

The East Anglian Association of Anaesthetists Core Topics 2022 and Harold Youngman Prize Meeting will take place on Thursday 3<sup>rd</sup> and Friday 4<sup>th</sup> November at The Millennium Grandstand, Rowley Mile Racecourse, in Newmarket. The conference centre is in the heart of the Eastern region and has on site car parking facilities.

We hope that the meeting will prove attractive to all grades of anaesthetist. Thursday is reserved for lectures covering aspects of the Royal College of Anaesthetists Core Topics Matrix. On Friday, the morning session is assigned to trainee prize presentations – this provides an opportunity for trainees within the Eastern region to present research, audit, reviews and interesting cases to a friendly audience. In addition there will be an opportunity for trainee poster presentations. Prizes will be awarded to both the best oral and the best poster presentations. The afternoon session will feature further invited speakers covering Core Topics. There will also be a lunchtime workshop (limited number of places) on Friday. There will be a trade exhibition on both days. 5 RCoA CPD points are available per day.

THE MILLENNIUM GRANDSTAND. ROWLEY MILE CONFERENCE CENTRE  
Rowley Mile Racecourse, Newmarket, Suffolk CB8 0TF

IF TRAVELLING FROM LONDON/SOUTH/M11:

M11 exit at Junction 9 for the A11. Exit at A1304 for Newmarket. Travel along the A1304 for approximately 4 miles. The Rowley Mile Racecourse and Conference Centre is straight over the first roundabout, following the road signposted, Newmarket town centre, after travelling for just over one mile, take the first turning on the left.

IF TRAVELLING FROM CAMBRIDGE:

A14 towards Newmarket. Exit at the A1303 Stow-cum-Quy turning. Travel along the A1303 for approximately 6 miles. The Rowley Mile Racecourse and Conference Centre is straight over the first roundabout, following the road signposted, Newmarket town centre, after travelling for just over one mile, take the first turning on the left.

IF TRAVELLING FROM NORWICH VIA A11:

From the Barton Mills roundabout follow A11 for 9 miles. Exit the A11 at the A1304 slip road. Travel along the A1304 for approximately 2 miles. At the first roundabout (with the clock tower) go straight over and travel along Newmarket's high street. For the Rowley Mile Racecourse and Conference Centre take a right hand turn when signposted to do so.

IF TRAVELLING FROM IPSWICH VIA A14:

Follow A14 for Newmarket. Exit at the B1506. Travel along the B1506 for approximately 4 miles. At the traffic signals, bear left onto the A1304 and travel along the A1304 for approximately 1 mile. At the first roundabout (with the clock tower) go straight over and travel along Newmarket's high street. For the Rowley Mile Racecourse and Conference Centre take a right hand turn when signposted to do so.

BY RAIL | NEWMARKET STATION

Approximately 5 minutes taxi ride away.

For information on train operators and times phone National Rail Enquiries on 0845 7484950



# East Anglian Association of Anaesthetists

## CORE TOPICS & HAROLD YOUNGMAN PRIZE MEETING

**3<sup>rd</sup> – 4<sup>th</sup> NOVEMBER 2022**



The Millennium Grandstand,  
Rowley Mile Racecourse, Newmarket,  
Suffolk. CB8 0TF

Register online at [bookcpd.com](http://bookcpd.com)  
5 RCoA CPD points per day

**Core Topics 2022 & Harold Youngman Prize, Thursday 3<sup>rd</sup> November  
PROGRAMME**

08:45	<i>Registration, coffee and trade exhibition</i>
09:05	Welcome
<b>CHAIR</b>	<b>Dr Nicola Barber</b>
09:15	<b>Learning from a life of service</b> Wg Cdr (Dr) Joanna White, Consultant Anaesthetist, Oxford
09:45	<b>Hyperbaric oxygen therapy</b> Dr Pieter Bothma, Consultant Anaesthetist, James Paget Hospital
10:15	<b>Anaesthesia for the patient with cardiac valve disease</b> Dr Thomas Chloros, Consultant Anaesthetist, Royal Papworth
10:45	Questions and discussion
11:00	<i>Coffee and trade exhibition</i>
<b>CHAIR</b>	<b>Dr Famila Alagarsamy</b>
11:30	<b>Guidelines and standards</b> Dr Vishal Patil, Consultant Anaesthetist, Cambridge
12:00	<b>Update in thoracic anaesthesia</b> Dr Chinmay Pathvardan, Consultant Anaesthetist, Royal Papworth
12:30	Questions and discussion
12:40	<b>East Anglian Association of Anaesthetists AGM report</b> Dr Nicola Barber, EAAA Honorary Secretary
13:00	<i>Lunch and trade exhibition</i>
<b>CHAIR</b>	<b>Dr Natalia Notkina</b>
14:00	<b>Deconstruction of the Cat 1 caesarean section - updates for the jobbing anaesthetist</b> Dr Arani Pillai, Consultant Anaesthetist, Nottingham
14:30	<b>Perioperative management of heart failure</b> Dr Stephen Pettit, Consultant Cardiologist, Royal Papworth
15:00	<b>Maxillo-facial surgery for anaesthetists</b> Mr Vijay Santhanam, Consultant Max-facial surgeon, Cambridge
15.30	<b>Anaesthesia in low income countries</b> Dr Victoria Howell, Consultant Anaesthetist, King's Lynn
16:00	Questions and discussion
16:20	<b>Coffee and AGM - East Anglian Association of Anaesthetists</b>

**Core Topics 2022 & Harold Youngman Prize, Friday 4<sup>th</sup> November  
PROGRAMME**

08:45	<i>Registration, coffee and trade exhibition</i>
09:10	Welcome
<b>CHAIR</b>	<b>Dr Michael Irvine</b>
09:15	<b>Harold Youngman prize trainee presentations – Section one</b>
10:30	<i>Coffee, trade exhibition and poster presentations</i>
11:00	<b>Harold Youngman prize trainee presentations – Section two</b>
12:00	<b>Trainee poster presentation round-up</b> Dr Louise Oduro-Dominah, Consultant Anaesthetist, Cambridge
12:30	<i>Lunch, trade exhibition and poster presentations</i> <b>Workshops – Ultrasound guided upper limb blocks</b> Dr Anand Sardesai and Dr Priti Kamath
13:45	<b>East of England School of Anaesthesia</b> <b>The Henry Hammerbeck Fellowship award presentation</b>
<b>CHAIR</b>	<b>Dr Claire Williams</b>
14:00	<b>Sustainability in anaesthesia</b> Dr Tom Pierce, Consultant Anaesthetist, Southampton
14:30	<b>Update in regional anaesthesia</b> Dr Boyne Bellew, Consultant Anaesthetist, Imperial College, London
15:00	<b>Anaesthesia for obese patients and bariatric surgery</b> Dr Angus Rivers, Consultant Anaesthetist, Luton and Dunstable Hospital
15:30	<b>Paediatric TIVA</b> Dr James Gaynor, Consultant Anaesthetist, Norwich
16:00	Questions and discussion
16:20	<i>Coffee</i>
16:30	<b>Presentation of prizes</b>