

15th RA-UK ESRA Ultrasound in Pain Medicine Course London 15-16 March 2024

DAY ONE: FRIDAY, 15 MARCH 2024

Venue: Folio Suite, Radisson Blu Edwardian Bloomsbury Street Hotel, 9-13
Bloomsbury St, London WC1B 3QD, United Kingdom

PROGRAMME

08.30-09.00 **REGISTRATION/TEA & COFFEE/EXHIBITION**

09.00-09.15 **Introduction** (*Dr Andrzej Krol, UK / Dr Ashish Shetty, UK*)

09.15-10.00 **MAIN LECTURE: SonoAnatomy & Pain Medicine** (*Prof Bernhard Moriggl, Austria*)

INTERACTIVE LECTURES/LIVE MODEL DEMOS WITH HANDS-ON SCANNING

10.00-10.55 SESSION ONE Chair: Prof Urs Eichenberger

10.00-10.15 **Cervical Roots, Stellate Ganglion, Suprascapular N**
(*Dr M But, Poland / Dr Raja Reddy UK*)

10.15-10.55 **Hands-on Live Scanning**

10.55-11.15 TEA, COFFEE & PASTRIES/EXHIBITION

11.15-13.05 SESSION TWO Chair: Prof Bernhard Moriggl

11.15-11.30 **Cervical MBB, TON, GON** (*Prof Urs Eichenberger/Dr David Lorenzana, Switzerland*)

11.30-12.10 **Hands-on Live Scanning**

12.10-12.25 **Lumbar Facet, MBB, SI Joint, Superior Cluneal NN, Thoracolumbar Fascia**
(*Dr Manfred Greher, Austria*)

12.25-13.05 **Hands-on Live Scanning**

13.05-14.00 LUNCH/EXHIBITION

14.00-15.50 SESSION THREE Chair: Dr Manfred Greher

14.00-14.15 **Posterior Pelvis: Piriformis Muscle, Pudendal N, Caudal and More**
(*Dr Ashish Shetty, UK / Dr Graham Simpson, UK*)

14.15-14.55 **Hands-on Live Scanning**

14.55-15.10 **Ilioinguinal, Iliohypogastric, LCNT, Genitofemoral, Abdominal Wall**
(*Dr Thomas Haag, UK / Dr Andrzej Krol, UK*)

15.10-15.50 **Hands-on Live Scanning**

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15.50-16.05 TEA & COFFEE/EXHIBITION

16.05-17:00 **SESSION FOUR Chair: Dr Teodor Goroszeniuk /**

16.05-16:40 **Joints and MSK Ultrasound: Shoulder, Hip, Knee**
(Dr James Pilcher, UK)

16.40- 17.00 **MSK Regenerative Therapies**
(Dr Raja Reddy, UK)

17.00 **CLOSE OF DAY ONE**

DAY TWO: SATURDAY, 16 MARCH 2024

Venue: Science Gallery Great Maze Pond, London SE1 9GU & Anatomy Department, Hodgkin Building, King's College London, Guy's Hospital Campus, London, SE1 1UL, United Kingdom

PROGRAMME

09.00 - 09.30 **REGISTRATION/TEA & COFFEE BREAK (SCIENCE GALLERY)**

09.30 - 10.15 Stations 1-8

10.15 - 11.00 Stations 1-8

11.00 - 11.25 **TEA & COFFEE BREAK (SCIENCE GALLERY)**

11.25 - 12.10 Stations 1-8

12.10 - 12.55 Stations 1-8

12.55 - 13.55 **LUNCH (SCIENCE GALLERY)**

13.55 - 14.40 Stations 1-8

14.40 - 15.25 Stations 1-8

15.25 - 16.10 Stations 1-8

16.10 - 16.55 Stations 1-8

16.55 - 17.00 **CLOSE OF DAY TWO**

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HANDS-ON SCANNING STATIONS

1. Ilioinguinal, Iliohypogastric, Genitofemoral, Lateral Cutaneous Nerve of the thigh (LCNT), Saphenous N, Abdominal Wall (live model)
2. Posterior Pelvis Sonoanatomy - Gluteal Pain Syndrome: Superior Gluteal Nerve, Piriformis muscle, Pudendal Nerve, Inferior Cluneal nn, Sciatic Nerve, Ischial Tuberosity (live model)
3. Shoulder, Hip, Knee joints (live model)
4. Expert MSK Ultrasound including targets for Regenerative Medicine (live model)
5. Occipital Nerves (GON, TON, LON), Cervical MBB incl. Cryoablation/ RF (*cadaver lateral*)
6. Stellate Ganglion, Cervical Roots, Suprascapular Nerve incl. PRF – Various Levels Approach (*cadaver lateral or supine*)
7. Peripheral Stimulation Catheters/ Peripheral nerves Micro-endoscopy Various Approaches (*cadaver prone*)
8. Lumbar Facet /MBB/SI Joint/ Caudal, incl. RF and Cryo Procedures (*cadaver prone*)