



Basildon University Hospital, Essex Cardiothoracic Centre

“Regional anaesthesia applied for urgent and elective thoracic interventions.”

Workshop Programme

09:00 Registration.

09:30 Welcome & Introduction.

Dr Andrei Perciun, Course Director

Dr Moloy Rajkhowa, Course Organiser

Ms Ellie Gudde, MSc, Course Organiser

09:45 – 11:30 SESSION 1

09:45 - 10:15 **Benefits, particularities and outcomes of the regional anaesthesia.**

Dr Moloy Rajkhowa

10:15 - 10:45 **Sonoanatomy of cervical plexus, interscalene and supraclavicular areas.
Regional anaesthesia for clavicle fractures and elective surgery.**

Dr Andrei Perciun

10:45 - 11:15 **Regional techniques for analgesia of scapular fracture: thoracic
paravertebral, erector spinae and dorsal scapula blocks.**

Dr Kunal Waghmare

11:15 - 11:30 **Panel Discussion.**

11:30 - 11:45 **Coffee/Break**

11:45 – 12:15 SESSION 2

11:45 – 12:15 **Pectoral nerve blocks (PECS 1 and PECS 2), serratus anterior and
parasternal blocks. Particularities of single shot and combined techniques.**

Dr Raghu Nalgirkar

- 12:15 - 12:45 **Thoracic paravertebral block (TPVB) versus erector spinae plane block (ESPB): new techniques for thoracic surgery.**
Dr Sali Urovi
- 12:45 - 13:15 **Regional anaesthesia for efficient management of multiple rib fractures.**
Dr Waqas Abid
- 13:15 - 13:30 **Panel Discussion.**
- 13:30 **Lunch.**
- 14:30 – 16:15 **Ultrasound scanning.**
- Station 1:** Cervical plexus, interscalene and supraclavicular areas.
- Station 2:** Pectoral nerves (PECS 1, PECS 2), serratus plane and parasternal blocks.
- Station 3:** Dorsal scapula, suprascapular and intercostal access.
- Station 4:** Thoracic erector spinae, retrolaminar, mid-point and paravertebral spaces.
- 16:15 – 16:30 **Summary/Close**