



Medics International

# Hybrid Cadaver Workshops

## Core Topics Interventional Pain Management

**3-7 October 2021**

**Venue:**

**Anatomy Dept, Gulf Medical University, AL JURF, 1 Rashid Al-Khadar St, Al Jerf 1, Ajman, UAE**

*(Course Directors - Dr Amar Salti & Dr Sadiq Bhayani)*

**3rd October 2021**

### **Core Topics in Spinal Interventional Pain Management**

Cervical, Thoracic, Lumbar Spine & Sacrum

**4th October 2021**

### **Core Topics in Upper limb, Lower limb MSK & Major joints Interventional Pain Management**

Upper Limb MSK & Joints

Lower Limb MSK & Joints

**5th October 2021**

### **Core Topics in Headache, Facial Pain & Cancer Pain Interventional Pain Management**

Headache, Facial Pain & Spasticity

Cancer Pain

**6th October 2021**

### **Cadaver Workshop on Percutaneous Endoscopic Discectomy**

**7th October 2021**

### **Core Topics in Neuromodulation**

Central & Peripheral Neuromodulation (SCS, DRG, PNS, ITDD)

**7th October 2021 (Parallel Workshop)**

### **Core Topics in Management of Spasticity**

Spasticity Management

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# Programme

**Day 1 - 3rd October 2021**

Module 1 & 2 - Spine Procedures  
Cervical, Thoracic, Lumbar Spine & Sacrum

**08.00-8.30 - Registration**

**08.30-12.30 - First and Second rotations**

**08.30-10.30 - Dr Helen Gharaei/Dr Yehia Kamel**

**Station 1 (Cadaver - Prone)**

**Cervical Spine Interventions**

(Cervical Facet, MBB, RF Denervation)

**Free Station: Coffee**

**10.30 - 12.30 - Dr Mohamed Ibrahim/Dr Sadiq Bhayani**

**Station 2 (Cadaver Prone)**

**Lumbar & Thoracic Spine Interventions**

(Lumbar & Thoracic Facets, Transforaminal, Lumbar MBB & RF Denervation)

**12:30-13:30- Lunch Break**

**13.30 – 15.30 - Third Rotation- Dr Waleed Riad/Dr Amar Salti**

**Station 3 (Cadaver Prone)**

**Sacroiliac Injections and Cryotherapy / Sacral Nerve Roots / Ganglion Impar**

**15.30 – 17.00 - Free Stations for any Block: Dr Rafael Blanco**

**15.30- 17:00 - Techniques, Lecture & Demo (Other Modalities for Spinal Pain Management)**

**Cryotherapy Special Presentation**

**RF Demonstration**

**PRP Preparation**

**Ultrasound Simulator & Needling**

**Procedures Covered**

1. Cervical facet medial branch block
2. Third occipital Nerve Block
3. Cervical facet joint injections
4. Cervical medial branch RF
5. Lumbar facet medial branch block
6. Lumbar facet joint injection
7. Lumbar facet medial branch RF
8. Lumbar selective nerve root block
9. Lumbar sympathetic plexus block
10. Thoracic facets
11. Ganglion Impar
12. Sacroiliac joint injections

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## **Day 2 - 4th October 2021**

Module 3- Upper Limb MSK & Joints

Module 4- Lower Limb MSK & Joints

**08.00 - 08.30: Registration**

**08.30 - 10.30**

**Station 1: Instructors - Dr Sadiq Bhayani/Dr Yehia Kamel**

**Shoulder RF Joint Denervation (Shoulder interventions)**

**Free Station: Coffee**

**10.30 - 12.30: Station 2: Instructors: Dr Mohammed Ibrahim/Dr Sami Moustafa**

**Hip RF Joint Denervation (Hip Interventions)**

**12:30-13:30- Lunch Break**

**13.30- 15.30: Station 3: Instructors: Dr Helen Gharaei/Dr Amar Salti**

**Knee Joint RF - CUF technique (Combined Ultrasound & Fluoroscopy) (Knee Interventions)**

**15.30-17.00: Free Stations for any Block: Dr Rafael Blanco**

### **Procedures covered**

#### **Shoulder and upper extremity**

Bicep tendon sheath

SASD

AC joint

Shoulder joint

Suprascapular nerve

Ant approach to Suprascapular nerve

Axillary nerve- posterior and anterior approach

Lateral pectoral nerves

#### **Elbow area**

Medial and lateral epicondyle

Ulnar nerve

Median nerve

Ulnar nerve & Cubital Tunnel

Radial nerve

#### **Wrist & Hand**

Carpal tunnel

A1 pulley

Wrist compartment- extensor tendons, Guyon's canal

Anterior and posterior interosseous nerves

Metacarpo-phalangeal joints

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Muscular branches of median nerves to thenar

### **Hip area and lower limb**

LFCN

Hip joint injection

GT complex

#### **Posterior Hip**

Piriformis muscle

Pudendal nerve

Superior and inferior gluteal nerves

Superior cluneal nerves

Articular branches of femoral, obturator & accessory obturator

### **Knee Area & joint**

Supra patellar recess

Knee Genicular nerve blocks

Saphenous nerve & infrapatellar branch of saphenous nerve

Femoral triangle Vs Adductor canal block

### **Ankle Area & joint**

Intra articular

Tarsal tunnel & Baxter's nerve

Ankle nerves

Ankle important ligaments

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# Day 3 - 5th October 2021

Module 5 - Headache & Facial Pain  
Module 6 - Cancer & Abdominal Pain

**08.00 - 08.30: Registration - Cancer Pain**

**08.30 - 10.00 - Station 1: Instructors: Dr Yehia Kamel/Dr Mohamed El Toukhy  
Superior Hypogastric Plexus Injections**

**10.00 - 11.30: Station 2: Instructors: Dr Sami Moustafa/Dr Hasnain Haider-Shah  
Coeliac and Splanchnic Plexus Injections**

**Free Station: Coffee**

**Station 3: 11.30-13.00 - Instructors: Dr Salah Al Ali  
Intrathecal Pump and Neuromodulation: Practical Tips**

**Lunch Break 13.00- 14.00**

**14.00-18.00: Headache & Facial Pain**

**3 Groups - 1.30 hours rotations**

1. Gasserian Ganglion Injection - Dr Hasnain Haider-Shah/Dr Salah Al Ali
2. Sphenopalatine Injection - Dr Sami Moustafa /Dr Mohamed El Toukhy
3. Periorbital & Occipital Nerve Blocks - Dr Rafael Blanco  
Botox Injections for Chronic Migraine - Dr Amar Salti

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## **Day 4 - 6th October 2021**

### **Cadaver Workshop on Percutaneous Endoscopic Discectomy**

**08.00 - 08.30: Registration**

**Stations from 08.30 - 12.30**

- Transforaminal percutaneous endoscopic Discectomy - Indications and Techniques
- Translaminar and interlaminar endoscopic discectomy - Dr Robert Rapcan

### **Certificate of Competency in Interventional Pain Management (CCIPM) Examination & Certification Ceremony**

**Free Station: Coffee**

**08.30 - 12.30 Examination for the certificate of Competency in interventional pain  
management (CCIPM)**

**MCQ examination**

**Cadaveric procedures- Head, neck, Spine, Upper Limb MSK, Lower Limb MSK,  
Thorax & Abdomen**

**Dr Amar Salti / Dr Sadiq Bhayani**

**13.00: Certification Ceremony**

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# Day 5 - 7<sup>th</sup> October 2021

## Module 7 - Neuromodulation in Pain Management (Central and Peripheral)

**08.00 - 08.30: Registration (Central Neuromodulation)**

**08.30 - 12.30:** Cadaver Demo & Hands-on

Spinal Cord Stimulation (SCS)

DRG (Dorsal Root Ganglion Stimulation)

Intrathecal Pumps

**12.30- 14.00- Lunch Break**

**13.30-17.00 - Peripheral Neuromodulation**

**(Nerves of Upper Extremity, Lower Extremity, Tibial Nerve Stimulation  
& Other Targets for PNS)**

**14.00 - 17.00:** Spasticity Workshops (Parallel Workshop)

Botox injections for Spasticity. Dr Amar Salti

### **Course Faculty**

Dr Salah Al Ali

Dr Reda Tolba

Dr Abdelkareem Masadi

Dr Sadiq Bhayani

Dr Amar Salti

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## Course Faculty

- Dr Amar Salti, Consultant, Cleveland Clinic, Abu Dhabi, UAE/France
- Dr Rafael Blanco, Consultant, ZMH - Abu Dhabi UAE/ Spain
- Dr Waleed Riad, Consultant, Corniche Hospital Abu Dhabi, UAE / Canada
- Dr Mohammed Ibrahim, Consultant, Burjeel Hospital, Abu Dhabi, UAE/ Egypt
- Dr Mohamed El Toukhy, Consultant Pain Medicine, Kings College Hospital, Dubai, UAE / UK
- Dr Hasnain Haider-Shah, Consultant Interventional Radiology, Mediclinic Hospital, Dubai, UAE/ USA
- Dr Salah Al Ali, Consultant Pain Medicine, Rashid Hospital, Dubai, UAE/ Netherlands
- Dr Sadiq Bhayani CIPS FIPP, Consultant Anesthesia & Pain Medicine, University Hospitals, Leicester, UK
- Dr Helen Gharaei FIPP, Consultant Pain Management Azargan Pain Clinic, Tehran, Iran
- Dr Yehia Kamel FIPP CIPS, Consultant Pain Medicine, Nova Scotia Health Authority, Halifax, Canada
- Dr Reda Tolba, Consultant Pain Medicine, Cleveland Clinic, Abu Dhabi, UAE/ USA
- Dr Sami Moustafa, Consultant Pain Medicine. Qatar
- Dr Robert Rapcan FIPP, Interventional Pain Consultant, Founder of Euro Pain Clinic, Slovakia
- Dr Abdelkarim Masaddi, Neurosurgeon, Emirates Spine Hospital, Dubai, UAE/ France