

The East Anglian Association of Anaesthetists Core Topics 2024 and Harold Youngman Prize Meeting will take place on Thursday 14<sup>th</sup> and Friday 15<sup>th</sup> November at The Millennium Grandstand, Rowley Mile Racecourse, in Newmarket. The conference centre is in the heart of the Eastern region and has on site car parking facilities.

We hope that the meeting will prove attractive to all grades of anaesthetist. Thursday is reserved for lectures covering aspects of the Royal College of Anaesthetists Core Topics Matrix. On Friday, the morning session is assigned to trainee prize presentations – this provides an opportunity for trainees within the Eastern region to present research, audit, reviews and interesting cases to a friendly audience. In addition there will be an opportunity for trainee poster presentations. Prizes will be awarded to both the best oral and the best poster presentations. The afternoon session will feature further invited speakers covering Core Topics. There will also be a lunchtime workshop (limited number of places) on Friday. There will be a trade exhibition on both days. 5 RCoA CPD points are available per day.

THE MILLENNIUM GRANDSTAND. ROWLEY MILE CONFERENCE CENTRE  
Rowley Mile Racecourse, Newmarket, Suffolk CB8 0TF

IF TRAVELLING FROM LONDON/SOUTH/M11:

M11 exit at Junction 9 for the A11. Exit at A1304 for Newmarket. Travel along the A1304 for approximately 4 miles. The Rowley Mile Racecourse and Conference Centre is straight over the first roundabout, following the road signposted, Newmarket town centre, after travelling for just over one mile, take the first turning on the left.

IF TRAVELLING FROM CAMBRIDGE:

A14 towards Newmarket. Exit at the A1303 Stow-cum-Quy turning. Travel along the A1303 for approximately 6 miles. The Rowley Mile Racecourse and Conference Centre is straight over the first roundabout, following the road signposted, Newmarket town centre, after travelling for just over one mile, take the first turning on the left.

IF TRAVELLING FROM NORWICH VIA A11:

From the Barton Mills roundabout follow A11 for 9 miles. Exit the A11 at the A1304 slip road. Travel along the A1304 for approximately 2 miles. At the first roundabout (with the clock tower) go straight over and travel along Newmarket's high street. For the Rowley Mile Racecourse and Conference Centre take a right hand turn when signposted to do so.

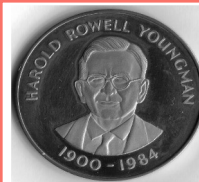
IF TRAVELLING FROM IPSWICH VIA A14:

Follow A14 for Newmarket. Exit at the B1506. Travel along the B1506 for approximately 4 miles. At the traffic signals, bear left onto the A1304 and travel along the A1304 for approximately 1 mile. At the first roundabout (with the clock tower) go straight over and travel along Newmarket's high street. For the Rowley Mile Racecourse and Conference Centre take a right hand turn when signposted to do so.

BY RAIL | NEWMARKET STATION

Approximately 5 minutes taxi ride away.

For information on train operators and times phone National Rail Enquiries on 0845 7484950



# East Anglian Association of Anaesthetists CORE TOPICS & HAROLD YOUNGMAN PRIZE MEETING

## 14<sup>th</sup> – 15<sup>th</sup> NOVEMBER 2024



The Millennium Grandstand,  
Rowley Mile Racecourse, Newmarket,  
Suffolk. CB8 0TF

Register online at [bookcpd.com](http://bookcpd.com)

5 RCoA CPD points per day to be applied for

**Core Topics 2023 & Harold Youngman Prize, Thursday 14<sup>h</sup> November**  
**PROGRAMME**

08:45	<i>Registration, coffee and trade exhibition</i>
09:05	Welcome
<b>CHAIR</b>	
09:15	<b>Mercy Ships Experience</b> Mr Guido Köhler - Norfolk and Norwich Hospital
09:45	<b>Regional blocks for knee replacements</b> Dr Morne' Wolmarans – Norfolk and Norwich Hospital
10:15	<b>Anaesthesia for non-cardiac surgery in heart transplant patient</b> Dr Shane George - Papworth hospital
10:45	Questions and discussion
11:00	<i>Coffee and trade exhibition</i>
<b>CHAIR</b>	
11:30	<b>PaNDR and its activity</b> Dr Stewart Reid - Addenbrookes Hospital
12:00	<b>Peri-operative Management of the patient with Chronic Liver Disease</b> Dr Sameer Patel - Kings College Hospital
12:30	Questions & Answers
12:45	<b>East Anglian Association of Anaesthetists AGM report</b> Dr Nicola Barber, EAAA Honorary Secretary
13:00	<i>Lunch and trade exhibition</i>
<b>CHAIR</b>	
14:00	<b>No one is listening report– what it means for the anaesthetist</b> Dr Martin Besser - Addenbrookes Hospital
14:30	<b>Maternal Medicine Networks/role of obstetric Physicians</b> Dr Charlotte Frise – Imperial College Healthcare NHS Trust
15.15	<b>Role of NIHR in Research</b> What does the NIHR research delivery network do? (Mrs B Jackson) – 10 mins High-flow nasal oxygen, a multicentre international trial led from the East of England (Dr Andrew Klein) – 15 mins The PRECISION study, Impact of personalised cardiac anaesthesia and cerebral autoregulation on neurological outcomes in patients undergoing cardiac surgery (Dr Nuno Gomes) – 15 mins
16:00	Questions and discussion
16:20	<b>Coffee and AGM - East Anglian Association of Anaesthetists</b>

**Core Topics 2023 & Harold Youngman Prize, Friday 15<sup>th</sup> November**  
**PROGRAMME**

08:45	<i>Registration, coffee and trade exhibition</i>
09:10	Welcome
<b>CHAIR</b>	<b>Dr Mike Irvine</b>
09:15	<b>Harold Youngman Prize Trainee Presentations – Section one</b>
10:30	<i>Coffee, trade exhibition and poster presentations</i>
11:00	<b>Harold Youngman Prize Trainee Presentations – Section two</b>
12:00	<b>Trainee Poster Presentation Round-up</b> <b>Dr Richard Haddon</b>
12:30	<i>Lunch, trade exhibition and poster presentations</i> <b>Lunchtime Workshop – Ultrasound guided upper limb blocks</b> Dr Anand Sardesai and Dr Priti Kamath
13:45	<b>East of England School of Anaesthesia</b> <b>The Henry Hammerbeck Fellowship Award Presentation</b>
<b>CHAIR</b>	
14:15	<b>“Choice of General Anaesthesia” - Vital Trial</b> Dr Shaman Jhanji - The Royal Marsden Hospital
14:45	<b>You can handle that...can't you? A reflexive thematic analysis of how doctors in anaesthetic training approach the decision to ask for help while on call</b> Dr David Brooks - Addenbrookes Hospital
15:15	<b>Extubation Guidelines</b> Dr Helen Goddard - Norfolk and Norwich Hospital
15:45	<b>Silver Trauma</b> Mr Damien Gill - Norfolk and Norwich Hospital
16:15	Questions and discussion
16:30	<i>Coffee</i>
16:40	<b>Presentation of prizes</b>