

5th Cumbria Festival Ultrasound Regional Anaesthesia and POCUS Course, 10,11th June 2024

Day 1

0830-0900: ARRIVAL AND SIGN IN, TEA/COFFEE

0900-0930

Needling & Knobology

0930-0945

Regional Anaesthesia for shoulder surgeries/Lecture

0945-1015

Live demos and Cadaver prosections Video above clavicle blocks

COFFEE & REFRESHMENTS

1030-1130

Group stations Hands on scanning

1130-1200

Awake Hand surgery

1200-1300 LUNCH BREAK

1300-1330

Live demo and cadaver prosection video below clavicle blocks

1330-1430

Group stations Hands on scanning

1430-1445

Regional Anaesthesia for abdominal surgeries

1445-1515

Live demo and cadaver prosection video abdominal blocks

COFFEE & REFRESHMENTS

1530-1630

Group stations Hands on scanning

End of Day 1

0830-0900

Regional anaesthesia for hip fracture

0900-0930

Live demonstration and cadaver orientation

0930-1030

Group stations and Hands on scanning

COFFEE & REFRESHMENTS

1045-1100

Regional anesthesia for BKA/ Lecture

1100-1130

Live demonstration and cadaver orientation

1130-1230

Group stations and Hands on scanning

1230-1330 LUNCH BREAK

1330-1345

Regional Anaesthesia for rib fractures

1345-1415

Live demo and cadaver prosection orientation

1415-1515

Group stations Hands on scanning

COFFEE & REFRESHMENTS

1530-1600

safety in regional anesthesia

1600-1630

airway and gastric ultrasound

1630-1730

Free scan

Close of Day 2