# 7th International Conference & 13th Hands-on Cadaver Workshop Interventional Pain Medicine & Neuromodulation

Warsaw, Poland 20-21 October 2023
With London Pain Forum, Interventional Section, Polish
Association for the Study of Pain & Polish Chapter of
International Neuromodulation Society

# **PROGRAMME**

# FRIDAY 20 OCTOBER 2023 (LECTURE PROGRAMME)

Venue: Centrum Dydaktyczne WUM (Centrum Dydaktyczne Warszawskiego Uniwersytetu Medycznego), Księcia Trojdena 2a, 02-109 Warszawa, Poland

# 10.00 REGISTRATION/TEA & COFFEE/EXHIBITION

### 11.00 WELCOME & OPENING ADDRESSES.

- Dr M. Kocot-Kepska (President, Polish Association for the Study of Pain, PTBB)
- Dr T. Goroszeniuk (President, London Pain Forum)
- Dr D. Kosson (President, Interventional Section, Polish Pain Society)
- Dr W. Libionka (President, Polish Chapter of International Neuromodulation Society)

# SESSION ONE. ANATOMY, IMAGING & INTERVENTIONS

- 11.30 Spine and Paraspinal Anatomy for Pain Interventions (Prof Bodan Ciszek, Poland)
- 12.10 Lumbar Nerve Root Blocks (D. Hanu-Cernat, UK)
- 12.30 Facial Pain Blocks (K. van Tilburg, Netherlands)
- 12.50 Major Joints Radiofrequency Denervation (R. Reddy, UK)
- 13.10 Ultrasound Guided Pain Interventions with Pressure Monitoring (A.Krol, UK)

# 13.30 LUNCH/EXHIBITION

# SESSION TWO. INTERACTIVE ULTRASOUND SCANNING

14.30-16.00 Ask the Expert – Interactive USG Pain Medicine Scanning Demos (A.Krol, UK/R.Reddy, UK)

# 16.00 TEA & COFFEE/EXHIBITION

# SESSION THREE. ADVANCES IN INTERVENTIONAL PAIN MANAGEMENT

- 16.20. Advanced Interventions for Cancer Pain (A. Bhaskar. UK)
- 16.40 MSK Regenerative Therapies (R. Reddy, UK)
- 17.00 Update on Cryoablation Procedures (P. Strulak, Switzerland)
- 17.20 Should we modulate or Denervate (G. Baranidharan, UK)
- 17.40 Update on Spinal Cord Stimulation (A. Gulve, UK)

# 18.00 CLOSE OF DAY ONE

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# SATURDAY 21 OCTOBER 2023 (HANDS-ON WORKSHOP)

Venue: Forensic Medicine Dept, Warsaw Medical University (WUM), Warsaw, Poland (Zakład Medycyny Sądowej WUM, Wojciecha Oczki 1, 00-001)

## 08.30 REGISTRATION/TEA & COFFEE/EXHIBITION

09:00 WELCOME & INTRODUCTION

09:20 Hands-on Workshop Stations 1-8

10:10 Hands-on Workshop Stations 1-8

## 11:00 TEA & COFFEE BREAK/EXHIBITION

11:20 Hands-on Workshop Stations 1-8

12:10 Hands-on Workshop Stations 1-8

### 13:00 LUNCH/EXHIBITION

14:00 Hands-on Workshop Stations 1-8

14:50 Hands-on Workshop Stations 1-8

15:40 Hands-on Workshop Stations 1-8

16:30 Hands-on Workshop Stations 1-8

17:20 CLOSE OF DAY TWO

# HANDS-ON WORKSHOP STATIONS (21.10.23)

Station 1. X-ray Guided Lumbar Interventions (CADAVER PRONE)

Facets, MBB, Racz catheter, Transforaminal Epidural. - D.Hanu-Cernat, UK/A. Bhaskar, UK

Station 2. X-ray Guided Cervical Interventions (CADAVER LATERAL) –

G. Baranidharan, UK/P. Strulak, Switzerland

Station 3. X-ray Guided Percutaneous Spinal Cord Stimulation/PNS (CADAVER PRONE)

A.Gulve, UK/P. Sokal, Poland/T. Goroszeniuk, UK

Station 4. X-ray Guided Pain Interventions (CADAVER SUPINE)

- K. van Tilburg, Netherlands/M. But, Poland

Facial Pain - Trigeminal, sphenopalatine ganglion (incl. RF/Cryoablation)

**Station 5.** CT-Guided Pain Interventions (CADAVER PRONE)

Including coeliac and hypogastric sympathetic blocks – A. Krol, UK/P. Strulak, Switzerland

**Station 6.** USG Pain Interventions – (LIVE MODEL) – G.Górniewski/M. Janiak, Poland (Fascial plane blocks, Intercostal, Paravertebral)

Station 7. USG MSK Interventions – (LIVE MODEL) – Dr Raja Reddy, UK

Joints: Shoulder, Knee, Hip, Posterior Pelvis)

**Station 8.** External Neuromodulation Targets – W. Nierodzinski/T. Goroszeniuk

Station 9 (Free Station). USG Pain Interventions: Ask the Expert – (LIVE MODEL)