



# DUBAI

## Joint & Spine Interventional Pain Management Workshop 2025

### Masterclass on Cryoneurolysis, Radiofrequency & Regenerative Medicine

Endorsed by  
International Society of Ultrasound  
Guided Cryoneurolysis (ISUGC)

#### Scientific Committee



Dr. Nomen Azeem  
(USA)



Dr. Shrvan Tirunagari  
(UAE)



Dr. Sadiq Bhayani  
(UAE)



Dr. Rahul Bhansali  
(UK)



Dr. Igor Filipovski  
(DK)



Dr. Rodney Gabriel  
(USA)



22<sup>nd</sup> & 23<sup>rd</sup> February 2025



Hyatt Regency Dubai Creek Rise, Dubai



# Day 1

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**8.30-9.00**    **Welcome & Introduction**

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**9.00-9.30**    **Basics of Radio-frequency - How does it work?**  
**Needles & RF Generators**  
Speaker: Dr. Sadiq Bhayani (UAE)

**9.30-9.50**    **Basics of Cryoneurolysis- How does it work?**  
**Probes & Cryo-machine**  
Speaker: Dr. Igor Filipovski (Denmark)

**9.00-9.20**    **Anatomy pertaining to Spinal Interventional Pain Management**  
**. Cervical Spine**  
Speaker: Dr Nomen Azeem (USA)

**9.20-9.40**    **Anatomy pertaining to Spinal Interventional Pain Management**  
**. Thoracic Spine**  
Speaker: Dr Sadiq Bhayani (UAE)

**9.40-10.20**    **Anatomy pertaining to Spinal Interventional Pain Management**  
**. Lumbar Spine & Sacrum**  
Speaker: Dr Nomen Azeem (USA)

**10.20-10.30**    **Q&A**

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**10.30-11.00**    **Tea/Coffee break**

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**11.00-11.30**    **Anatomy pertaining to Major Joints interventional Pain Management**  
**Knee, Hip and Shoulder Pain Joint**  
Speaker: Dr Sadiq Bhayani (UAE)

**11.30-11.50**    **How do I do it? Cervical Spine interventions**  
**RF/ Cryo of facet joints**  
Speaker: Dr Nomen Azeem (USA)

# Day 1

11.50- 12.10

**How do I do it? Thoracic Spine interventions  
RF/ Cryo of facet joints**

Speaker: Dr Sadiq Bhayani (UAE)

12.10- 12.30

**How do I do it? Lumbar Spine interventions  
RF/ Cryotherapy of facet joints**

Speaker: Dr Nomen Azeem (USA)

12.30-12.50

**How do I do it? Sacro-iliac joint interventions  
RF/ Cryotherapy of Sacroiliac joint**

Speaker: Dr Nomen Azeem (USA)

12.50- 13.00

**Q&A**

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13.00- 14.00

**Lunch break**

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14.00- 14.20

**How do I do it?  
Knee Joint articular branches block, RF/ Cryo**

Speaker: Dr Igor Filipovski (Denmark)/ Dr Prit Singh Anand (Singapore)

14.20- 14.40

**How do I do it?  
Hip Joint articular branches block, RF/ Cryo**

Speaker: Dr. Rahul Bhansali (UK) / Dr Sadiq Bhayani (UAE)

14.20- 15.00

**How do I do it?  
Shoulder Joint articular branches block, RF/ Cryo**

Speaker: Dr Simao Serrano (Portugal) / Dr Igor Filipovski (Denmark)

15.00 - 15.30

**Cryotherapy & Pulsed RF for Peripheral Nerves**

Speaker: Dr Rodney Gabriel (USA)/ Dr Sadiq Bhayani (UAE)

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15.30-16.00

**Tea/ Coffee Break**

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# Day 1

**16.00- 16.30**    **How do I do it?**  
**Regenerative Medicine for MSK pain management**  
**(PRP, Bone Marrow Aspirate Concentrate & Liposomes)**

**16.30- 17.00**    **Cryoablation for Spasticity Management**  
Speaker: Dr Jose Pereira (Luxembourg)

**17.00-17.20**    **Prolotherapy for Spine & Major joint pain management**  
Speaker: Dr Tony NG (Australia)

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**17.00-17.15**    **Q & A/ Closure**

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# Day 2

Hands on scanning and procedures on high fidelity ultrasound simulators

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**8.00 - 8.30** Registration & Coffee

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**8.30 - 9.30** Live Demo of Knee, Hip & Shoulder Joint RF/ Cryo

**9.30 - 10.15** Station 1

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**10.15 - 10.45** Break/ Exhibits

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**10.45 - 11.30** Station 2

**11.30 - 12.15** Station 3

**12.15 - 13.00** Station 4

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**13.00 - 14.00** Lunch Break

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**14.00 - 14.45** Station 5

**14.45 - 15.30** Station 6

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**15.30 - 16.00** Break/ Exhibits

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**16.00 - 16.45** Station 7

**16.45 - 17.30** Station 8

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**17.30** Feedback & Closure

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## Day 2

Hands on scanning and procedures on high fidelity ultrasound simulators

- Station 1** Knee Articular branches performance of Diagnostic Block & Assessment
- Station 2** Knee Articular branches RF/ Cryoneurolysis
- Station 3** Hip Articular branches performance of Diagnostic Block & Assessment
- Station 4** Hip Articular branches RF/ Cryoneurolysis
- Station 5** Shoulder Articular branches performance of Diagnostic Block & Assessment
- Station 6** Shoulder Articular branches RF & Cryoneurolysis
- Station 7** Peripheral Nerves Pulsed RF & Cryoneurolysis
- Station 8** Cryoneurolysis for Spasticity
- Station 9** PRP for Joints (Preparation & Injection technique for major joints)

## MASTERCLASS FACULTY

### **Dr. Sadiq Bhayani**

Staff Physician Consultant Pain Management, Abu Dhabi,  
UAE

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### **Dr. Nomen Azeem**

Staff Physician Consultant Pain Management  
USA

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### **Dr. Rahul Bhansali**

Staff Physician Consultant Pain Management  
UK

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### **Dr. Igor Filipovski**

Staff Physician Consultant Pain Management  
Denmark

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### **Dr. Rodney Gabriel**

Staff Physician Consultant Pain Management  
USA

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### **Dr. Shravan Kumar Tirunagari**

Consultant in Pain Medicine & Anaesthesia, King's College Hospital, Dubai,  
UAE

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### **Dr. Sharmila Tulpule**

Consultant Orthopaedic Surgeon, Saudi German Hospital, Dubai,  
UAE

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### **Prof. Dr. Massimo Pirraci**

Consultant Orthopaedic Surgeon, Medcare Hospital, Dubai,  
UAE

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### **Dr Simao Serrano**

Consultant Pain Management & Rehabilitation Medicine,  
Portugal

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### **Dr Jose Pereira**

Consultant Physical Medicine & Rehabilitation  
Luxembourg



## MASTERCLASS FACULTY

### **Dr. Prit Anand Singh**

Consultant in Pain Medicine & Anaesthesia, Changi General Hospital, Singapore

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### **Dr. Jatin Dedhia**

Consultant Pain Medicine & Anaesthesia, Mubadala Health, Dubai, UAE

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### **Dr. Manesh Matthews**

Consultant in Pain Medicine & Anaesthesia, Tawam Hospital, Al Ain, UAE

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### **Dr. Syed Abu Sayeed**

Specialist Anaesthesia & Pain Management, Al-Ain, UAE

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### **Dr. Amit Verma**

Consultant in Anaesthesia & Pain Management, Abu Dhabi, UAE

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### **Dr. Mosbah Salem El Khodary**

Specialist Orthopaedic Surgeon, Al Ain, UAE

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### **Dr. Ravi Kare**

Consultant in Pain Medicine & Anaesthesia, Healthpoint Hospital, Abu Dhabi, UAE

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### **Dr. Jaya Batra**

Consultant in Anaesthesia & Pain Management, Abu Dhabi, UAE

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### **Dr. Himanshu Chauhan**

Consultant in Anaesthesia & Pain Management, Abu Dhabi, UAE