospital, London, UK

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Dr Vladimir Gorelov
Consultant in Pain Medicine
Spire Elland Hospital
West Yorkshire, UK

Prof Thomas Haag
Consultant in Pain Medicine
Wrexham Maelor Hospital
North Wales, UK

Dr Tony Hammond
Consultant Rheumatologist &
Specialist in Interventional Pain Management
1 Harley Street, London, UK

Dr Dalvina E Hanu-Cernat FIPP
Consultant in Pain Medicine
University Hospital Queen Elizabeth Birmingham
Birmingham, UK

Dr Sandeep Kapur
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Professor Abdul Lalkhen
Consultant in Pain Medicine
Manchester Centre for Clinical Neurosciences
Salford Hospital, Manchester, UK

Dr Hirachand Mutagi
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Dr Arasu Rayen
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Dr Raja Reddy FIPP CIPS
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Medway Maritime Hospital
Gillingham, Kent, UK