

RA workshop program

Hourly schedule

8:00- 8:30	Registration
8:30 – 9:10	Lecture – Dr Narayanan
9:15 – 10:55	2 stations
10:55 – 11:10	Break
11:10 – 12:50	2 stations
12:50 – 13:35	lunch, Mindray demonstration/ AI
13:35 – 15:15	2 stations
15:15 – 15:30	Break
15:30 – 17:30	2 stations plus a quiz station

Station 1

Motor sparing Blocks for TKR

- Genuicular
- ACB
- IPACK

Station 2

Motor sparing Blocks for THR

- LFCN
- PENG

Blocks for #NoF

- Suprainguinal FIB

Station 3

Blocks for Rib fractures

- Serratus anterior (anterior fractures)
- ESP, PVB (lateral and posterior fractures)- Sagittal

Station 4

Blocks for breast surgery

- PECS blocks (aka Interpectoral & pectoserratus)
- PVB (Lateral transverse)

Station 5

Diaphragm sparing blocks for shoulder/clavicle/proximal humerus

- Superior trunk/superficial cervical plexus
- Suprascapular/axillary nerve
- Combination blocks- Infraclavicular/

Blocks for Forearm/hand surgery

- upper limb surgery below clavicle (Orif wrist, elbow)- Infraclavicular/
Costoclavicular
- Axillary brachial plus distal nerves (median, radial , ulnar)

Station 6

Blocks for limb trauma

1. Lower limb surgery Above knee (Mid shaft, patella surgery & AK amputation)
 - Femoral block
 - Sciatic nerve block
2. Lower limb surgery below knee (orif ankle , amputation)
 - Popliteal block
 - ACB

Station 7

Blocks for abdominal surgery

- Rectus sheath (above umbilical) , TAP (below umbilical)
- Ilioinguinal nerve block (inguinal hernia)
- QLB

Station 8

Neuraxial scanning at lumbar level & Thoracic level

Quiz station