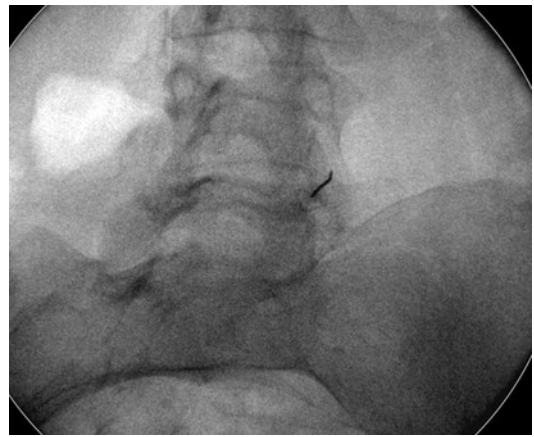
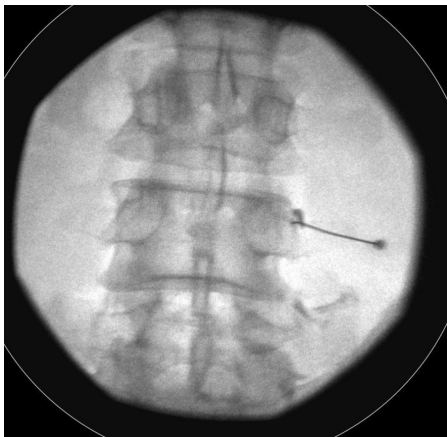


ABERDEEN INTERVENTIONAL PAIN WORKSHOP

Dates:
May 29–30, 2025

Venue:
Suttie Centre
University of Aberdeen
Foresterhill, Aberdeen
United Kingdom



LOW BACK PAIN WORKSHOP

**Places are Limited;
Places will only be confirmed
upon receipt of Registration form
and Course fees**

ABERDEEN PAIN
PHYSICIANS

Department of Anaesthesia
Aberdeen Royal Infirmary
Foresterhill
Aberdeen AB25 2ZN
United Kingdom

Is this right workshop for me?

- * I would like to learn/ master the techniques of lumbar medial branch blocks and radiofrequency denervation
- * I would like to learn sacroiliac joint diagnostic blocks and denervation techniques.
- * I would like to learn cryoanalgesia procedures for low back pain
- * I am interested in Basivertebral Nerve Ablation Procedure
- * I would like to learn Ultrasound guided injections techniques for low back pain

If your answer is 'yes' to any one of the above statements, you should consider attending our workshop.

Description

This course is spread over a period of 2 days. It provides lectures, live demonstration, hands-on training with cadavers and question and answer sessions. With small group sessions, the course provides ideal opportunity for participants to improve their techniques as well as improve knowledge about patient selection and subsequent outcomes while treating low back pain patients.

Organizers

Dr R Nagaraja

Aberdeen Royal Infirmary

Dr S Hii

Aberdeen Royal Infirmary

Faculty

Dr S Kanakarajan

Aberdeen Royal Infirmary

N G Scott

Aberdeen Royal Infirmary

Dr N Evans

Bucks Healthcare NHS Trust

Dr A Krol

St George's Univ. Hospital, London

Dr R Rapcan

EuroPainClinics, Czech Republic

Dr H Mutagi

QE Hospital, Birmingham

Dr M Sinha

King's College Hospital, London

Prof S Parson

University of Aberdeen

Dr M Ambrock

Wolfsburg, Germany

Aims

By providing participants with information and hands-on skills training, the workshop aims to improve the overall patient care in the treatment of low back pain. By the end, participants should be able to

- * Discuss the relevant anatomy for lumbar facet and SI joints and their nerve supply
- * Identify the radiological anatomy for undertaking procedures
- * Demonstrate the appropriate techniques for the diagnostic blocks, lumbar facet and sacroiliac joint denervation
- * Understand the use of ultrasound in low back pain interventions
- * Understand newer and emerging techniques such as Basivertebral ablation and Cryotherapy for low back pain

Programme

Thursday, 29 May 2025 —Venue: Suttie Centre, Foresterhill, Aberdeen, AB25 2ZD

08.45– 09:00 – Registration

09:00– 09:05 – Welcome and Introduction. Dr S. Kanakarajan

09:05–9:30 – Anatomy and nerve supply for facet and SI joints – Prof S. Parson

09:30–11:00 – Lumbar medial branch blocks/ RF denervation – Dr H. Mutagi

Live-Video link – Dr S Kanakarajan

11:00–11.30 – Tea/Coffee Break

11:30–13:00 – Sacroiliac Joint diagnostic blocks / RF denervation –Dr N Evans

Live-Video link – Dr N. Scott

13:00–14:00 – Lunch

14:00–14:30 – Evidence and Complications of RF procedures – Dr S Kanakarajan

14:30–15:00 – Basivertebral Nerve Ablation – Dr M. Sinha

15.00–15 30 – Tea/Coffee Break

15:30–16.00 – Cryoanalgesia/Cryoablation – Dr Marius Ambrock

16.00–17.00 – Ultrasound guided interventions Low Back Pain (lecture and demo)
Dr A. Krol

Programme (contd)

Friday, 30 May 2025

Venue: Wet room, Department of Anatomy, 3rd Floor, Suttie Centre, Foresterhill, Aberdeen, AB25 2ZD

08:45 - 09:00 Briefing (Participants are divided into 6 groups)

09:00 - 09:45 Station 1: Lumbar facet joint Diagnostic Blocks

09:45 - 10:30 Station 2: Lumbar facet joint Radiofrequency Denervation

10:30 - 11:00 Break

11:00 - 11:45 Station 3: Sacroiliac Joint Radiofrequency Denervation

11:45 - 12:30 Station 4: Basivertebral Nerve Ablation

12:30 - 13:30 Lunch

13:30 - 14:15 Station 5: Cryoanalgesia/Cryoablation techniques

14:15 - 15:00 Station 6: Ultrasound Guided Interventions for Low Back Pain (Live Model)

15:00 - 15:30 Break

15:30 - 16:30 Discussion with experts, Feedback and Close

Travel Information

Aberdeen has excellent travel links. By air, Aberdeen is well connected by British Airways, Easyjet, Logan Airways, KLM and Air France to majority of the airports in UK and mainland Europe. The venue is 6 miles from the airport.

There are 6 major roads to Aberdeen. A90 serves as the main arterial route connecting Dundee, Perth, Edinburgh and Glasgow. Aberdeen is on the main UK rail network and has frequent direct services to major cities such as Edinburgh Glasgow and London including Caledonian sleeper services.

Registration Form

Complete and return this form to ciaranwazir@gmail.com with the registration fee of £900.00 (GBP), or for UK trainee doctors £750.00 (GBP)

CPD/ CME credits

10 CPD Credits approved from Royal College of Anaesthetists, London.

An application submitted for CME from European Accreditation Council for Continuing Medical Education



Full Name.....

Specialty

Position.....

Organisation.....

Address for communication

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Phone:.....

Email.....

Workshop Bank Details: Please pay early bird registration fee to following bank account quoting your surname and Aberdeen as reference:

Wazir Medical Events, NatWest Bank, Hastings Branch, Account Number: 59577983,
Sort Code: 60-02-07, IBAN: GB75 NWBK 6002 0759 5779 83, BIC: NWBK GB 2L

Further Contact Details:

Mr Ciaran Wazir
Wazir Medical Events London Ltd
Finch Hill, Langham Road
Robertsbridge, East Sussex
TN32 5DT, UK

E-mail: ciaranwazir@gmail.com
Mobile: +44(0)7764943266

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