



EXPO
2020
DUBAI
UAE



GULF PAIN SCHOOL
PAIN EXPO
2022
DUBAI
UAE

ABC's & Updates in Pain Management 26th January 2022

Pain Medicine for Family Physicians, Nurses, Rheumatologists, Medical Students,
Physiotherapist, Psychologist, Trainee doctors

Venue- Dubai Expo Grounds, Dubai (United Arab Emirates)

ABC's of Pain Management

**Basics Pain Management Topics based on (IASP)
International Association for the Study of Pain Curriculum**

08:30 to 09:00- **Registration**

09:00 to 09:15- **Welcome address and Introduction**

Dr Bhayani & Dr Salti

09:15 to 9:40- **Understanding Basic Mechanisms & Physiology of Pain**

Dr Ammar Salti, Cleveland Clinic, Abu Dhabi, United Arab Emirates

09:40 to 10:05- **Understanding Pharmacological Management of Pain**

*Dr Sadiq Bhayani, University Hospitals Leicester NHS Trust, Leicester,
United Kingdom*

10:05-10:15- Questions and Answers

10:15 to 11:00- **Break & Exhibits**

11:00 to 11:25- **Assessment of Pain**

*Dr Mahesh Kodivalasa, University Hospitals Leicester NHS Trust,
Leicester, United Kingdom*

11:25 to 11:50- How to set up a Multidisciplinary pain clinic?

Dr Giustino Varrassi, Paolo Proccaci Foundation, Rome, Italy

11:50 to 12:15- Pain Management without drugs- Non pharmacological & interventional approaches

Dr Sadiq Bhayani, University Hospitals Leicester NHS Trust, Leicester, United Kingdom

12:15-12:30- Questions & Answers

12:30-13:30- **Lunch & Exhibits**

Updates & Practical pain management of common Chronic Pain conditions

13:30- 13:45- Introduction to Practical Management of Various Pain Condition

Dr Bhayani & Dr Salti

13:45-14:10- How to manage chronic low back pain?

Dr Ammar Salti, Cleveland Clinic, Abu Dhabi, UAE

14:10-14:35-How to manage hip, knee & shoulder joint pain- Non-surgical options?

Dr Sadiq Bhayani, University Hospitals Leicester NHS Trust, Leicester, United Kingdom

14:35-15:00- How to manage Headaches & Facial pain?

Dr Ammar Salti, Cleveland Clinic, Abu Dhabi, United Arab Emirates

15:00-15:15- Questions & Answers

15:15-15:45- **Break & Exhibits**

15:45-16:10- How to Manage Acute & Chronic Abdominal pain?

Dr Mahesh Kodivalasa, University Hospitals Leicester NHS Trust, Leicester, United Kingdom

16:10-16:35- How to Manage neuropathic Pain?

Dr Giustino Varrassi, Paolo Proccaci Foundation, Rome, Italy

16:35-17:00- Pain Management in Elderly, Pregnant women & Children?

Dr Mahesh Kodivalasa, University Hospitals Leicester NHS Trust, Leicester, United Kingdom

17:00-17:15- Sum up, Feedback & Closure