14th ESRA RA-UK
Ultrasound in Pain Medicine Course
London 17-18 March 2023

DAY ONE: FRIDAY, 17 MARCH 2023

Venue: **Radisson Blu Edwardian Bloomsbury Street Hotel, 9-13 Bloomsbury Street, London WC1B 3QD, UK**

PROGRAMME

08.30-09.00 **REGISTRATION/TEA & COFFEE/EXHIBITION (Folio Suite)**

09.00-09.15 **Introduction** *(Dr Andrzej Krol, UK/Prof Ashish Shetty, UK)*

09.15-10.00 **MAIN LECTURE: SonoAnatomy & Pain Medicine** *(Prof Bernhard Moriggl, Austria)*

INTERACTIVE LECTURES/LIVE MODEL DEMOS WITH HANDS-ON SCANNING

10.00-10.55 SESSION ONE Chair: Dr Barry Nicholls

10.00-10.15 **Cervical Roots, Stellate Ganglion, Suprascapular N**
(Dr Andrzej Krol, UK / Dr Raja Reddy UK)

10.15-10.55 **Hands-on Live Scanning**

10.55-11.15 TEA, COFFEE & PASTRIES/EXHIBTION (Folio Suite)

11.15-13.05 SESSION TWO Chair: Prof Bernhard Moriggl

11.15-11.30 **Cervical MBB, TON, GON** *(Prof Urs Eichenberger/Dr David Lorenzana, Switzerland)*

11.30-12.10 **Hands-on Live Scanning**

12.10-12.25 **Lumbar Facet, MBB, SI Joint, Superior Cluneal NN, Thoracolumbar Fascia**
(Dr Manfred Greher, Austria)

12.25-13.05 **Hands-on Live Scanning**

13.05-14.00 LUNCH/EXHIBITION (Folio Suite)

14.00-15.50 SESSION THREE Chair: Dr Manfred Greher

14.00-14.15 **Posterior Pelvis: Piriformis Muscle, Pudendal N, Caudal and More**
(Prof Ashish Shetty, UK / Dr Graham Simpson, UK)

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14.15-14.55 **Hands-on Live Scanning**

14.55-15.10 **Ilioinguinal, Iliohypogastric, LCNT, Genitofemoral, Abdominal wall**
(Dr Thomas Haag, UK/Dr Athmaja Thottungal, UK)

15.10-15.50 **Hands-on Live Scanning**

15.50-16.10 TEA & COFFEE/EXHIBITION (Folio Suite)

16.10-16:50 SESSION FOUR Chair: Prof Urs Eichenberger

16.10-16:50 **Ultrasound Guided Peripheral Neuromodulation**
(TBC)

16.50- 17.00 **Closure of Day 1**

DAY TWO: SATURDAY, 18 MARCH 2023

Venue: **KCL Anatomy Dept, Guy's Hospital Campus, London SE1 1UL**

PROGRAMME

09.00 - 09.30 **REGISTRATION/TEA & COFFEE/EXHIBITION (Science Gallery)**

09.30 - 10.15 Stations 1-8

10.15 - 11.00 Stations 1-8

11.00 - 11.25 **TEA, COFFEE & PASTRIES/EXHIBITION (Science Gallery)**

11.25 - 12.10 Stations 1-8

12.10 - 12.55 Stations 1-8

12.55 - 13.40 Stations 1-8

13.40 - 14.40 **LUNCH/EXHIBITION (Science Gallery)**

14.40 - 15.25 Stations 1-8

15.25 - 16.10 Stations 1-8

16.10 - 16.55 Stations 1-8

16.55 - 17.00 Close of Day 2

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HANDS-ON SCANNING STATIONS

1. **Ilioinguinal, Iliohypogastric, Genitofemoral, Lateral Cutaneous Nerve of the thigh (LCNT), Saphenous N, Abdominal Wall** (live model)

2. **Posterior Pelvis Sonoanatomy - Gluteal Pain Syndrome: Superior Gluteal Nerve, Piriformis muscle, Pudendal Nerve, Inferior Cluneal nn, Sciatic Nerve, Ischial Tuberosity** (live model)

3. **Occipital Nerves (GON, TON, LON), Cervical MBB incl. RF/Cryo** *(cadaver lateral)*

4. **Stellate Ganglion, Cervical Roots, Suprascapular nn incl. PRF – Various Levels Approach** *(cadaver lateral)*

5. **Peripheral Stimulation Catheters – Various Approaches** (cadaver prone)

6. **Lumbar Facet /MBB/SI Joint/ Caudal, incl. RF Procedures** (cadaver prone)

7. **Shoulder, Hip, Knee joints** (live model)

8. **Ask the Expert and Exams Hot Chair Station** (live model)