

16th RA-UK ESRA Ultrasound in Pain Medicine Course London 14-15 March 2025

DAY ONE: FRIDAY, 14 MARCH 2025

Venue: Science Gallery Great Maze Pond, London SE1 9GU

PRELIMINARY PROGRAMME

08.30-09.00 REGISTRATION/TEA & COFFEE/EXHIBITION

09.00-09.15 Introduction (*Dr Andrzej Krol, UK /Dr Ashish Shetty, UK*)

09.15-10.00 MAIN LECTURE: SonoAnatomy & Pain Medicine (*Dr Hanne-Rose Honis, Austria*)

INTERACTIVE LECTURES/LIVE MODEL DEMOS WITH HANDS-ON SCANNING

10.00-10.55 SESSION ONE Chair: Prof Urs Eichenberger

10.00-10.15 Cervical Roots, Stellate Ganglion, Suprascapular N
(*Dr M But , Poland / Dr Raja Reddy UK*)

10.15-10.55 Hands-on Live Scanning

10.55-11.15 TEA, COFFEE & PASTRIES/EXHIBITION

11.15-13.05 SESSION TWO Chair: Dr Andrzej Krol, UK

11.15-11.30 Cervical MBB, TON, GON (*Prof Urs Eichenberger/Dr David Lorenzana, Switzerland*)

11.30-12.10 Hands-on Live Scanning

12.10-12.25 Lumbar Facet, MBB, SI Joint, Superior Cluneal NN, Thoracolumbar Fascia
(*Dr Manfred Greher, Austria*)

12.25-13.05 Hands-on Live Scanning

13.05-14.00 LUNCH/EXHIBITION

14.00-15.50 SESSION THREE Chair: Dr Manfred Greher

14.00-14.15 Posterior Pelvis: Piriformis Muscle, Pudendal N, Caudal and More
(*Dr Ashish Shetty, UK / Dr Graham Simpson, UK*)

14.15-14.55 Hands-on Live Scanning

14.55-15.10 Ilioinguinal, Iliohypogastric, LCNT, Genitofemoral, Abdominal Wall
(*Dr Thomas Haag, UK / Dr Andrzej Krol, UK*)

15.10-15.50 Hands-on Live Scanning

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15.50-16.05 TEA & COFFEE/EXHIBITION

16.05-17:00 SESSION FOUR Chair: Dr Teodor Goroszeniuk

16.05-16:40 Joints and MSK Ultrasound: Shoulder, Hip, Knee
(Dr James Pilcher, UK)

16.40- 17.00 Lecture Topic To be Confirmed

17.00 CLOSE OF DAY ONE

DAY TWO: SATURDAY, 15 MARCH 2025

Venue: Science Gallery Great Maze Pond, London SE1 9GU & Anatomy Department, Hodgkin Building, King's College London, Guy's Hospital Campus, London, SE1 1UL, United Kingdom

PROGRAMME

09.00 - 09.30 REGISTRATION/TEA & COFFEE BREAK (SCIENCE GALLERY)

09.30 - 10.15 Stations 1-8

10.15 - 11.00 Stations 1-8

11.00 - 11.25 TEA & COFFEE BREAK (SCIENCE GALLERY)

11.25 - 12.10 Stations 1-8

12.10 - 12.55 Stations 1-8

12.55 - 13.55 LUNCH (SCIENCE GALLERY)

13.55 - 14.40 Stations 1-8

14.40 - 15.25 Stations 1-8

15.25 - 16.10 Stations 1-8

16.10 - 16.55 Stations 1-8

16.55 - 17.00 CLOSE OF DAY TWO

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HANDS-ON SCANNING STATIONS

1. Iliioinguinal, Iliohypogastric, Genitofemoral, Lateral Cutaneous Nerve of the thigh (LCNT), Saphenous N, Abdominal Wall (live model)
2. Posterior Pelvis Sonoanatomy - Gluteal Pain Syndrome: Superior Gluteal Nerve, Piriformis muscle, Pudendal Nerve, Inferior Cluneal nn, Sciatic Nerve, Ischial Tuberosity (live model)
3. Shoulder, Hip, Knee joints (live model)
4. Expert MSK Ultrasound including targets for Regenerative Medicine (live model)
5. Occipital Nerves (GON, TON, LON), Cervical MBB incl. Cryoablation/ RF (*cadaver lateral*)
6. Stellate Ganglion, Cervical Roots, Suprascapular Nerve incl. PRF – Various Levels Approach (*cadaver lateral or supine*)
7. Peripheral Stimulation Catheters/ Peripheral nerves Micro-endoscopy Various Approaches (*cadaver prone*)
8. Lumbar Facet /MBB/SI Joint/ Caudal, incl. RF and Cryo Procedures (*cadaver prone*)