

# 5th Cumbria Festival Ultrasound Regional Anaesthesia and POCUS Course, 10,11th June 2024

## Day 1

**0830-0900: ARRIVAL AND SIGN IN, TEA/COFFE**

0900-0915

Needling & Knobology : Kiran Koneti

0915-0930

Regional Anaesthesia for shoulder surgeries/Lecture :  
Nat Haslam

0930-1000

Live demos and Cadaver prosections Video above clavicle blocks : Nat  
Haslam & Louise Roberts

1000-1100

Group stations Hands on scanning

### **1100-1115 COFFEE BREAK**

1115-1130

Awake Hand surgery : Vel Velayutham

1130-1200

Live demo and cadaver prosection video below clavicle blocks : Vel  
Velayutham & Kailash Bhatia

1200-1300

Group stations Hands on scanning

### **1300-1400 LUNCH BREAK**

1400-1415

Tips for successful block : louise Roberts

1415-1430

RA for abdominal surgeries : Kailash Bhatia

1430-1500

Live demo and cadaver video for abdominal blocks : Kailash Bhatia &  
Ahmed Elrefaey

### **COFFEE & REFRESHMENTS**

1530-1700

Group stations Hands on scanning & Free scan

End of Day 1

0845-0900

Safety in regional anesthesia : Henrietta Dawson

0900-0915

Regional anaesthesia for hip fracture: Ashwani Gupta

0915-0945

Live demonstration and cadaver orientation Ashwani Gupta &  
Kiran Koneti

0930-1030

Group stations and Hands on scanning

**COFFEE & REFRESHMENTS**

1045-1100

Regional anesthesia for BKA/ Lecture : Amr Hassan

1100-1130

Live demonstration and cadaver orientation : Amr Hassan  
&Jonathan Womack

1130-1230

Group stations and Hands on scanning

**1230-1330 LUNCH BREAK**

1330-1400

Regional Anaestehsia for rib fractures : Jonathan Womack

1400-1430

Live demo and cadaver prosection orientation Back and  
neuroaxial scanning : Jonathan Womack & Nat Haslam

1430-1530

Group stations Hands on scanning

**COFFEE & REFRESHMENTS**

1545-1615

Airway and Gastric ultrasound : Ahmed Elrefaey

1615-1630

Live demo: Ahmed Elrefaey &amp; Alok Gupta

1630-1730

Free scan

Close of Day 2 :Debrief and Certificates