



**Pain Management Lower Limb  
Musculoskeletal Conditions & Peripheral  
Neuromodulation  
Virtual Course**

**6th, 13<sup>th</sup>, 20<sup>th</sup> & 27<sup>th</sup> February 2021  
8am UK Time/ 12noon UAE**

# Program

## Part 1

6<sup>th</sup> February 2021

### Anatomy, Examination & Radiology

#### 8.00- 8.15 am- Check in

8.15- 8.30 am- House keeping instructions

8.30-9.15 am- Lower Limb MSK Anatomy & Applied Anatomy  
**Professor Bernhard Morigl, University of Innsbruck, Austria**

9.15-10.00 am- Lower limb MSK pathologies from Surgeon's point of view

**Mr Ashish Gulati, UK**

10.00-10.15 am- Questions & Answers

#### 10.15-10.20 am- Coffee break

10.20-11.00 am- Hip, knee and ankle joint examination

**Mr Bobby Siddiqui, UK**

11.00- 11.45pm - Diagnostic Ultrasound for Lower limb MSK Pathologies

**Dr Ganesh Retnasigam, UK**

11.45-12.30 pm- Diagnostic MRI for Lower limb MSK Pathologies

**Dr Ajay Sahu, UK**

**Part 2**  
**13<sup>th</sup> February 2021**

**Interventional Pain Management- Hip joint**

**8.00- 8.15 am- Check in**

8.15- 8.30 am- House keeping instructions

8.30-9.00 am- **Dr George Chang Chien, USA**

- Hip joint intra articular Injection
- GT complex
- Psoas bursa Injection

9.00-9.15 am- **Dr Ammar Salti, UAE**

- Piriformis muscle
- Sacral plexus

9.15-9.45 am- **Dr Sumit Gulati, UK**

- Lateral femoral cutaneous nerve block and pulsed RF
- Hip articular branches of femoral, obturator & accessory obturator nerve
- Pericapsular Nerve Group block (PENG) for chronic hip pain

9.45-10.00 am- Questions & Answers

**10.00-10.15am- Coffee break**

10.15-10.45 am- Hip Joint Denervation- What's New?

Conventional RF treatment for Chronic hip- **Dr Reda Tolba, UAE**

10.45- 11.30 am- Live Ultrasound Scanning Demos & Close

**Dr Sadiq Bhayani & Dr Yehia Kamel, UK**

**Part 3**  
**20<sup>th</sup> February 2021**  
**Knee joint interventions**

**8.00- 8.15 am- Check in**

8.15- 8.30 am- House keeping instructions

8.30-9.15 am- **Dr Tolga Ergonenc, Turkey**

- Supra Patellar recess and Intra articular injection
- Knee ligaments
- Patellar tendon

9.15-9.35 am- - **Dr Sadiq Bhayani, UK**

- Knee Genicular nerve group block
- Adductor Canal block and saphenous nerve
- Popliteal sciatic block

9.35-9.45 am- Questions & Answers

**9.45-9.50 am- Coffee break**

9.50- 10.30 am-Knee joint denervation- What's New?

**Dr Yehia Kamel, UK**

10.30- 11.15 am- Knee joint interventions- Live Ultrasound Scanning Demos & Close

**Dr Sadiq Bhayani & Dr Yehia Kamel, UK**

11.15- 11.30 am- Questions & Answers/ Close

## **Part 4**

**27<sup>th</sup> February 2021**

### **Ankle interventions, Regenerative medicine and Peripheral Neuromodulation**

#### **8.00- 8.15 am- Check in & House keeping instructions**

8.15- 9.00 am- Applied Anatomy Hip, Knee & Ankle- Revisited  
**Dr Mario Fajardo Perez, Spain**

9.00-9.45 am- **Dr Felice Galluccio, Italy**

- Ankle joint- Tibiotalar joint Intra articular
- Tarsal tunnel injection
- Nerves around ankle
- Interventions for Tendo-Achilles pathologies

9.45-10.15 am- Plantar fascia interventions  
**Dr Abdallah Allam, Egypt**

10.15-10.30 am- Questions & Answers

**10.30-10.40 am- Coffee break**

10.40- 11.10 am-Regenerative medicine for Lower limb MSK pathologies  
**Dr Stanley Lam**

11.10- 11.50 am-Peripheral Neuromodulation for lower limb pathologies  
**Dr. Einar Ottestad, USA**

11.50- 12.00 noon- Questions & Answers/ Close

## **Faculty Members**

**Dr Sadiq Bhayani, UK**

**Dr Ammar Salti, UAE**

**Professor Bernhard Morrigl, Austria**

**Dr Reda Tolba, UAE**

**Mr Ashish Gulati, UK**

**Dr Einar Ottestad, USA**

**Dr Yehia Kamel, UK**

**Dr Abdallah Allam, Egypt**

**Dr Stanley Lam, Hong Kong**

**Dr Sumit Gulati, UK**

**Dr George Chang Chien, USA**

**Dr Felice Galluccio, Italy**

**Dr Ajay Sahu, Consultant MSK Radiologist, UK**

**Dr Ganesh Retnasingam, Consultant MSK Radiologist, UK**

**Dr Mario Fajardo Perez, Spain**

**Dr Tolga Ergonenc, Turkey**