

# PAIN EXPO & CONFERENCE

Updates in Comprehensive Pain Management

دبي

2025

26-27 April

- Spinal Pain
- MSK Pain
- Regenerative Medicine
- Spine & MSK Radiology

- Cancer Pain & Palliative Care
- Neuropathic Pain
- Neuromodulation
- Headache & Facial Pain



*Le* MERIDIEN Le Méridien Dubai Hotel, Dubai

## SCIENTIFIC PROGRAM

## SCIENTIFIC COMMITTEE (alphabetically arranged)



**Dr. Abdulla Al Rahoomi  
(UAE)**



**Prof. Ahmed Amine El Oumri  
(MOR)**



**Dr. Guilherme Ferreira  
(ESP)**



**Prof. Mark Hurdle  
(USA)**



**Dr. Mathew Pingree  
(USA)**



**Dr. Mohamed Elahl  
(UAE)**



**Dr. Rahul Bhansali  
(UK)**



**Dr. Sadiq Bhayani  
(UAE)**



**Dr. Shravan Tirunagari  
(UAE)**



8:00 - 8:30 **Registration & Coffee**

8:30 - 8:45 **Welcome & Introduction**

## BLOCK I - CERVICAL SPINE INTERVENTIONS

**Moderator** **Dr. Shravan Tirunagari (UAE)**

08:45 - 09:05 Fundamental Anatomy & Essential Cervical Spine Interventions Guided by Fluoroscopy (RF, Cryoablation & PRP)  
**Prof. Mark Hurdle (USA)**

09:05 - 09:25 Fundamental Anatomy & Essential Cervical Spine Interventions Guided by Ultrasound.  
**Dr. Sadiq Bhayani (UAE)**

## BLOCK II - THORACIC SPINE INTERVENTIONS

**Moderator** **Prof. Mark Hurdle (USA)**

09:25 - 09:35 Fundamental Anatomy & Essential Thoracic Spine Interventions Guided by Fluoroscopy (RF, Cryoablation & PRP)  
**Dr. Matthew Pingree (USA)**

09:35 - 09:55 Essential Thoracic Spine Interventions Guided by Ultrasound.  
**Dr. Rahul Bhansali (UK)**

09:55 - 10:00 **Questions and Answers Session**

10:00 - 10:30 **BREAK & PAIN EXPO EXHIBITS**

## BLOCK III - LUMBAR SPINE &amp; SACROILIAC JOINT INTERVENTIONS

**Moderator** Dr. Rahul Bhansali (UK)

10:30 - 10:50 Fundamental Anatomy & Essential Lumbar Spine, Sacroiliac joint Interventions Guided by Fluoroscopy (RF, Cryoablation & PRP)  
**Prof. Mark Hurdle (USA)**

10:50 - 11:05 Fundamental Anatomy & Essential Lumbar Spine, Sacroiliac joint Interventions Guided by Ultrasound  
**Dr. Sadiq Bhayani (UAE)**

11:05 - 11:15 **Questions and Answers Session**

## BLOCK V - NEUROMODULATION

**Moderator** Dr. Sadiq Bhayani (UAE)

11:15 - 11:35 How do I do it? Spinal Cord Stimulation for Low Back Pain & Persistent Post Spinal Surgery Pain Syndrome Patient selection, trial and permanent implant.  
**Dr. Eric Francois (UAE)**

11:35 - 11:55 Dorsal Root Ganglion Stimulation (DRG) Indications & Updates  
**Dr. Georgios Matis (Germany)**

## BLOCK VI - HEADACHE, FACIAL PAIN & SPASTICITY MANAGEMENT

**Moderator** Dr. Sadiq Bhayani (UAE)

11:55 - 12:15 Headache assessment & Management (Role of Botulinum toxin & newer pharmacological agents).  
**Dr. Caline Jaddam (UAE)**

12:15 - 12:35 Interventional Pain Management for Headache & Facial Pain.  
**Dr. Christopher Robinson (USA)**

12:35 - 12:55 Spasticity Management.  
**Dr. Abdulla Al Rahooi (UAE)**

12:55 - 13:00 **Questions and Answers Session**

13:00 - 14:00 **LUNCH BREAK & PAIN EXPO EXHIBITS**

## BLOCK VII - REGENERATIVE MEDICINE APPLICATIONS IN THE SPINAL PAIN

**Moderator** Dr. Sadiq Bhayani (UAE)

14:00 - 14:20 Orthobiologics in Facet Joints and Other Axial Structures (Ligaments).  
**Dr. Jorge Barbosa (Portugal)**

## BLOCK VIII - CANCER & PALLIATIVE CARE MANAGEMENT

**Moderator** Dr. Christopher Robinson (USA)

14:20 - 14:40 Cancer Care & Palliative Care- Back to Basics.  
**Dr. Neil Nijhawan (UAE)**

14:40 - 15:00 Cancer Pain- Interventional Pain Management.  
**Dr. Amit Gulati (USA)**

15:00 - 15:05 **Questions and Answers Session**



## BLOCK IX - HOW DO I DO IT? LIVE DEMO OF SPINAL INTERVENTIONS UNDER ULTRASOUND GUIDANCE

**Moderator**      **Dr. Chris Robinson (USA)**

15:05 - 15:25      Cervical Spine Interventions - How do I do it?  
**Prof. Mark Hurdle (USA)**

15:25 - 15:35      Thoracic Spine Interventions - How do I do it?  
**Dr. Sadiq Bhayani (UAE)**

15:35 - 15:55      Lumbar & Sacral Spine Interventions - How do I do it?  
**Dr. Matthew Pingree (USA)**

15:55 - 16:00      **Questions and Answers Session**

16:00 - 16:30      **BREAK & PAIN EXPO EXHIBITS**

16:30 - 16:50      Cryotherapy Basics & Clinical Applications.  
**Dr. Ravi Kare (UAE)**

16:50 - 17:10      Radio-frequency Basics & Clinical Applications.  
**Dr. Shravan Tirunagari (UAE)**

17:10 - 17:25      **Questions and Answers Session**

17:25 - 17:30      **FEEDBACK & CLOSURE**



08:00 - 08:30 **Registration & Refreshments**

## BLOCK I - IMAGING IN MSK & SPINAL PAIN MANAGEMENT

**Moderator** **Dr. Sadiq Bhayani (UAE)**

08:30 - 08:50 How to Read Spinal MRI Scan? Learn from the Radiologist.  
**Dr. Mohd Arif Syed (UAE)**

08:50 - 09:10 Choose your Imaging wisely for MSK Pain Management- 'Eye of the Radiologist'.  
**Dr. Raj Garikipati (UAE)**

09:10 - 09:30 MRI Lumbar Spine Findings & its Clinical Correlation.  
**Dr. Abdul Alshahaf (Kuwait)**

## BLOCK II - UPPER LIMB MSK INTERVENTIONS & DENERVATION

**Moderator** **Prof. Mark Hurdle (USA)**

09:30 - 09:50 Upper Limb MSK Pain Procedures.  
**Dr. Matthew Pingree (USA)**

09:50 - 10:10 Newer Blocks for Upper Limb MSK Pain Management.  
**Dr. Guilherme Ferreira Dos Santos (Spain)**

10:10 - 10:30 Shoulder Joint Denervation- Practical Tips on how to Improve the Outcomes of the Procedure?  
**Dr. Simao Serrano (Portugal)**

10:30 - 10:35 **Questions and Answers Session**

10:35 - 11:00 **BREAK & PAIN EXPO EXHIBITS**



## BLOCK III - LOWER LIMB MSK INTERVENTIONS & DENERVATION

**Moderator** Dr. Shravan Tirunagari (UAE)

11:00 - 11:20 Lower Limb MSK Pain Procedures.  
**Prof. Mark Hurdle (USA)**

11:20 - 11:50 Knee Joint Denervation- How do I do it?  
**Dr. Jaya Batra (UAE)**

11:50 - 12:10 Hip Joint Denervation- How do I do it?  
**Dr. Rahul Bhansali (UK)**

12:10 - 12:15 **Questions and Answers Session**

## BLOCK IV - REGENERATIVE MEDICINE APPLICATIONS IN MSK PAIN MANAGEMENT

**Moderator** Dr. Guilherme Ferreira Dos Santos (Spain)

12:30 - 12:50 Prolotherapy Basics & its application in Chronic Joint Pain Management.  
**Dr. Tony NG (Australia) Virtual**

12:50 - 13:10 PRP and Orthobiologics for Joints- Clinical Pearls & Top Tips.  
**Dr. David Rosenblum (USA)**

13:10 - 13:30 An overview of Orthobiologics-Options for MSK Pain Management beyond PRP.  
**Dr. Sharmila Tulpule (UAE)**

13:30 - 14:30 **LUNCH BREAK & PAIN EXPO EXHIBITS**





## BLOCK V - HOW DO I DO IT? LIVE DEMO OF MSK INTERVENTIONS UNDER ULTRASOUND GUIDANCE

**Moderator** Dr. Simao Serrano (Portugal)

14:30 - 15:00 Upper Limb MSK Interventions- How do I do it?  
**Dr. David Rosenblum (USA)**

15:00 - 15:30 Lower Limb Interventions- How do I do it?  
**Dr. Guilherme Ferreira Dos Santos (Spain)**

## BLOCK VI - INTERESTING CASES IN MSK

**Moderator** Dr. Rahul Bhansali (UK)

15:30 - 15:50 Interesting Cases in MSK Pain.  
**Dr. Simao Serrano (Portugal)**

15:50 - 16:15 **BREAK & PAIN EXPO EXHIBITS**



## BLOCK VII - NEUROPATHIC PAIN MANAGEMENT

<b>Moderator</b>	<b>Dr. Sadiq Bhayani (UAE)</b>
16:15 - 16:30	Neuropathic Pain- Updates. <b>Dr. Mohamed El Toukhy (UAE)</b>
16:30 - 16:45	Treatment of Localized Neuropathic Pain. <b>Dr. Jatin Dedhia (UAE)</b>
16:45 - 17:00	Botox for Neuropathic Pain Management. <b>Prof. Ahmed Amine El Oumri (Morocco)</b>

## BLOCK VIII - PERIPHERAL NEUROMODULATION FOR MSK & NEUROPATHIC PAIN MANAGEMENT

<b>Moderator</b>	<b>Dr. Rahul Bhansali (UK)</b>
17:00 - 17:15	Peripheral Neuromodulation Targets for Major Joint Pain Management. <b>Dr. Mohamed Elahl (UAE)</b>
17:15 - 17:30	Peripheral Neuromodulation Targets for Neuropathic Pain Management. <b>Dr. David Rosenblum (USA)</b>
17:30 - 17:35	<b>Questions and Answers Session</b>
17:35	<b>FEEDBACK &amp; CLOSURE</b>