**RAUK Cambridge Cadaveric Anatomy and Ultrasound Guided Nerve Blocks Course**

**5th-7th April 2020**

**Cambridge, UK.**

**Programme:**

**Day 1 ((2G01, 2G02, 2G03)**

1000-1030 Coffee and Registration

1030-1130 Anatomy of the brachial plexus

1130-1230 Overview of the upper limb blocks

1230-1330 Lunch

1330-1430 Anatomy of lumbosacral plexus

1430-1530 Overview of lower limb blocks

1530-1600 Coffee

1600-1700 Physics behind Ultrasound

1700 End of day 1

**Day 2 (2GO4, 2GO5)**

0900-1000 Workshop 1

1000-1100 Workshop 2

1100-1200 Workshop 3

1200-1330 Lunch

1330-1430 Workshop 4

1430-1530 Workshop 5

1530-1600 Coffee

1600-1700 Workshop 6

**1730 Punting on Cam**

Following workshops will be conducted on day 2

1.Interscalene block

2. Supraclavicular block

3. Axillary block and Elbow block

4. Needling station

5. Femoral block

6. Abdominal blocks

Each workshop is of 60 minutes duration. First 20 minutes are dedicated to anatomy teaching on prosections. Next 10 minutes faculty will scan the model and demonstrate ultrasound anatomy. Next 30 minutes the delegates will scan the model. Five delegates per workshop giving the delegate approximately 6 minutes of scanning.

**Day 3 (2GO4, 2GO5)**

0900-1000 Workshop 1

1000-1100 Workshop 2

1100-1200 Workshop 3

1200-1330 Lunch

1330-1430 Workshop 4

1430-1530 Workshop 5

1530-1600 Coffee

1600-1700 Workshop 6

Following workshops will be conducted on day 3

1. Sciatic block (Gluteal and subgluteal)

2. Popliteal sciatic block

3. Ankle block/free scanning

4. Epidural

5. Abdominal blocks

6. Chest wall blocks

Each workshop will last 60 minutes. First 20 minutes are dedicated to anatomy teaching on prosections. Next 10 minutes faculty will scan the model and demonstrate ultrasound anatomy. Next 30 minutes the delegates will scan the model. Five delegates per workshop giving each delegate approximately 6 minutes of scanning.

**Total anatomy teaching:**

Theory: 3 hours

On prosections: 2 hours and 40 minutes

Ultrasound anatomy teaching: 2 hours

Total: 7 hours 40 minutes.

**Total teaching time over 3 days:** 17 hours

Day 1: 5 hours

Day 2: 6 hours

Day 3: 6 hours