

17th RA-UK ESRA Ultrasound in Pain Medicine Course London 13-14 March 2026

DAY ONE: FRIDAY, 13 MARCH 2026

**Venue: Science Gallery, Great Maze Pond, London SE1 9GU, UK
(CLOSE TO LONDON BRIDGE TRAIN STATION)**

PRELIMINARY PROGRAMME

08.30-09.00 REGISTRATION/TEA & COFFEE/EXHIBITION
(ATRIUM, LOWER GROUND FLOOR, SCIENCE GALLERY)

09.00-09.15 Introduction (*Dr Andrzej Krol, UK / Dr Ashish Shetty, UK*)

09.15-10.00 MAIN LECTURE: SonoAnatomy & Pain Medicine (*Dr Hanne-Rose Honis, Austria*)

INTERACTIVE LECTURES/LIVE MODEL DEMOS WITH HANDS-ON SCANNING

10.00-10.55 SESSION ONE Chair: Dr David Lorenzana

10.00-10.20 Cervical Roots, Stellate Ganglion, Suprascapular N
(*Dr Michal But, Poland / Dr Raja Reddy UK*)

10.20-10.55 Hands-on Live Scanning

10.55-11.15 TEA, COFFEE & PASTRIES/EXHIBITION

11.15-13.05 SESSION TWO Chair: Dr Raja Reddy

11.15-11.35 Cervical MBB, TON, GON (*Dr David Lorenzana, Switzerland*)

11.35-12.10 Hands-on Live Scanning

12.10-12.30 Lumbar Facet, MBB, SI Joint, Superior Cluneal NN, Thoracolumbar Fascia
(*Dr Manfred Greher, Austria*)

12.30-13.05 Hands-on Live Scanning

13.05-14.00 LUNCH/EXHIBITION

14.00-15.50 SESSION THREE Chair: Dr Manfred Greher

14.00-14.20 Posterior Pelvis: Piriformis Muscle, Pudendal N, Caudal and More
(*Dr Ashish Shetty, UK / Dr Graham Simpson, UK*)

14.20-14.55 Hands-on Live Scanning

14.55-15.15 Ilioinguinal, Iliohypogastric, LCNT, Genitofemoral, Abdominal Wall
(*Dr Thomas Haag, UK / Dr Andrzej Krol, UK*)

15.15-15.50 Hands-on Live Scanning

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15.50-16.05 TEA & COFFEE/EXHIBITION

16.05-17:00 SESSION FOUR Chair: Dr Teodor Goroszeniuk

16.05-16:25 Joints and MSK Ultrasound: Shoulder, Hip, Knee
(*Dr James Pilcher, UK*)

16.25- 17.00 Hands-on Live Scanning

17.00 CLOSE OF DAY ONE

DAY TWO: SATURDAY, 14 MARCH 2026

Venue: Science Gallery Great Maze Pond, London SE1 9GU & Lower Dissecting Room, Hodgkin Building, King's College London, Guy's Hospital Campus, London, SE1 1UL, UK (CLOSE TO LONDON BRIDGE TRAIN STATION)

PRELIMINARY PROGRAMME

09.00 - 09.30 REGISTRATION/TEA & COFFEE BREAK
(STUDIO ROOM, 1ST FLOOR, SCIENCE GALLERY)

09.30 - 10.15 Stations 1-8

10.15 - 11.00 Stations 1-8

11.00 - 11.25 TEA & COFFEE BREAK (STUDIO ROOM, 1ST FLOOR)

11.25 - 12.10 Stations 1-8

12.10 - 12.55 Stations 1-8

12.55 - 13.55 LUNCH (STUDIO ROOM, 1ST FLOOR)

13.55 - 14.40 Stations 1-8

14.40 - 15.25 Stations 1-8

15.25 - 16.10 Stations 1-8

16.10 - 16.55 Stations 1-8

16.55 - 17.00 CLOSE OF DAY TWO

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HANDS-ON SCANNING STATIONS

1. Ilioinguinal, Iliohypogastric, Genitofemoral, Lateral Cutaneous Nerve of the thigh (LCNT), Saphenous N, Abdominal Wall (live model)
2. Posterior Pelvis Sonoanatomy - Gluteal Pain Syndrome: Superior Gluteal Nerve, Piriformis muscle, Pudendal Nerve, Inferior Cluneal nn, Sciatic Nerve, Ischial Tuberosity (live model)
3. Shoulder, Hip, Knee joints (live model)
4. Expert Station Free Questions (all topics) (live model)
5. Occipital Nerves (GON, TON, LON), Cervical MBB (*cadaver lateral*)
6. Stellate Ganglion, Cervical Roots, Suprascapular Nerve incl. PRF – Various Levels Approach (*cadaver lateral*)
7. Knee, Hip, Abdominal Wall (*cadaver supine*)
8. Lumbar Facet /MBB/SI Joint/ Caudal, incl. RF (*cadaver prone*)