

London Society of Regional Anaesthesia and Pain Medicine
7th LSORA Ultrasound in Pain Medicine Workshop
10-11 June 2022

Course Organisers
Dr Athmaja Thottungal, Prof Ashish Shetty, Mr Ciaran Wazir

PROGRAMME

Day One – Friday, 10 June 2022

**Venue: Level 2, Hilton London Tower Bridge Hotel, 5 More London
Riverside, Tooley St, London SE1 2BY**

Time	Topic	
08:15-08:45	Registration and Exhibition	
08:45-08:50	Welcome and Introduction	Dr Athmaja Thottungal, LSORA Prof Ashish Shetty, LSORA
08:50-09:10	Ultrasound Guided Cryoablation for Pain	Dr Amod Manocha, Delhi, India
09:10-09:30	Ultrasound Guided Pulsed Radiofrequency for pain	Dr Pranab Kumar, Toronto, Canada
09:30-09:50	Ultrasound Guided Regenerative Medicine Procedures for Pain	Dr Raja Reddy, Medway, Kent, UK
09.50-10.10	Anatomy revisited- Part 1 Head, neck and upper limb	Prof Vishy Mahadevan, London, UK
10:10-10:40	Tea/Coffee and Exhibition	
10.40-11.10	Problem based sonoanatomy learning- Head, neck and upper limb – Part 1	Dr Raja Reddy, Medway, Kent, UK

11:10-11:40	Problem based sonoanatomy learning- Head, neck and upper limb – Part Two	Dr Micha Sommer, Maastricht, NL
11.40-12:00	Live interactive demo of selected blocks- Head, neck and upper limb	Dr Micha Sommer, Maastricht, NL/ Dr Raja Reddy, Medway, Kent, UK
12:00-12:20	MSK Problem Based Learning Part 1- Shoulder, elbow and wrist pain- ultrasound guided interventions	Dr Amod Manocha, Delhi, India
12.20-12.45	MSK Problem based learning Part 2- Hip, Knee and ankle pain-Ultrasound guided interventions	Dr Micha Sommer, Maastricht, NL
12:45-13:45	Lunch and Exhibition	
13.45-14.05	MSK- live interactive demo	Dr Amod Manocha/Dr Micha Sommer
14.05-14:45	Anatomy revisited- Part 2 Thoracic and abdominal wall	Prof Vishy Mahadevan, London, UK
14.45-15.05	Thoracic wall and abdominal pain- Problem based learning	Dr Athmaja Thottungal, Kent, UK
15.05-15:15	Live interactive demonstration of Thoraco-abdominal blocks	Dr Athmaja Thottungal, Kent, UK/ Dr Pranab Kumar, Toronto, Canada
15:15-15:45	Tea/Coffee and Exhibition	
15:45-16:05	Anatomy revisited – Part 3 Pelvis and lower limb	Prof Vishy Mahadevan, London, UK
16:05-16:25	Problem based learning-Pelvic pain and Lower Limb ultrasound guided interventions	Prof Ashish Shetty, London, UK
16:25-16:45	Live interactive demonstration of selected Pelvis and lower limb blocks	Prof Ashish Shetty, London, UK/ Dr Andrzej Krol, London, UK
16.45-17.15	Ultrasound guided spinal procedures – Advantages and limitations.	Dr Andrzej Krol, London, UK
17:15-17:30	Feedback and Closure	

Day Two – Saturday, 11 June 2022

**Venue: Pain Management Centre, University College London Hospitals,
25 Cleveland Street, London W1T 3BF (nearest tube station Goodge Street)**

08:15-08:45	Registration and Exhibition	
08:45-09:10	Innovations in Pain Medicine	Dr Timothy Deer, West Virginia, USA
09:20-10:40	Live Scanning Stations	All the Faculty
10:40-11.00	Tea/Coffee and Exhibition	
11:00-13:00	Live Scanning Stations	All the Faculty
13:00-14:00	Lunch and Exhibition	
14:00-16:40	Live Scanning Stations	All the Faculty
16:40-17:00	Feedback and Closure	All the Faculty

Workshop Topics/ Faculty Allocations	Blocks covered
Head and neck pain Dr R. Reddy/Dr S. Tirunagari	Cervicothoracic / Stellate ganglion, cervical plexus, cervical nerve root, GON, 3 rd Occipital, DSN, cervical MBB and facet,
Posterior Thorax and lumbar Dr H. Bedran/Dr R. Kare	Paravertebral, ESP, intercostal, suprascapular, QLB, Psoas, sympathetic chain, TLF
Anterior chest and upper limb Dr M. Sinha/ Dr S. Alva	PEC block / Serratus plane block, Brachial Plexus, axillary nerve (posterior approach) and all upper limb peripheral nerves.
Neuraxial Pain Dr A. Krol/Dr S. Bagchi	Thoracic, Lumbar facet, MBB, lumbar nerve root, SIJ, caudal
Lower limb pain Dr T. Samuel /Dr A. Krol	Adductor canal, saphenous and infrapatellar nerve, genicular nerves, Popliteal Sciatic, Tibial, sural and peroneal nerves,

Pelvic Pain- Posterior side Dr S. Gulati/ Dr A. Shetty	Cluneal nerves, piriformis, pudendal nerve, PCNT and gluteal Sciatic, obturator internus
Abdominal wall pain and anterior pelvic region Dr R. Mottaleb/ Dr A. Thottungal	IIN, IHN, GFN, rectus sheath / Anterior cutaneous nerve of abdomen, LFCN, Obturator nerve & Obturator externus, PENG
MSK-1 Dr A. Manocha/Dr R. Reddy	Shoulder, elbow and wrist
MSK-2 Dr M. Sommer/ Dr P. Kumar	Hip, knee and ankle
Any block station Dr P. Kumar/ Dr A. Thottungal	Ask Any block you want to master or learn again.

WORKSHOP FACULTY INCLUDE

Prof MAHADEVAN, Vishy
Barbers' Company Professor of Anatomy
Royal College of Surgeons of England
London, UK

Dr SOMMER, Michael FIPP CIPS
Consultant in Pain Medicine & Anaesthesia
Maastricht University Medical Centre
Maastricht, The Netherlands

Dr KROL, Andrzej
Consultant in Pain Medicine & Anaesthesia
St George's University Hospital
Tooting, London, UK

Dr REDDY, Raja
MD FRCA FFPMRCA EDRA FIPP CIPS
Consultant Anaesthetist & Pain Physician
Educational Supervisor: Advanced Pain Medicine Training Fellowship Program
Certified Interventional Pain Sonologist
Medway National Health Service
Kent, UK

Dr MANOCHA, Amod
Head - Pain Management Services
Past-Consultant, University College London Hospital
Max Super Speciality Hospital, Saket
New Delhi, India

Dr KUMAR, Pranab FIPP CIPS
Consultant in Pain Medicine & Anaesthesia
Department of Anaesthesia & Pain
Management University Health Network
Toronto, Canada

Dr THOTTUNGAL, Athmaja FIPP CIPS
Consultant in Pain Medicine and Anaesthesia
East Kent Hospitals University NHS Foundation Trust
Kent and Canterbury Hospital,
Canterbury, UK

Prof SHETTY, Ashish
Hon. Associate Prof, UCL
Clinical Lead Pain Management
Consultant in Pain Medicine and
Anaesthesia
University College London Hospitals NHS Trust,
London, UK

Dr GULATI, Sumit
Chair, Interventional SIG, British Pain Society
Consultant in Pain Medicine & Anaesthesia
Walton Centre NHS Foundation Trust
Liverpool, UK

Dr BAGCHI, Somnath
Lead for Intrathecal Drug Delivery
Consultant in Pain Medicine & Anaesthesia
Plymouth Univ. Hospitals,
Plymouth, UK

Dr SINHA, Manojit
Clinical Lead & Consultant in Pain Medicine
Kings College Hospital
Denmark Hill, London, UK

Dr MOTTALEB, Ramy
Consultant in Pain Medicine & Anaesthesia
Kingston Hospital,
Kinston Upon Thames, UK

Dr BEDRAN, Hadi
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St George's University Hospital
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Dr WILLIAMS, Edward
MSK Services
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Ascot, Berkshire, UK

Dr PILCHER, James
Consultant Radiologist
St George's University Hospital
London, UK

Dr ALVA, Sachin
Consultant in Anaesthesia and Pain Medicine
University Hospitals of Derby
and Burton NHS Foundation Trust
Derby, UK

Dr TIRUNAGARI, Shravan
Consultant in Pain Medicine and Anaesthesia
East and North Hertfordshire NHS Trust Hospitals.
Lister Hospital
Stevenage, UK

Dr KARE, Ravi
Consultant Anaesthesia and Pain Medicine
Norfolk and Norwich University Hospital
Norwich, UK

Dr SAMUEL, Thomas
Clinical Director & Consultant in Pain Medicine
East and North Hertfordshire NHS Trust
Lister Hospital
Stevenage, UK

Dr DEER, Timothy R.
President and CEO, The Spine and Nerve Center of The Virginias
Clinical Professor of Anesthesiology and Pain Medicine
WVU School of Medicine
Chairman, American Society of Pain and Neuroscience
Past President, INS
President Emeritus, WVSIPP
Charleston, West Virginia
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